



Inside this issue:

Health	2
Tribal Information	3
Health & Wellness Calendar	Insert
Programs Tribal Education	4-5
Life Natural Resources	6
Announcements	7

PACT Lawsuit Pushes On...

On April 16, 2010, after a five year legal roundabout, the organization, People Against a Casino Town ("PACT"), will now get a hearing in Oregon State District Court in Eugene.

The PACT or "Dewberry" lawsuit began as an effort to block the construction and expansion of the Confederated Coos, Lower Umpqua and Siuslaw Tribes' Three Rivers Casino Resort, which has since opened for business, and expanded, just outside of Florence, Oregon.

Over the years, the PACT lawsuit has morphed into a challenge to the authority of the Oregon governor to execute gaming compacts with the tribes under the federal Indian Gaming Regulatory Act (IGRA). The Oregon state constitution contains a general prohibition against casinos, and similar lawsuits have gone against governors in other states. The state of Oregon is defending the lawsuit against PACT in favor of upholding the existing gaming compacts and the governor's authority under IGRA.

If PACT is successful, it is possible that Oregon may attempt to get the tribes to the table to renegotiate their gaming compacts, presumably this time with the state legislature. None of the Oregon tribes care to have to deal with a political football of this magnitude, which would likely result in a further monetary shake-down of the tribes similar to California compacts which take 25% of tribal revenues.

Fortunately, Oregon tribal gaming compacts do not have termination dates and it is unlikely that the Oregon tribes can be forced to amend their compacts absent their consent without another long series of lawsuits, this time in the federal courts. And this is IF the PACT lawsuit that is just starting to trial after five years in the courts is successful against the state, including appeals.

The Oregon tribes have a strong case and are watching closely, but the PACT case involves state entities and not the tribes so the tribes have only entered the lawsuit as *amici* or "friends of the court" to enter briefs in support of the state, and not as direct parties to the lawsuit.

Cow Creek's interest in the PACT organization and their lawsuit peaked in 2005 when the Tribe learned from the Confederated Coos Tribe that our nemesis, One Nation United (an anti-Indian group), president, David Jaques, was speaking to a group of PACT supporters in Florence telling lies about the Cow Creeks (that's another story).

Long live the moccasin telegraph.



Special points of interest:

Government Office Hrs:

Mon-Thurs 8am-5pm
Fri 8am-4pm

Roseburg Clinic Hrs:

Mon-Thurs 8am-5pm
Closed 12pm-2pm

Canyonville Clinic Hrs:

Mon-Thurs 8:30-4:00
Closed 12pm-2pm

April is Sexual Assault Awareness Month By Lee Van Beuzekom

The local chapter of Battered Persons' Advocacy offers Sexual Assault Services to victims in Douglas County. They offer emergency services (crisis intervention, information, honor victim's rights, assist with logistics and needs, support through law enforcement and medical treatment, and long-term support), shelter services, transitional housing, legal advocacy, sexual assault intervention, and community education and outreach. In 2006 they received 6,358 phone crisis line calls, 302 sexual assault crisis calls, 295 sexual assault clients assisted, and 31 sexual assault hospital respondings.

Sexual assault includes: fondling, child sexual abuse, incest, marital sexual assault, non-stranger sexual assault, stranger sexual assault, rape (vaginal penetration), and sexual harassment. Victims of sexual assault include: children and adolescents, people with developmental disorders, people with communication impairments, those who suffer with mental illnesses, dependent people, and institutionalized people. They, also, include: non-English speaking people, the poor – especially the homeless, ones on the fringes of crime, physical disabilities, ones who are drunk, high, or isolated, Native American women, others from oppressed groups, and the average person.



Every minute a forcible rape occurs in the U.S. one in six women are raped some time in their lifetime. One in five to seven men are sexually assaulted some time in their lives. One in three female children will be sexually assaulted before age 18. One in seven male children will be sexually assaulted before age 18. Eighty percent of sexual assaults are perpetrated by someone the victim knows. The highest risk group for sexual violence is 15-24 years of age. National statistics are that 13% of adult women have been victims of completed rapes during their lifetime. Oregon statistics are that 17.5% of adult women have been victims of rape in their lifetime.

Sexual assault happens to many people. A common emotional response is shame and guilt, even though the victim did nothing wrong. **There is NO excuse, and NEVER an invitation to RAPE!**

Victims, please, contact Battered Persons' Advocacy Sexual Assault Program Intervention Team at 541-673-7867 or 800-464-6543. The services are free and confidential. It is not necessary for police to be involved in order to receive services, if the victim doesn't wish for them to be. If you have any questions, please contact Lee VanBeuzekom, LMFT at Cow Creek Health and Wellness Behavioral Health Program at 672-8533.

2010 Census Information

PLEASE HELP ALL TRIBES AND TRIBAL MEMBERS GET ACCESS TO THE GREATEST POSSIBLE AMOUNT OF FEDERAL AND STATE FUNDS THAT DEPEND ON CENSUS NUMBERS! HERE'S HOW!

April 1, 2010 is Census Day. The Census allows individuals to indicate their race/ethnicity, including a category to indicate whether they are Native American. Federal and state funding for tribal programs often relies on this set of Census data. For federally recognized Tribes, including the Cow Creek Band of Umpqua Tribe of Indians, to be eligible for access to the fullest amount of potential funding, it is very important that the TRIBAL MEMBER in the family identify themselves as:

Page 2 X HEAD OF HOUSEHOLD X NATIVE AMERICAN (ONLY) and provide the Tribal name, Cow Creek Umpqua.

Protecting Our Past By Jessi Plueard

What Are Cultural Resources?

Anything that indicates past ways of human life could be considered a cultural resource. These may include, but are not limited to, arrowheads, grinding stones, historic buildings, archaeological sites, traditional food gathering areas and burial grounds.

What Does Our Cultural Resources Management Program Do?

The Cultural Resources Management Program exists to promote the protection and preservation of the Cow Creek Band of Umpqua Tribe of Indians culturally significant places and resources. The Program works with federal, state, and local agencies, private developers and land owners to protect cultural sites and objects of importance to the Cow Creek.

Why Do We Protect Cultural Resources?

Cultural resources help define our history, remind us of our interdependence with the land, and show how our culture has changed over time. They are a glimpse into our past and they help us understand our history. These resources are non-renewable. Once taken or damaged they are lost forever. Primary threats to our cultural resources include development, looting, and erosion.



Where Can Cultural Resources Be Found?

Cultural resources can be found anywhere. They are in locations where people lived everyday life, leaving structures and objects as evidence of how they lived, where important events occurred and where traditional, religious, ceremonial and social activities took place. Some may have been there since the original owner last used them. Some cultural resources are hidden in the earth under layers of soil built up over centuries.

What Do I Do If I Find a Cultural Resource?

It is best to leave anything you find just as you found it. In fact there are numerous laws that protect cultural resources. If you believe you have discovered a cultural resource or if you have any questions about cultural resources, you may contact the Tribal Archaeologist, Jessie Plueard at (541) 677-5575.

Education Department Information By Kelly LaChance

IRS and FAFSA Streamlining the Application Process

Beginning January 24, 2010, students and parents applying for federal student aid for college will be able to import their tax information from the IRS website directly to the FAFSA (Free Application for Federal Student Aid) website. This is a pilot program that is available for first time and renewal applicants. By the summer of 2010, all applications will be able to utilize this online process.

New Ways to Visit and Research Colleges: Virtual College Fairs

For students that cannot beat the high cost of travel, there are two websites developed that offer Virtual College Fairs. These offer everything from admissions, financial aid and information on programs offered. Please visit these website addresses: www.collegeweeklive.com and www.greencollegetour.com

Willow Planting on Jordan Creek by Jay Walters

The restoration of native plants on upper Jordan Creek began in January with the cutting and planting of willows. A crew of Tribal members, their families, and Tribal employees gathered on Saturday morning, January 23rd, to harvest willow shoots from "donor" plants growing on Jordan Creek. Louis LaChance kicked off the activity by honoring Mother Earth with a prayer, giving thanks for all that she has given us. The crew then went to work, cutting approximately 200 willow shoots, each about two to three feet in length and one to two inches in diameter. After soaking the shoots overnight in

Jordan Creek to hasten root development, a small but determined crew gave themselves a real workout with two days of planting. The planting zone along the water's edge was very rocky, making it difficult to plant the large shoots we had cut!

The rest of the restoration planting will take place in February. Plans call for snowberry, vine maple, incense cedar and ten other native species to be planted. In addition to the willows, about 1200 shrubs and trees will call Jordan Creek their new home!

The willow crew included Justin and Jessica Mathison with children Taft

and Aria; Don Gilbert with friend Trina Meredith and her kids Tyler, Chance, and Bailey; Steve Van Norman and his son Blake; Louis and Kelly LaChance; and Jay Walters.



Tribal Emergency Food Program By Rhonda Malone

The Cow Creek Board of Directors has funded an emergency food program that is opening Tuesday, February 23rd, 2010. The opportunity to receive food supplies will be the second Tuesday each month from 9 a.m. – 12 noon and the fourth Tuesday of each month from 1- 4 p.m. This program is based on income requirements and is operating from the the Tribal Government Offices located at 2371 NE Stephens, Roseburg, Oregon. Recipients of the food program will need to bring their own boxes or reusable bags for food to be put in. For further information, you may contact Rhonda Malone at 541-677-5575 ext 5513.

"How To Go To College" Workshop Scheduled

The Cow Creek Education Department is hosting a "How to Go to College" workshop on March 20th at 1:00 p.m. High school seniors and anyone else who is planning to attend college this fall will receive information about admissions, financial aid and scholarships. Please contact the Education Director for more information and/or for individual appointments for assistance in these areas.

College Graduation News

Brian William Emerson graduated from Washington State University in Vancouver with a BS in Biology on December 19th, 2009. Brian attended school full-time and worked a demanding retail job throughout his four years of college. He married his wife, Bethany, after his first semester at Washington State. Bethany is also a student at WSUV, is in her last year of the Human Development program and works part-time at a fitness club. Brian is applying for research positions at local hospitals. Brian and Bethany have plans to start a family soon. Brian wants to thank the Board of Directors and Kelly LaChance for giving him the financial opportunity to attend college debt-free. Brian and Bethany appreciate the support from their families and the Tribe.



Information for New and Returning Cow Creek Students By Kelly LaChance

It is that time of year again to file your FAFSA (Free Application for Federal Student Aid). The Cow Creek Education Program has nearly doubled in size in the last six months and the Tribal Board of Directors is enforcing the deadlines for the programs. Applications along with financial aid award letters need to be sent in or postmarked by the following dates.

For the Higher Education/Tribal Education Program: **Spring – March 1st Fall – August 1st Winter – December 1st**

For all other education programs: applications must be submitted with the required documentation one month in advance of the program start date.

For students submitting applications that require a financial aid award letter: please be aware that SAR's (student aid reports) are not financial aid award letters. Financial aid award letters need to include the following information in order to be complete:

- Student's cost of education – This includes: tuition & fees, book & supplies, transportation, housing and any miscellaneous costs.
- Students or parents EFC or contribution.
- Any grants or loans you will be receiving.

Education information and applications are available on the Cow Creek website at www.cowcreek.com. For additional information, please contact the Education Director at 541-677-5575.

Education Scholarship Announcements By Kelly LaChance

2010 American Indian Regional Scholarship

BPA (Bonneville Power Administration) has announced the 2010 American Indian Regional Scholarship. There are five scholarships of up to \$5,000.00. To qualify one must: 1) be a full time student at an accredited university, college, technical school or graduate school in 2010-2011; 2) have a minimum GPA of 2.5; 3) be a member of a federally recognized Tribe within the BPA service region; and 4) major in a field related to careers at BPA. (This includes: business, engineers, electronics, attorneys, accountants, economists, physical scientists, etc.) For more information or an application contact the Education Director. **The deadline for applications is April 1, 2010.**



2010 Indian Health Service (IHS) Health Scholarships

You can apply online at www.scholarship.ihs.gov/ for health related scholarships. Visit this website and see what is considered priority funding. You can apply up to March 28, 2010.

David Risling Emergency Aid Scholarships:

Visit www.indian-affairs.org/scholarships/emergency_aid.htm to apply for temporary emergency aid. Full time Native/Alaskan Native students can apply for amounts ranging from \$100.00 to \$400.00 for acute or temporary emergencies.

Associate on American Indian Affairs

Visit www.indian-affairs.org to explore a variety of Native American Scholarships available to full time students.

J.O.M. Regalia Class

On Saturday April 17th, a regalia making class for young boys and men will be hosted by the Johnson O'Malley Program. The class will be held from 10am to 12pm in the South Building Conference Room at the Cow Creek Government Offices. Materials will be provided to attendees to make items such as Breast plates and chokers. Questions regarding the class should be directed to the Tribe's Cultural Resources Specialist, Louis LaChance @ 541-677-5575. Supplies are limited so individuals interested in attending the class are required call the Tribal Offices front desk @ 541-672-9405 Monday-Thursday 8:30-5:00pm or Friday 8:30am-4:00pm to sign up.

Cow Creek Library Awareness By Kelly LaChance

The Cow Creek Tribal Library offers many Native American books for people of all ages. The library also has videos and a couple of computers that you may use to do research. If you are interested in checking out age-appropriate books from the children's section, call the Education Director to make an appointment. The library is open Monday through Thursday from 8 am to 5 pm and on Friday from 8 am to 4 pm. For recommendations regarding books, contact Kelly LaChance, Education Director, at 541-677-5575.



Annual Return of Salmon to Jordan Creek By Steven Rondeau

During the South Umpqua River's Fall Coho Run, Tribal patrons of Seven Feathers RV Resort, Truck & Travel Center, Seven Feathers Casino Resort, affiliated Tribal businesses, as well as, Tribal members, Tribal employees and any interested individuals were able to view Coho spawning in Jordan Creek. In the past couple of years, depending on a variety of environmental factors, salmon now considered native to Jordan Creek returned to spawn in the stream, completing their life cycle. This year, there were at least 12 pair of spawning adult Coho Salmon viewed by the Tribe's Natural Resources Director.

The Tribe's and its partners' past and ongoing efforts to mend the atrocities inflicted on the stream by the previous owners of the land have required extreme measures, detailed planning, and precise execution to restore portions of the stream. The stream was once filled with old car bodies, used tires, sewage and waste oil, man-made fish blockages (defunct culvers), and many other forms of trash and harmful objects. By alleviating those problems, Jordan Creek's natural stream processes are quickly recovering as indicated by seasonal presence of spawning salmon and their offspring.



The improvements completed on Jordan Creek can be viewed as an absolute representation of why the Cow Creek Tribe has been, is and will continue to be recognized as a an innovative community leader and ambassador of good will to the public and Tribal members alike. For Tribal leaders to have the foresight to execute such an achievement, so briefly following something as crucial as Tribal recognition, is simply remarkable.

We are always supposed to speak for those that cannot speak for themselves; we can all be completely assured that Jordan Creek, its vital processes, living organisms, and salmon can be heard by listening to the members of the Cow Creek Band of Umpqua Tribe of Indians. Much of Jordan Creek is under the management of the Tribe, therefore, its beauty and vitality will forever be preserved....and it should be considered as, and remain, a source of pride for every member of our Tribe and our Tribal supporters!

Announcements

Births/New Enrollments

Sienna Kay Vick (Thomason Family), Graysen Wayne Crockett (George Rondeau Family)

Obituaries

There were no deaths during this period.

Veterans

The Tribe continues to maintain a list of past and present Veteran's of the United States Armed Forces for the purpose of bestowing on them, or their family, the Native American Medal of Valor.

The Tribe has also begun a Tribal Honor/Color Guard for community and Tribal activities as requested.

Robert VanNorman, is the current Leader for the Honor/Color Guard. Please send in your name, current address and phone number along with the branch of service and years served to Rhonda Malone, 2371 NE Stephens, Roseburg, Oregon 97470.

Name: _____ Spouse: _____

Address: _____ Telephone: () _____

City: _____ State: _____ Zip Code: _____

Branch of Service: _____ Entering and Ending Dates: _____

I am interested in participating in the Honor/Color Guard: ☐ YES ☐ NO (Example 1962-1968)

Social Service Program Information

Applications for the various Social Service programs such as Child Care reimbursement, LIHEAP (energy assistance) and Project Warmth are available through Rhonda Malone at 800-929-8229 or 541-677-5575 or by coming into the South Building at 2371 NE Stephens St. in Roseburg. The forms are available at the Reception desk.

Thundering Water Drum Classes

Thundering Water Drum classes are being held once again at the Block House behind Seven Feathers Casino. Classes are on Fridays at 7:00 p.m., with a pot luck starting at 6:00 p.m. on the third Friday of each month. Everyone is welcome! Please call Teri Hansen at 541-677-5586 for more information.

Tribal Identification Cards

Tribal Identification Cards are available to all Tribal members upon request. To obtain an I.D. card, contact Reggi at the Cow Creek Government Offices at 800-929-8229. You will be sent an application to fill out and sign. Enclose a photo and mail the completed application back to the Tribal Government Offices for processing. Properly filled out applications will be processed with the Tribal Chairman's signature and will be mailed back to you.

Address Updates

Tribal members are encouraged to maintain a current address at the Cow Creek Tribal Government Offices.

Those who have minor children who are not living in their households should also make sure their children's up-dated addresses are on file at the Tribal Government Office. If you know of any Tribal members who have not been receiving correspondence from the Tribal Government Office, please recommend that they call the toll free number: 1-800-929-8229.

Cow Creek Band of Umpqua Tribe of Indians
2371 NE Stephens St. Suite 100 Roseburg, OR 97470
Phone: 541-672-9405 Fax: 541-673-0432
Toll Free: 800-929-8229



ONLINE JOBS...GO TO: uidchr.com

Visit us online @ cowcreek.com