

# KIUYUM-ID



We will be known forever  
by the tracks we leave.

VOLUME 23—ISSUE 1

January 2013

## Inside this issue:

Business	1 & 3
Tribal	2
Health	4
Calendars	6
Announcements	7

## 2013 Tribal General Council Meeting Schedule

Tribal General Council Meetings for 2013 have been scheduled as follows:

**February 10<sup>th</sup> 10am**

**May 19<sup>th</sup> 10am - Nominations Meeting**

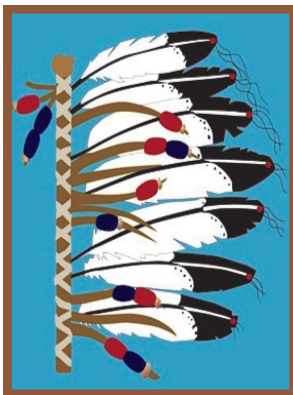
**August 11<sup>th</sup> 10am—Annual Election Meeting**

**November 10<sup>th</sup> 10am**

All General Council Meetings are held at the Cow Creek Tribal Government Offices located at 2371 NE Stephens Street, Roseburg, OR. A buffet lunch will follow the meetings.



**Food Bank will be open 1 hour before and 1 hour after each General Council Meeting.**



## State of the Beaver Conference



### Schedules:

**Government Office Hrs:**  
Mon-Fri 8 AM–5 PM

**Roseburg Clinic Hrs:**  
Mon-Fri 8 AM-5 PM  
Walk in 8-9 AM  
Same Day Appt. 1-2 PM

**Canyonville Clinic Hrs:**  
Mon-Thurs 8 AM-5 PM  
Walk in 8-9 AM  
Same Day Appt. 1-2 PM  
**Education only on Fri.**

### Office Closures

Jan. 21 MLK Jr. Day  
Feb. 18 Presidents Day

A major event is coming to the Seven Feathers Casino and Resort this month. The State of the Beaver Conference will be held at the Convention Center from January 23rd to the 25th. This conference has been hosted for several years by our Tribe, and has featured a number of experts in the field of beaver conservation from around the world. We are expecting a large turnout this year, and are very excited to be hosting such an important event. The issue of beaver conservation isn't given as much attention as it deserves, and having a major international conference right in Canyonville, at our very own Seven Feathers Conference Center, is a wondrous thing!

The Beaver Conference is an annual event, and started with the Beaver Advocacy Committee, a local group that supports expanding the vital role of beavers within local ecosystems and beyond. One may wonder, what do beavers do in nature? Some people unfairly categorize beavers as a nuisance species, without properly understanding the beneficial aspects of these animals. Of course, most people know beavers for dam construction. But what do dams do in the environment? Why are beavers so important?

Beavers are the second highest species, after humans, in terms of altering their environment. A beaver dam reroutes water flow, increasing the source in some places, and reducing it in others. This allows certain plant species locally to thrive more. It also creates

## Dinner and a Movie



**We Still Live Here**, a video about the Wampanoag language restoration project will be viewed at the Cow Creek Tribal offices on Saturday, February 9, 2013 from 6-8 p.m. The Wampanoag story is similar to other native nations across the United States that have lost their native languages. The Wampanoag's are known for saving the pilgrims when they arrived on this land. The Wampanoag have worked hard to revive their language that has in turn sparked life for their people, it is a moving story.

The Northwest Native Language Institute from the University of Oregon will be giving a short presentation about the Takelma Project that is currently underway for our tribe. A light dinner will be provided. This is the beginning of a long journey but will be well worth the interest and positive efforts of all. To RSVP call Rhonda at the tribal office by Wednesday February 6th.

## NEWS RELEASE



### Natural Resources Conservation Service Convenes Local Working Group to Discuss Natural Resource Priorities

**Roseburg, Ore.** (January 14, 2013) — Since the Dust Bowl, the 'Soil Conservation Service' has worked with local communities to determine resource concerns and to target technical and financial assistance available through the Farm Bill. Now known as the Natural Resources Conservation Service, we consider basic resource concerns affecting soil, water, air, energy, plants, animals and humans. We work in partnership with interested community members to prioritize natural resource concerns and identify those conservation activities of greatest interest to landowners. Our programs are voluntary and are therefore most successful when we target support for issues identified by local people.

Farmers, ranchers, forest landowners, and other agricultural and conservation organizations are invited to participate in our annual meeting to review resource priorities February 7, 2013 at the Conference Room of the Oregon Department of Fish and Wildlife on Diamond Lake Highway in Roseburg at 10 am. For more information or if you require special accommodation please contact David Chain 541-673-6071 ext. 107.

## Ice Fishing at Diamond Lake

ODFW will be hosting ice fishing classes at Diamond Lake in February. The classes are open to the public and cost \$40.00/Adult and \$10.00/Youth.

Please see the link below for more information and forward to anyone that might be interested.

[http://www.dfw.state.or.us/education/outdoor\\_skills/workshops/index.asp](http://www.dfw.state.or.us/education/outdoor_skills/workshops/index.asp)

## Veteran's Pictures Still Needed

Veterans pictures and brief descriptions of service time are being sought. Many tribal families have already submitted pictures. If you have any new pictures, old pictures, if you would like to share a brief story or if you have any questions, please contact Rhonda Malone at the Cow Creek Tribal offices at 541-677-5575.



## Beaver Conference (Continued from front page)

more wetlands, which are important to coho salmon, salmonid, and other aquatic species. Just like any other species, beavers are an important part of the local ecosystem, and removing them without fully understanding the consequences of such actions can be detrimental to both the local plant and aquatic species.

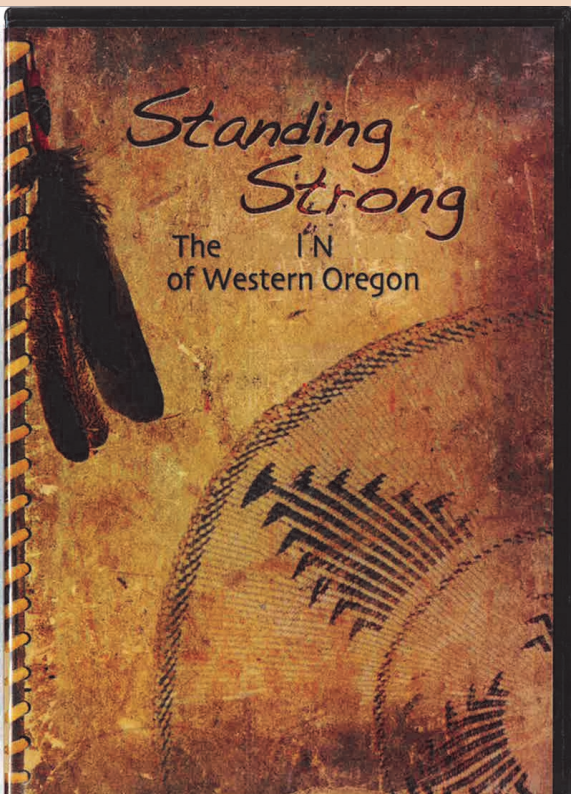
If beavers are causing flooding or other problems within the Usual and Accustomed Area, you can contact the Beaver Advocacy Committee at [beavers@surcp.org](mailto:beavers@surcp.org); outside of that area, please contact your local wildlife office. However, you should be aware that an issue with moving beavers to a new habitat is that their digestive systems aren't as resilient as ours. The digestive bacteria in a beaver's stomach gets used to a certain type of plant, and if there aren't the same plant species in another location, then the beaver cannot digest the food that they eat. In some cases, a beaver literally starves to death with a full stomach because they have not had the time to adjust to their new food source. The best plan is to not relocate beavers at all, but if it is necessary, move them to an area where some of their foods are present, to allow them time to adapt to their new environment.

We all greatly anticipate a successful conference this year, and a great turnout. So far, we have a large number of attendees from various backgrounds and areas of research. Some people of standing within the beaver conservation community have called this conference "the beaver event of the world." It is a great pleasure to be hosting this event right in our own casino and resort center. For any questions or interest in attending the conference itself, and any non-beaver relocation questions, you can contact

Joseph Edmonds, an AmeriCorps RARE member helping to organize the event, at [jedmonds@cowcreek.com](mailto:jedmonds@cowcreek.com).



## SOPTV To Air "Standing Strong" Video



The "Standing Strong, the Tribal Nations of Western Oregon" video will be shown on Southern Oregon Public television Saturday, February 24, 2013 at 8:00 PM.

The video is distinctively unique in describing the termination era of the mid 1950's experienced by the Confederated Tribes of Siletz, the Confederated Tribes of Grand Ronde, the Coquille Tribe, the Coos, Lower Umpqua and Siuslaw Tribes and the Cow Creek Band of Umpqua Tribe of Indians. Each tribe provided their own historical material and featured speakers.

There is a general information portion at both the beginning and end of the video that emphasizes the importance of recognizing tribal sovereignty and the governmental status of recognized Indian tribes.

**PRESCRIPTION MEDICATIONS****Just a little pharmacy awareness for those members that are on Nesika Health Group.**

Nesika Health Group uses Restat for their Pharmacy Benefits Management. If you are on Nesika and do not have a pharmacy card that states Restat on it, please contact the Nesika office, so that one can be obtained for you. You must have this card in order to access your pharmacy benefits.

Your co-pay will be \$10.00 for a generic medication; \$20.00 for a formulary brand-name medication; \$40.00 for a non-formulary brand-name medication; and the lesser of 20% or up to \$150 for specialty medications. If you have questions about what your co-pay would be, please contact Restat's help desk at 1-800-248-1062 or the Nesika office.

You must use a participating pharmacy. If you go to a non-participating pharmacy, you will not be reimbursed for any portion of the cost of the medication. The only pharmacy charges that we will consider reimbursing, is if you are prescribed a compounded medication. A lot of the pharmacies that do the compounding, will not bill the insurance. The member must pay for the prescription in full. The member must then submit all of the paperwork that is provided with this compounded medication directly to the Nesika Office. If the medication is covered, then the member would receive a direct reimbursement from Restat. The co-pay for compounded medication is \$40.00.

If the medication is one that requires a prior authorization from Restat, then a prior authorization must be in place before the medication is obtained. If the member pays for the full amount of the medication and then submits a receipt for reimbursement, there will be no reimbursement until the time that it has been approved and the pharmacy reruns the billing through the system.

As always, if you have a medication that you can obtain at one of the pharmacies for a lesser co-pay (\$4.00 to \$10.00), you will save yourself part of the co-pay.

All medications must go through the proper process. If you have any questions, please contact a representative at the Nesika office at 800-284-9917 or 541-677-5508.

**Contract Health News**

Let the New Year begin. Have you turned in your 2013 application? You are not eligible for Contract Health Services until they receive your current CHS Application for 2013.

- ◆ **Call 2 – 3 days in advance for purchase orders.**
- ◆ **If it is a Holiday or the office is closed, call the next business day for a purchase order.**
- ◆ **Purchase orders are date sensitive and are required for EACH date of service, even if it is a continuation from the prior visit.**
- ◆ **The number one reason for denials is no prior authorization. (NO PO#)**
- ◆ **All surgeries require prior authorization from the resource committee.**
- ◆ **It is the member's responsibility to call in - no purchase orders will be given to facilities.**
- ◆ **If the member is eighteen years old, a call from mom or grandma will not be accepted. (it is the adult member's responsibility)**
- ◆ **If you are going to a new facility call five to seven days in advance, have the name and phone number so you can give it to CHS.**
- ◆ **The bill could be the member's responsibility if wrong information is accepted from someone other than CHS. Always call if there is any question about rules or procedures.**
- ◆ **The eye benefit is every 2 years.**
- ◆ **When a statement is received, read to see if Cow Creek Contract Health Services has paid, if not, call and make the vendor aware that CHS needs to be billed. Don't assume they know especially lab or radiology.**

Be sure to read Contract Health News for changes and reminders. Call CHS at 541-672-8533 X 1 if anything is unclear.

## Tribal Job Opportunity



Umpqua Indian Utility Cooperative is currently looking for a tribal member to fill a temporary position as a file clerk two days a week in Canyonville. If you are interested please download and complete the application on the Cow Creek website under the Employment page and mail to the Cow Creek Government Office Attn: Vanessa Pence at 2371 NE Stephens St., Roseburg OR 97470.

## Drum Practice

Thundering Water Drum Practice will be held the second and fourth Saturday of each month unless otherwise noted. Drumming will take place at the Block House in Canyonville, behind the casino from 1-4 PM with a potluck from 12-1 PM for those who are interested. Please bring food or drinks to share-note: sometimes the potluck has a theme. Call Rhonda or Teri at the tribal office if you have any questions or comments.

January 12 & 26, February 9 & 23



## Basket Classes



A series of four basket classes will begin March 7th. The classes will be held on Thursdays from 5:30-7:30 PM and will include a potluck for those who are interested. Takelma words will be introduced that are basketry specific at each class. To Pre-register please call Rhonda at 541-677-5575.

## Voter Registration Information

As with federal, state and local elections, tribal members must register with the tribe to vote in the tribal board of directors elections.

Registration is only required once, however it is the members responsibility to keep an updated address on file with the Tribal Government Office. If you have been married or divorced and have changed your name a new registration needs to be turned in as well.

## Elder's Culture Classes

Come join us for some great opportunities for learning more about Native American Culture! Classes are scheduled from 2 - 4 PM in the Board Room of the Government Office on the following dates for 2013:

**January 24, February 7, February 21, March 14, & March 28.**

The main focus of these classes will be on a variety of traditional Native American Crafts. Supplies will be provided. Please contact Louis LaChance for more information at 541-677-5575.



# January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> New Years Day Offices Closed	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b> AA Mtg 6 PM Gov Office	<b>7</b>	<b>8</b> Food Bank 9-12 PM	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b> AA Mtg 6 PM Gov Office	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>20</b> AA Mtg 6 PM Gov Office	<b>21</b> Martin Luther King Jr. Day—Offices Closed	<b>22</b> Food Bank 1-4 PM	<b>23</b>	<b>24</b> Elder's Culture Class 2-4 PM Board Rm @ Gov Office	<b>25</b>	<b>26</b> No Drum Practice Gathering of Oregon's 1st Nations in Salem
<b>27</b> AA Mtg 6 PM Gov Office	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		

# February 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b>	<b>2</b>
<b>3</b> AA Mtg 6 PM Gov Office	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> Elder's Culture Class 2-4 PM Board Rm @ Gov Office	<b>8</b>	<b>9</b> Drum Practice 1-4 PM @ Blockhouse  Dinner/Movie 6-9 PM @ Gov Boardroom
<b>10</b> General Council Mtg— Gov Office 10 AM  AA Mtg 6 PM Gov	<b>11</b>	<b>12</b> Food Bank 9-12 PM	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b> AA Mtg 6 PM Gov Office	<b>18</b> Presidents Day— Offices Closed	<b>19</b>	<b>20</b>	<b>21</b> Elder's Culture Class 2-4 PM Board Rm @ Gov Office	<b>22</b>	<b>23</b> Drum Practice 1-4 PM @ Blockhouse
<b>24</b> AA Mtg 6 PM Gov Office	<b>25</b>	<b>26</b> Food Bank 1-4 PM	<b>27</b>	<b>28</b>		



## Announcements

### Births/New Enrollments

Kage Grant Kennington

### Obituaries

Gary Edward Buschman

## Program Information

### Tribal Energy Assistance Program-

This program is for Low Income Tribal families in or out of the Tribal Service Area. Applications are available at our website at [cowcreek.com](http://cowcreek.com) or call our office to have one mailed to you.

### Project Warmth-

This is a Tribal program that will reimburse expense, once a year, of one coat and one pair of shoes for each registered Tribal child age 0-16. Applications can be found on our website at [cowcreek.com](http://cowcreek.com) under the Human Services Tab or you may call our office to have one mailed to you.

### Elder's Program-

Elder's Luncheon this year is on a quarterly basis so we will meet 4 times a year, with the first meeting being the first Friday in March, be sure to **"save the date" Friday, March 1<sup>st</sup>, 2012 at 12:00 pm.**

### Tribal Food Bank Program-Hours:

**Second Tuesday each month 9:00 am -12:00 pm**

**Fourth Tuesday each month 12:00 pm -4:00 pm**

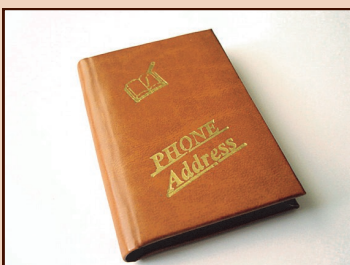
**Pink Shawl-**Please note this year our Pink Shawl Project workday will be held quarterly with the first meeting to be held on Tuesday, Mar 5<sup>th</sup> 4-6 pm. Please contact Cindy Delay 541-677-5575 if you have questions with any of the above programs and events.

## Tribal Identification Cards



Tribal Identification Cards are available to all Tribal members upon request. To obtain an I.D. card, contact Janet at the Cow Creek Government Office at 541-677-5575 or 800-929-8229. You will be sent an application to fill out and sign. You will be required to enclose a photo and mail the completed application back to the Government Office for processing. Properly filled out applications will be processed with the Tribal Chairman's signature and will be mailed back to you. **Tribal I.D. cards are legal documents and are accepted as legal proof of identity.**

## Address and Phone Number Updates



Tribal members are encouraged to maintain a current address and phone number at the Cow Creek Tribal Government Offices. Those who have minor children who are not living in their households should also make sure their children's updated addresses are on file at the Tribal Government Office. If you know of any Tribal members who have not been receiving correspondence from the Tribal Government Office, please recommend that they call the toll free number: 1-800-929-8229.

*Cow Creek Band of Umpqua Tribe of Indians*  
*2371 NE Stephens St. Suite 100 Roseburg, OR 97470*  
*Phone: 541-672-9405 Fax: 541-673-0432*  
*Toll Free: 800-929-8229*



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