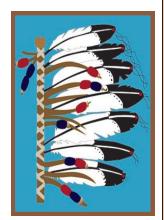


Inside this issue:

Tribal	1-4
Calendar	5
Health	6
Announcements	7



Special points of interest:

Government Office Hrs:

Mon-Thurs 8am-5pm Fri 8am-4pm

Roseburg Clinic Hrs:

Mon-Thurs 8am-5pm Fri 8am-4pm Open @ 1:00 on 1st Wed/ Month

Canyonville Clinic Hrs:

Mon-Thurs 8:30-5:00 Education only on Fridays

'Green Seal Silver Certification' at 7F Casino Resort Hotel

Congratulation goes out to the Seven Feathers Hotel Resort for their recent "Green Seal" silver certification award. Seven Feathers is the first casino hotel in the United States to receive this honor and is the only Oregon hotel outside the Portland Area that has this designation.

Green Seal certification requires a hotel to meet certain standards of performance and asks for recycling, composting and energy usage records to confirm that changes have been made.

Last year, Travis Hill, Director of Hospitality and Rod Debban, Rooms Division Manager established a 'Green Team' to look at where the hotel could cut back on waste. The initial 'Green Team' consisted of an individual from each department within the hotel as well as an employee representative from other Cow Creek Tribal businesses located in Canyonville. These 25 Green Team employees played an instrumental role in getting the sustainability program running throughout the entire property including Umpqua Indian Foods and Seven Feathers Truck & Travel Center.

A 'Green Team' subcommittee was formed consisting of 110 hotel employees who were directly responsible for attaining the certification. The Green Team started by installing recycle bins to encourage recycling and reduce garbage and a towel reuse program to save on laundering costs. Soap dispensers have been placed in the hotel rooms to replace the individually wrapped bars of soap and air hand dryers have been installed to replace paper towels. The new wing of the hotel has all



energy efficient lighting to reduce kilowatt usage and showerheads, sinks and toilets have been upgraded to ensure optimum water conservation.

The Green Team is serious about sustainability. The property recycled over 271,000 lbs. of materials last year and reduced its energy consumption by 343,000 kilowatt hours. Recycling bins have been placed throughout the casino to promote recycling and the slot machines on the casino floor have L.E.D. lighting. The 'Green Team' is now working on ways to reduce waste in the food services department. Most recently the continental breakfast was changed to eliminate 95% of waste from packaging and disposable dishware. It is all about changing your mind set about the way you do business. The Green Team was able to prove that their recycling and energy reduction ideas worked and completed a questionnaire for Green Seal review. An independent auditor was sent to Seven Feathers Casino Resort so an onsite evaluation could be completed. After all information was reviewed and the auditor's evaluation was completed, Green Seal awarded Seven Feathers Casino Hotel with the Silver Certification.

Again, congratulations Seven Feathers Green Team!

TRIBAL KIUYUM-ID

Arbor Week Celebrated

The tribe recently celebrated Arbor Week by planting incense cedar trees at the new tribal gardens on the Ravenswood property near Canyonville. The ceremonial tree-planting doubled as an opportunity for tribal members to tour the gardens currently being developed along the South Umpqua River. Our native incense cedar trees were chosen because of their cultural significance for shelter, clothing, medicinal, and spiritual purposes.



The sun broke through the clouds as tribal members, with the help of natural resources department and Seven Feathers landscape staff, planted 12 cedar trees at the April 9th celebration. Drum group "Thundering Water" opened the event with a rousing drum session. The trees and their planting were blessed with prayer by Teri Hansen and smudged by Robert Van Norman. Small cuttings were taken from the cedars for use in Delbert Rainville's celebration of life the next day.

Development of the tribal gardens started this past winter with fencing and site preparation. Planting will take place in phases, with berries planned for this spring, fruit and nut trees this winter, and vegetables the following summer. The native incense cedar trees were planted to create a visual and noise barrier on the Interstate-5 side of the property. Cedar branches will also be available for ceremonial purposes once the trees are well established.

Arbor Day originated in Nebraska in 1872 as a way to encourage people to plant and care for trees. However, in the state of Oregon, trees and forests are so important that we celebrate them for an entire week! Oregon's Arbor Week is always the first full week in April, while the national observance is the last Friday in April.

Welcome New Tribal Board Member, Tom Cox



After the passing on of Tribal elder and board member, Delbert Rainville, the Tribal Board of Directors fulfilled its constitutional duty of maintaining a full board by appointing Tribal member Tom Cox to fill the vacant Tribal Board seat pending the 2011 Tribal elections, this summer.

As you may recall, Tom Cox and Tom Rondeau had a tie vote in the 2010 Tribal elections, and Tom Cox very graciously decided to step aside and defer the election to Tom Rondeau in order to keep the Tribe from having to conduct a run-off election.

Tom Cox has already been an interested and energetic Tribal Board member in the Tribal meetings and events he has attended, and the Tribal Board recognizes, congratulates and thanks Tom for his commitment to Tribal public service and his willingness to fill the interim board seat.

KIUYUM-ID TRIBAL

Tribal Board Institutes Tribal Member Terminal Illness Benefit

The Tribal Board of Directors has approved a program whereby Tribal members under the age of 60 who are formally diagnosed with a terminal illness may apply for and receive a one-time payment of \$5,400. This amount is equivalent to one full year of Tribal elder gaming distributions, and will be funded from the gaming distribution trust.

For purposes of this program, terminal illness is defined as a condition which a medical doctor certifies is likely to produce death within twelve months.

The program will be administered by Leta Cook at the Nesika Health Group, who can be reached through the main Tribal office number.

Because the program will be funded through the gaming distribution trusts, it will require BIA approval prior to full implementation. With luck, this BIA approval should be obtained by or before the end of this summer and the program will commence by late summer or fall.

The Tribe will put a notification in the newsletter when the program is fully approved and in operation.

Reminder... Nominations Meeting



Tribal Nominations Meeting will take place during the quarterly tribal council meeting being held at 2371 NE Stephens, Roseburg, Oregon on Sunday, May 15 beginning at 10:00 a.m.

If you have any questions, please contact Rhonda Malone or Mike Rondeau at 541-672-9405

2011 Tribal Government Day

Tribal Government Day at the State Capitol is scheduled for Friday, May 13th. This event is open to the public. The agenda is as follows:

- 9:00 a.m. 1:00 p.m. Tribal Government Information Tables in the Galleria
- 9:30 a.m. 10:15 a.m. "First Foods" presentation and discussion in Hearing Room C
- 10:30 a.m. 11:15 a.m. "Sovereignty & Resources" Tribal Leader Panel presentation & discussion in Hearing Room C
- 11:30 a.m. 12 p.m. Ceremony in Governor's Ceremonial Office beginning with an invocation, welcome, brief remarks and acknowledgement of Tribal Leaders, State Leaders in attendance and introduction of the Governor by Leo Stewart – LCIS Commission Chair
- Reading and signing of the Proclamation Commemorating the 15^{th} Anniversary of the signing of Executive Order 96-30, The 10^{th} Anniversary of the Passage of Oregon's State/Tribal Government-to-Government Law and Declaring May 9-15, 2011 as American Indian Week in Oregon by Governor John A. Kitzhaber
- 12 p.m. 1 p.m. Buffet lunch graciously hosted by the Confederated Tribes of Grand Ronde and the Spirit Mountain Casino.

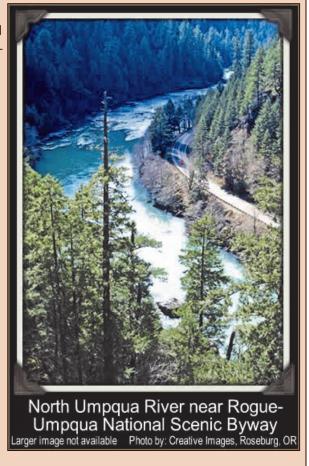


TRIBAL KIUYUM-ID

Rogue-Umpqua National Scenic Byway

The Cow Creek Band of Umpqua Tribe of Indians has recently signed a Memorandum of Understanding (MOU) with the Umpqua National Forest, Rogue River-Siskiyou National Forest, the Roseburg and Medford Districts of the Bureau of Land Management, in cooperation with the Oregon Department of Transportation, the Southern Oregon Visitor's Association, Jackson and Douglas Counties, City of Roseburg, communities of Gold Hill, Shady Cove, and many other local partners establishing the Rogue Umpqua National Scenic Byway Partnership.

The Rogue-Umpqua National Scenic Byway is a 172-mile year-round highway loop off Interstate 5 in the southwestern Oregon region which passes through forests and mountains, alongside rivers and rural landscapes on the west side of the Cascade Mountains. The entire route is under the jurisdiction of the Oregon Department of Transportation and includes portions of State Routes 138, 230, 62 and 234. Two National Forests, two Districts of the Bureau of Land Management, several State and County Parks, and interspersed privately held land pieces, lie adjacent to the scenic byway. Eightyseven miles of the route passes through national forest lands and parallels, in part, two congressionally designated National Wild and Scenic Rivers and State-designated Scenic Waterways. The MOU facilitates cooperation and collaboration between partners for promoting tourism, enhancing and maintaining intrinsic values and ensuring the continuity of the visitor's experience.



Since 1989 there has been over \$3.5 million in byway recreation and tourism enhancements implemented along the route that were funded by the Forest Service, BLM, ODOT and Federal Highway Administration. During the same time period there has been over \$20 million in highway improvements along the route by ODOT. For more information about the Rogue-Umpqua National Scenic Byway you can visit their website at: http://www.fs.fed.us/r6/umpqua/runsb/index.shtml

Requesting Veteran's Service Pictures



We are currently putting together a slide show presentation that highlights our Tribal Family Veteran's, past and present, who have served in the Armed Forces of the United States of America. This video will be shown at the Veteran's 4th of July Honor Dinner held at Seven Feathers Hotel and Casino Resort.

To be included in this presentation please send your photo, preferable by email, to rmalone@cowcreek.com or by mail to 2371 NE Stephens, Roseburg, Oregon 97470. Please include your name, branch of service and years served (19??-????) no later than June 10, 2011.

May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 AA Mtg 6 pm Gov Office	2 JOM Mtg 5:00 South Bldg	3	4	5	6	7Food Bank <u>By</u> Appointment Only 9am-11am
8 AA Mtg 6 pm Gov Office	9	10 Food Bank 9-12 pm	11	12	13 Tribal Information Day @ Capital Salem	14
15 General Council Nomina- tions Mtg 10:00 am	16	17	18	19	20	21
22AA Mtg 6 pm Gov Office	23	24 Food Bank 1-4 pm	25	26	27	28
29AA Mtg 6 pm Gov Office	30	3√Willow Gatherin @ 7F RV Pk 4pm				

June 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Chief Miwaleta Day 10am-5pm Galesville Dam
5 AA Mtg 6 pm Gov Office	6	7	8	9	10 Rest Area Grand Opening @ 11am	11
12 AA Mtg 6 pm Gov Office	13	14 Food Bank 9-12 pm	15	16	17 Culture Camp @	18 Bare Park
19 AA Mtg 6 pm Gov Office	20	21	22	23	24	25
26 AA Mtg 6 pm Gov Office	27	28 Food Bank 1-4 pm	29	30		

Over-the-Counter Tribal Prevention Program

Beginning January 3, 2011, enrolled Tribal members were again able to access the Over-the-Counter (OTC) program. Covered items include preventative products. This program does not cover prescriptions or personal care products. For more information regarding covered and non-covered items, please go to our website at www.cowcreek.com, click on Health then Over-the-Counter Program.

The Tribal Member must be enrolled to receive this benefit. Each enrolled Tribal Member 18 and older is eligible for \$100 per calendar year; under 18, \$50.

Only the items authorized on the Purchase Order may be picked up. Obtaining non-covered or non-authorized items will result in a loss of benefit for this program.

The cut-off date for 2011 OTC requests is November 15, 2011. Please allow 24 hours for your request of five items or minimum of \$25.00 to be processed. Requests are to be made in advance and will not be accepted if made from the store or pharmacy. Faxed and e-mailed requests are gladly accepted. When faxing or emailing, please call the program coordinator to confirm the information was received.

For self-pay reimbursement, please include the following:

- Name(s) of tribal member(s), phone number and mailing address
- Legible receipts showing the date
- If highlighting, use yellow only; it is better to bullet an item rather than highlight it
- Separate OTC items from regular grocery items i.e., subtotal or obtain separate receipt
- Self-pay reimbursement receipts may be submitted at any time for the current year. The cut- off date does not apply. However, receipts must be received by January 15th of the next year for the current year.

If you have any questions, please contact Tamara Robinson, Over-the-Counter Tribal Prevention Program Coordinator at 541.839.1347 or trobinson@cowcreek.com.

Native American Artisans

We are holding our first Annual Cow Creek Tribal Christmas Craft Fair with no vending fees. This event will be held at the Cow Creek Tribal Government Offices and open to the community to purchase your craft items.

This is an exciting opportunity to display your individual artistic craft and skill.

Friday, November 4 and Saturday, November 5, 2011.

Applications are available in the South Building at the Tribal Offices front desk (541.677.5575)

Please call to reserve your space

Deadline is October 1, 2011



KIUYUM-ID TRIBAL

Announcements

Births/New Enrollments

Ethan Wyatt Rondeau, Kaden Lee Blair, Kayliee May Norgard, Khylen Chantelle Murphy

Obituaries

Kim Eugene Paroz

Cow Creek Behavioral Risk Factor Surveillance System (BRFSS) Project



Beginning this summer we have an exciting opportunity to gather information from all Tribal members concerning needs to improve our healthcare system, Nesika Insurance plan, tribal programs and other services we offer. It has been almost seven years since we last asked our Tribal members what they need and gathered data to make improvements.

Our plan is to survey every adult 18 or older either by phone or via completing a questionnaire and mailing it back to us. Survey will begin in late June and hopefully conclude by the end of September. Each tribal member who participates will receive a \$15 gift card and a summary of the results will be presented at a Tribal dinner this Fall.

This survey will be administered by the Northwest Portland Area Indian Health Board (NPAIHB) via two Oregon Health Sciences Master's students we have interning with us this summer. These students will be conducting the surveys and all information will remain confidential – no names or other identifying data will be given . These students will call to set up a time and/or mail a survey to tribal member's homes to be completed. Surveys completed with the assistance of the NPAIHB by phone will take approximately 20 minutes and if done individually on paper and mailed back usually takes approximately 30 minutes to complete.

Please be watching for a letter from the Chairman and Board of Directors in the next month explaining more about the process and a more detailed vision behind this survey and the difference it can make for all of us!

Tribal Identification Cards



Tribal Identification Cards are available to all Tribal members upon request. To obtain an I.D. card, contact Reggi at the Cow Creek Government Office at 541-677-5575 or 800-929-8229. You will be sent an application to fill out and sign. You will be required to enclose a photo and mail the completed application back to the Government Office for processing. Properly filled out applications will be processed with the Tribal Chairman's signature and will be mailed back to you. Tribal I.D. cards are legal documents and are accepted as legal proof of identity.

Address Updates

Tribal members are encouraged to maintain a current address at the Cow Creek Tribal Government Offices.

Those who have minor children who are not living in their households should also make sure their children's updated addresses are on file at the Tribal Government Office. If you know of any Tribal members who have not been receiving correspondence from the Tribal Government Office, please recommend that they call the toll free number: 1-800-929-8229.

Cow Creek Band of Umpqua Tribe of Indians 2371 NE Stephens St. Suite 100 Roseburg, OR 97470 Phone: 541-672-9405 Fax: 541-673-0432 Toll Free: 800-929-8229

