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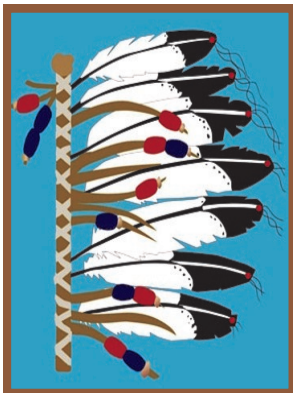
We will be known forever
by the tracks we leave.

VOLUME 23—ISSUE 4

April 2013

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Schedules:

Government Office Hrs:

Mon-Fri 8 AM–5 PM

Roseburg Clinic Hrs:

Mon-Fri 8 AM-5 PM
Walk in 8-9 AM
Same Day Appt. 1-2 PM

Canyonville Clinic Hrs:

Mon-Fri 8 AM-5 PM
Walk in 8-9 AM
Same Day Appt. 1-2 PM
Education only on Fri.

Office Closures

May 27 Memorial Day

2012 Annual Programs Report

During 2012, the Cow Creek Band of Umpqua Tribe of Indians administered several programs for the benefit of tribal membership.

Aid to Tribal Government –(ATG)

The ATG program was utilized mainly for planning, realty services (land into trust), tribal enrollment, elections and inventory. The ATG staff was utilized to plan, forecast and coordinate activities to develop and maintain tribal properties as well as to coordinate efforts for land acquisition and all necessary related projects of the “land into trust” process.

Education Programs -(Adult Vocational Training, Adult Education, Higher Education and Johnson O’Malley)

During 2012, a total of 57 adult tribal members were assisted with funding from the Education Programs. Areas of study include Organismal Biology, Chemistry, Computer Science, Communications, Child Care and Child Psychology, Horticulture, English Literature, Environmental Sciences, Entomology, General Engineering, Graphic Arts/Design, History, Elementary Education, Nursing, Zoology and General Studies. Eighteen students were assisted in the Adult Vocational Training Program. One hundred thirty tribal students received direct services from the JOM Program which included tutoring and parental costs assistance. Group activities provided were Culture Camp, Pow-Wow, and classes including regalia making and native youth wellness activities such as a

River Jet Boat Trip, a Ski trip and the JOM Holiday Pow-wow.

Low Income Home Energy Assistance Program (LIHEAP)

In 2012, a total of 29 families received LIHEAP assistance for energy assistance. In addition, information packets including budgeting tools were provided to individuals and families in an effort to help them take control of their own possible financial crisis situations.

Child Care Assistance Program

Last year, 16 families received assistance through the Child Care Program. Recipients utilized this program that provided quality child care while attending work, specialized training, or college. This program provides assistance on a structure payment scale dependent upon the family’s income.

Also provided through this program is assistance for the child care providers of tribal children to attain CPR and First Aid certification.

Social Service Block Grant Program (SSBG) - Parenting Program

Funds derived from the SSBG program were utilized in 2012 to provide parenting packet information and presentations to tribal families through Family Outdoor Recreation and the Summer Time Movie Club. This program assisted 38 families through these various activities.

Cultural Development Program

During 2012, continued efforts were placed on further expanding cultural educational opportunities. During the annual Cow Creek

2012 Annual Report (continued from front page)

Culture Camp, a traditional salmon ceremony was held in addition to demonstrations and instruction given to tribal families on traditional preparation of salmon.

A collection of baskets, regalia, hunting and fishing gear are continuing to be acquired as a living display housed in the Cow Creek Government Office. Many of these items have been taken to local schools for cultural education presentations. Efforts continue to acquire and expand authentic and replicated artifacts as well as arts and crafts to be displayed.

Natural Resources Department

In 2012, the Natural Resources Staff developed questions for the CEDS survey through the IRMP program. The U of O was contracted to develop a dictionary to help develop Takelma educational resources for the Tribe's language program. Staff converted Takelma places and names to geographic coordinates. The NR department hired a Fisheries Biologist who has developed a comprehensive Lamprey distribution database for the Umpqua Basin. NR staff added 1,489 archaeological site reports and records to the archaeological database and acquired Tribal Historic Preservation Office status. Monitored 41 archaeological assessments for proposed projects. The NR department hired a Wildlife Specialist who consulted with ODFW and USFS on declining elk populations and is currently monitoring the herds. Coordinated the 2012 Tribal Elk Hunt and added a Deer Hunt. Two cougars and an Elk have been mounted and are on display at the Government Office. The Tribal Garden provided food to the Tribal Food bank, Casino, Truck Stop, local food banks and a General Council Meeting. Implemented a Noxious Weed Management plan, collected 100 water samples from Jordan Creek and 150 from Cow Creek and monitored air quality on 10 Tribal properties. The department received \$25,000 to create a Wetlands Plan to restore and conserve historical wetlands.

Cow Creek Health and Wellness Center (CCHWC)

During 2012, a total of 342 tribal patients made 1,561 visits to the Cow Creek Health and Wellness Center. This figure includes Cow Creek Tribal members and other federally recognized Indians as well. The clinic is staffed with the following providers and healthcare workers: Physicians, Nurses, Nurse Practitioner, Certified Medical Assistant, Phlebotomist, Podiatrist, Psychologist, Psychiatrist, Nutritionist, Health Educator, Behavioral

Health Counselor, Benefits Coordinator and an Alcohol and Drug Counselor.

Joslin Vision Network (JVN) Teleophthalmology

Program

In 2012, Cow Creek Tribal Health Clinic staff provided eye exam screenings for diabetic retinopathy abnormalities in 7 patients. The screenings take place in the tribal clinic, but results of the exam are read and analyzed by Indian Health Services at the Phoenix Indian Hospital Ophthalmology Department in Phoenix, Arizona.

Heartsaver/Healthcare Provider/First Aid Course

The Cow Creek Health and Wellness staff offered various certification courses for tribal members and staff during 2012. The classes provided were the Heartsavers CPR classes, First Aid classes and Health Care Provider classes. A total of 25 people were certified.

Cow Creek Contract Health Program (CHS)

In 2012, the Cow Creek Contract Health Services staff issued 5,900 purchase orders totaling \$896,109 for tribal members utilizing the program Contract Health Services is funded through the Indian Health Service and is restricted to the tribal service area as mandated by federal regulations. This program has eligibility requirements and requires prior approval before each visit to any provider outside the Cow Creek Health and wellness Center.

Diabetes Prevention Program (DPP)

This program is designed to identify pre-diabetic patients, provide education and support to make lifestyle changes that will help prevent diabetes and the complications associated with the disease. In 2012, approximately 70 patients participated in either individual appointments or group classes, which included exercise, meal planning and nutrition and health lifestyle choices.

Behavioral Health Program

During 2012, over 160 patients/families received counseling services each month from the Cow Creek Health and Wellness Center. In addition to direct services to tribal members, the Behavioral Health Department was active as part of the Diabetes Management Team as well as provided oversight and facilitation of the Juvenile Crime Prevention Grant.

Maternal Child Health Program

2012 Annual Report (continued from page 2)

The goals of the Maternal Child Health Program are to educate and provide learning opportunities for pregnant mothers and children, specifically in dental health care. In 2012, more than 150 tribal members and their families participated in the program.

Nutrition Program

The Nutrition Program provides services to over 140 diabetic patients annually. This program is not just for diabetic patients, but addresses obesity and cholesterol issues as well. Some activities provided in this program range from individual counseling to cooking classes, community walk/runs, lunch and learn programs, and the Fall Dog Show for patients to show off the uniqueness of their K9 companions.

Cow Creek Medicare Part B Reimbursement Program

Unlike Medicare Part A, which covers a wide range of hospitalization and inpatient services, nearly everyone that has Part B coverage must pay a monthly premium. Medicare Part B is additional coverage to assist eligible recipients to pay for doctor's services, outpatient, and other medically necessary services that are not covered under Part A. This premium is usually deducted from Social Security Income and is the amount that is reimbursable by the tribal program. This program has no service area restriction.

In 2012, there were 109 tribal members who participated in the reimbursement program. This program offers the option of a monthly or annual reimbursement. Those that chose an annual reimbursement totaled 71, while 38 members requested a monthly reimbursement.

Tribal Dental Health Program (TDHP)

The Tribal Dental Health Program provided all enrolled tribal members, regardless of where they reside, a \$1,500.00 benefit in dental care services that included preventative care, fillings, extractions, root canals and crowns. During 2012, 907 tribal members utilized this program for a total amount of \$260,101. as vitamins, first aid materials, tooth brushes and cold medications.

Over the Counter Program

In 2012, the Cow Creek Health and Wellness center processed 640 purchase orders for the Over-The-Counter Program. Over 490 tribal members residing within the tribal service area utilized \$33,516.32 in over-the-counter medications and preventative health products. There

were 386 tribal members outside the tribal service area that utilized \$25,143.89 in over-the-counter medications and preventative health products. This program provides funding for health related items such as vitamins, first aid materials, toothbrushes and cold medications.

Alcohol & Drug Program (A&D)

In 2012, the A&D Program funds were utilized in coordination with other tribal programs to enhance activities and services that promote accountability to sobriety, financial independence, social well being and community. Specifically, during the year, the A&D program participated in two tribal health fairs, two "Summer Movie" events, the "Fall Dog Show," as well as numerous Diabetes Clinics. In addition to these activities, the A&D staff conducted over 20 alcohol and drug assessments.

Nesika Health Group

For 2012, there was on average 325 tribal members enrolled in the Nesika Health Group Insurance Program, with an additional 634 family member dependents. More than \$900,000 was paid out for pharmacy, dental and vision services. Tribal members enrolled in Nesika paid between \$50.00 and \$150.00, depending on family size and if they also have Medicare, however, the premium for the insurance is actually \$550.00 per enrollee. To cover the full premium for the tribal membership and their families, the Tribal Board has approved an additional \$1,800,000 annually for this purpose.

Tribal Distribution

In 2012, Cow Creek tribal members received a tribal distribution check in the amount of \$800 from tribal gaming and business revenue. In November, 970 tribal members received a total of just under \$776,000. An additional \$495,200 was placed in the Tribal Minor Trust Fund for 619 tribal members under the age of 18 years. There were also 24 new born tribal members that were enrolled and received the initial \$1,000.00 deposited into their Tribal Minor Trust Fund for a total of \$24,000.

Tribal Elders Monthly Distribution

The Tribal Elders Monthly Distribution Program paid out \$450 monthly to 112 tribal elders, for an annual total of \$604,800 in 2012. Tribal members become eligible to receive the monthly elder's distribution when they reach the age of 60.

2012 Annual Report (Continued from page 3)**Tribal Burial Benefit**

In addition to providing \$3,500.00 towards the cost of funeral expenses for tribal members, program guidelines for the Tribal Burial Benefit were modified in 2008 to include burial assistance for tribal spouses. In 2012, the program covered nine deaths. Burial assistance provided by the Tribe totaled \$22,408.26.

Tribal Housing Program

In 2012, there were 33 tribal housing units available. Of these units, 18 are located on Taylor Street and 10 are located on Pamela Court nearby. All were occupied by Cow Creek Tribal members. In 2012, thirty one Tribal members were assisted and 20 were on a waiting list. Rental amounts for these properties are determined individually based on income.

Housing Down Payment/Repair Program

Thirty seven Tribal members received assistance through the Tribal Housing Program during 2012. Nineteen Tribal members were assisted with down payments and 18 were assisted with repairs to their homes. This program offered

\$3,500 to Tribal members for assistance with a down payment on the purchase of a new home or for repairs to an existing home. Total expenditures for 2012 in the Tribal Housing Program were \$94,242.

Project Warmth

In 2012, a total of 103 families with children were assisted by Project Warmth for a total cost of \$2,693.26. Every family who applied for assistance could receive up to a \$25 reimbursement on a coat and up to \$25 on a pair of shoes per child.

Food Program

In 2012, a total of 226 families were assisted with a supplemental food box consisting of canned fruits, vegetables, meats, beans and rice, as well as other food staples, through the Food Program. The Tribal Garden provided families with fresh fruits and vegetables throughout the summer of 2012.

Tribal Historic Preservation approved by National Parks Service

Tribal Historic Preservation Office

The Cow Creek Umpqua Tribe has been designated Tribal Historic Preservation Office status by the National Parks Service. We are the 141st federally recognized Tribe to assume responsibilities under the National Historic Preservation Act. The establishment of the Tribal Historic Preservation Office increases Tribal sovereignty and furthers the Tribe's authority to manage its cultural resources. Jessie Plueard has been appointed to serve as the Tribal Historic Preservation Officer (THPO) by Tribal Board of Directors.

Tribal Historic Preservation Office status allows the Tribe to assume the duties of the State Historic Preservation Office (SHPO) on tribal trust lands. This means that for ground disturbing projects on tribal trust land, consultation regarding cultural resources and historic properties are now carried out by the THPO instead of the SHPO. For projects on non-trust land, historic preservation responsibilities remain with the SHPO.

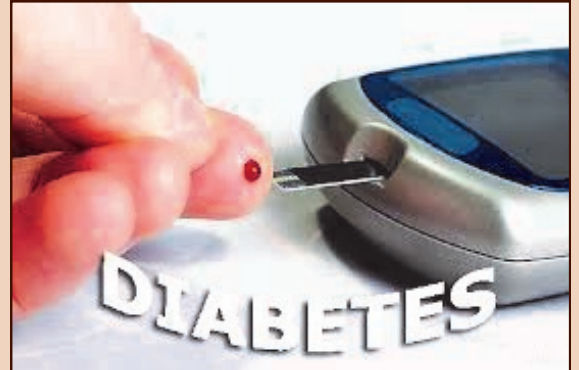
Over the next several months the THPO will be forming tribal policies and procedures regarding historic preservation on tribal trust lands. These documents shall include guidelines that will facilitate the consultation process in regards to historic preservation. This information will be made available as it is developed.

For more information regarding archaeology and Tribal Historic Preservation, please contact the THPO, Jessie Plueard at (541) 677-5575.

Pre-Diabetes, Diabetes and Prevention

Did you know:

- If you are Native American, you are 2 to 3 times as likely to become diabetic?
- If one or both of your parents has diabetes, it increases the odds that you too will become diabetic?
- That if you are overweight and do not exercise regularly, you are more likely to become diabetic?
- That diabetes can lead to blindness, amputations and kidney disease/dialysis?
- That diabetes is very preventable, without medications if the right actions are taken to change how you eat and become more active!



The Cow Creek Health and Wellness Center is looking for people who are interested in preventing this potentially devastating disease. The classes are based on the Diabetes Prevention Program (DPP) study which has shown that being overweight and inactive are major factors in the development of diabetes, and that making very moderate changes in our lifestyles can lead to improved health all around and actually prevent getting the disease in the first place!

Screening for the next group of classes, is now open. For more information about the program or registration, contact Bob Dunas, Lifestyle Coach, at 672-8533.

Tribal Election Coming Up

Tribal General Council Meetings for 2013 have been scheduled as follows:

May 19, 2013* August 11, 2013 November 10, 2013**

Nominations Meeting*

Annual Election Meeting**

All General Council Meetings will be held at 10:00 AM at the Cow Creek Tribal Government Offices located at 2371 NE Stephens Street, Roseburg, OR.

The procedures for the nominations for the Tribal Board of Directors Election are as follows:

Any registered voter of the Tribe present at the May meeting each year may nominate. Each person may nominate one individual for the election in August. **REMINDER:** Nominees must be present at the Nomination Meeting to accept their nomination. When nominations are closed, no other nominations will be accepted. A nomination will be considered complete when the nominee has accepted the nomination in writing. Nomination acceptance forms will be furnished to all candidates present at the meeting.

Candidate acceptance forms will be placed on the ballot in the order the nominations were made. Ballot packets including instructions will be mailed out to registered voters of the Tribe from Wicks Emmett, CPA, by July 12th and are due back to Wicks Emmett by August 9th. Any new or updated voter registration card needs to be completed and turned in to the Government Office by May 15, 2013. Tribal members are encouraged to maintain an updated registration card including a signature, as well as an up-to-date address. Voter Registration is closed from May 19-August 11, 2013.

If you are a registered Tribal voter and did not receive a ballot, contact the Government Office at 541-672-9405 or 800-929-8229, to request one be mailed to you.



Tribal Education Program—What's Available?



Have you ever thought about furthering your education? Overwhelmed by how you will be able to pay for it? There is help to minimize the stress of funding your education. Tribal members have incredible educational benefits available to them and all it takes is a little paperwork to start the process.

LIFE TIME LEARNING PROGRAM – up to \$250 per calendar year towards a class or classes that will enhance your life. Some possible interest areas might be: Zumba, photography, Judo, cooking classes, and art classes .

EMPLOYMENT ENHANCEMENT PROGRAM - this program gives Tribal members the opportunity to better their existing career. For instance, if you are currently a caretaker in a nursing facility, you may want to further your employment opportunities by obtaining your CNA license. We can help with the funding with that type of certification.

ADULT EDUCATION PROGRAM – Are you ready to get your GED? This program will help with the cost of preparing for your GED and testing fees. Driver's Education classes will lower your automobile insurance. We can help pay for Driver's Ed classes.

ADULT VOCATIONAL TRAINING – If you are interested in obtaining a certification or vocational training, this is the perfect program for you. The maximum funding amount is \$5,000/year and would be used towards tuition, books, and fees.

CONTINUING & DISTANCE EDUCATION PROGRAM – Thinking about going to college on a part time basis? This program helps pay for tuition, books, and fees up to 7 credits per term/semester.

HIGHER EDUCATION PROGRAM - If you would like to attend college on a full time basis, this program will pay up to \$5000/year for an Associates of Arts Degree and up to \$7,000/year for a Bachelor's of Science Degree. The benefit amount would apply towards tuition, books, and fees.

POST-BACCALAUREATE PROGRAM – If you really want to take your degree to the highest place, this program will allow up to \$10,000/year to be applied towards tuition, books, and fees.

There are other programs available and we would be happy to assist you in any way possible. For more information contact Tammie Hunt, Education Director 541-677-5575 or thunt@cowcrek.com

Request for Family Information

The Cultural Resources Program is seeking information regarding knowledge of any Cow Creek ancestor having attended the Carlisle Indian Industrial School in Cumberland County, Pennsylvania. The Carlisle Indian Industrial School was open from 1879 to 1918. Please contact the Tribal Archaeologist, Jessie Plueard, at 541-677-5575 with any information.

Managing Tribal Forest Land



Hello, Tribal members! We at Natural Resources hope that you are enjoying some of this beautiful spring weather, now that the season is officially here. This month, we would like to introduce you to Mr. Tim Vredenburg, our Forest Manager.

Tim started with us in November, and brought a wealth of knowledge from previously working with the Coquille Tribe for six years as their Director of Land Resources and Environmental Services. Before that, he served as the Owner, President and CEO of Biological Information Specialists, Inc., as well as a Research Assistant for Oregon State University, and Duck Creek Associates. His education includes a Bachelor of Science in Environmental Science, and graduate work in a Master's of Forestry program at OSU. Tim is currently working on earning his Ph.D. in Forest Ecosystems and Society.

Some of the projects Tim worked on include: planning and coordinating spotted owl and bald eagle surveys, fish surveys, helping private landowners understand the threatened and endangered species on their land, and how to be better stewards for these species, developed Land Management and Harvest Scheduling Plans, Noxious Weed plans and surveys, and experience in working with many different governmental and Tribal agencies. Some of the agencies and committees Tim has served on include the Bureau of Land Management's Western Oregon Steering Committee and Governor Kulongoski's Federal Forest Advisory Committee. Tim has written many management plans and Environmental Assessments, important planning documents for evaluating the environmental impact of construction, weed management, and other activities that may affect the environment.

Currently, Tim is serving our Tribe as the Director of Forest Management. He is developing a Forest Management Plan for our Tribal lands, and bringing over a decade of professional experience to our staff. He has already proven his knowledge of state, Federal, and Tribal laws in regards to forest management, and with the development of our Tribe's IRMP. Let us all welcome Tim into our Tribal community!

Cow Creek Reservation Update

Roseburg, OR - The Cow Creek Band of Umpqua Tribe of Indians is pleased to announce the release of draft legislation by both Senator's Ron Wyden and Jeff Merkley that will honor the commitments of a reservation as promised in the 1853 between the Tribe and the United States of America.

The 1853 treaty ceded more than 700 square miles of aboriginal territory to the federal government in exchange for federal service and a permanent reservation to be determined at a later date.

"That date is long over due, and we hope will be now." said Dan Courtney, Chairman of the Tribe.

The tribe has been working with local agencies, special interests and local, state and federal officials for more than a year on restoring the treaty land that is coincidentally very close to where the treaty was signed nearly 160 years ago.

The suggested acreage of the request by Oregon's senators is 17,519 and is less than .75% of all O & C lands in Douglas County.

If the bill becomes law, stewardship responsibility and related costs will then transfer from the BLM to the Tribe, saving the Federal Government \$478,076 annually, according to our calculations.

"The tribe is looking at this land transfer as part of preparations for future generations of the tribe," said Michael Rondeau, and management of this ancestral land will be a positive step for the community in which we live."



Instant Interviews
May 2, 2013
1 pm –3 pm
Grape/Huckleberry Rooms
(Hotel Entrance)

Managers will be speaking with candidates for one on one introduction interviews, so bring your resume!

Some things to remember:

- Apply online at www.uidchr.com.
- Bring your resume.
- Dress for success.
- Time is limited so have your questions ready!
- This is your chance to showcase your skills and be considered for a second interview!
- No hiring decisions will be made that day.

Visit the UIDC Recruiting Site at
www.uidchr.com

for a list of participating departments.

For more information please contact: Human Resources at 541-839-1221x2



PINE NEEDLE BASKET CLASS

Pine Needles were one of many types of materials that our Cow Creek Tribal ancestors have utilized for basket making. We would like to present an opportunity for you to learn simple basket making skills. These classes are FREE of charge, materials are provided, as well as good company. If you wish to attend any of these classes contact

Rhonda Malone at 541-677-5575

By April 10, 2013

These classes are limited on space and we would also like to note that these classes will be pot luck style.

Calendar of Classes

Date	Time	Location
April 26, Friday	5:00—7:00 pm	Cow Creek Tribal Gov. South Building
May 3, Friday	5:00 – 7:00 pm	Cow Creek Tribal Gov. South Building
May 17, Friday	5:00 – 7:00 pm	Cow Creek Tribal Gov. South Building
June 7, Friday	5:00 – 7:00 pm	Cow Creek Tribal Gov. South Building
June 15, Saturday	9:00 am—5:00 pm	Culture Camp– Bare Park

Contract Health News

April showers bring May flowers! Bring on the showers I'm ready for the flowers. Spring is officially here so it's time to get outside and enjoy the season. If you have not had your dental cleaning now is a good time.

The dental benefit is for Cow Creek tribal members living in both the service area (Coos, Deschutes, Klamath, Jackson, Josephine, Douglas, and Lane counties) and out of the service area. The benefit is \$1500.00 per calendar year and does not cover cosmetic (teeth Bleaching and etc.) and or implants. It does cover fluoride treatments but not fluoride tooth-paste.

When making a dental appointment it is important to check with the dental office to see how much funds remain and what the cost is going to be so you don't exceed your benefit. CHS doesn't have any way of knowing if CHS has not been billed for all your visits what dollar amount is remaining or what the fees for your new appointment will be. It is very important to talk to the dental office they will work with you so you do not exceed your benefit.

If you receive a statement make sure the provider has billed CHS, if not call the provider and be sure they bill CHS, do not assume that they have. If you have questions call CHS at 541-672-8533 option 1 or 1-800-935-2649 Gina, Becki and Elizabeth will be happy to answer questions and assist you.

New Clinic in Canyonville Opening Soon!!!

The new Cow Creek Health and Wellness Center in Canyonville will be open to see patients beginning on May 20th! Hours will be the same as they are at the Roseburg Clinic, 8 am to 5 pm, Monday through Friday.

Prior to the opening, here is some important information regarding current hours and some temporary closures as we take some time for moving equipment, set up and training:

- Both the Roseburg clinic and the Annex in Canyonville will be closed all day on April 24th for staff training.
- May 13 and 14: regular hours at the Annex.
- May 15, 16 and 17: the Annex will be closed.
- Roseburg clinic will remain open May 13-17.



Thank you for your patience as we go through the process of opening the new clinic. We look forward to this opportunity to serve your health and medical needs better. Please contact the Roseburg clinic at 672-8533 if you have any questions or concerns during the move.

Getting Ready to Turn 18?????????



If you are used to receiving benefits from the JOM program, you will now be able to join a new program called Life Long Learning. You must be 18 years or older and you can receive funding to help with special interest classes that will enhance your life. Thinking about taking a summer lifeguard course, or a CPR class? We can help. How about getting behind the camera and learning more about photography or painting? For more information, contact Tammie Hunt, Education Director at 541-677-5575 or thunt@cowcreek.com.

April 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 FPU Class 5-7 PM Gov Boardroom	3	4 FPU Class 5-7 PM Gov Boardroom	5 Elder's Potluck @ 7F	6
7 AA Mtg 6 PM Gov Office	8	9 Food Bank 9-12 PM FPU Class 5-7 PM Gov Boardroom	10	11 FPU Class 5-7 PM Gov Boardroom	12	13 Drum Practice 1-4 PM @ Blockhouse
14 AA Mtg 6 PM Gov Office	15	16 FPU Class 5-7 PM Gov Boardroom	17	18 Elder's Culture Class 1-4 PM Gov Office Library FPU Class 5-7 PM Gov Boardroom	19	20
21 AA Mtg 6 PM Gov Office	22	23 FPU Class 5-7 PM Gov Boardroom Food Bank 1-4 PM	24	25	26 Pine Needle Bas- ket Class S. Bldg 5-7 PM	27 Drum Practice 1-4 PM @ Blockhouse
28 AA Mtg 6 PM Gov Office	29	30				

May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Elder's Culture Class 1-4 PM @ Gov Office Library	3 Elder's Potluck @ 7F Pine Needle Basket Class S. Bldg 5-7 PM	4
5 AA Mtg 6 PM Gov Office	6	7	8	9	10	11 Drum Practice 1-4 PM @ Blockhouse
12 AA Mtg 6 PM Gov Office	13	14 Food Bank 9-12 PM	15	16 Elder's Culture Class 1-4 PM @ Gov Office Library	17 Pine Needle Bas- ket Class S. Bldg 5-7 PM	18
19 AA Mtg 6 PM Gov Office	20	21	22	23	24	25 Drum Practice 1-4 PM @ Blockhouse
26 AA Mtg 6 PM Gov Office	27 Memorial Day	28 Food Bank 1-4 PM	29	30	31	

Announcements

Births/New Enrollments

Levi Aaron Ottosen, Haley Grace Rondeau, Kyan Anthony Gockerell and Hayden Andrew Kenyon

Obituaries

No Deaths Reported

Program Information



Education Programs Are Going Viral!!!

Look for the new Education Website sometime this May. The website will have all of the applications for the Education Programs and information that will help you succeed throughout your educational journey. Check out the new calendar. Good information on when things are happening in the educational world...like FAFSA deadlines!!!

Elder's Culture Classes

These classes are happening on the 1st and 3rd Thursday from 1:00-4:00 PM in the Government Office Library. Call Rhonda for more information at 541-677-5575.

Elder's Potluck—Friday, May 3, 12 :00 PM at Seven Feathers in the Grape Room

Chief Miwaleta Day—SAVE THE DATE—Saturday, June 1, 10 AM-4 PM at Galesville Reservoir.

Culture Camp—June 14, 15 and 16

Packets have been mailed . If you haven't received a packet and would like to attend or would like more information contact Tabbitha Johnson @ 541-677-5575

Tribal Identification Cards



Tribal Identification Cards are available to all Tribal members upon request. To obtain an I.D. card, contact Janet at the Cow Creek Government Office at 541-677-5575 or 800-929-8229. You will be sent an application to fill out and sign. You will be required to enclose a photo and mail the completed application back to the Government Office for processing. Properly filled out applications will be processed with the Tribal Chairman's signature and will be mailed back to you. **Tribal I.D. cards are legal documents and are accepted as legal proof of identity.**

Address and Phone Number Updates



Tribal members are encouraged to maintain a current address and phone number at the Cow Creek Tribal Government Offices. Those who have minor children who are not living in their households should also make sure their children's updated addresses are on file at the Tribal Government Office. If your address has changed the Change of Address forms are available on the Cow Creek Website to print and mail or call the Government office at 541-672-9405 to have one mailed to you.

Cow Creek Band of Umpqua Tribe of Indians
2371 NE Stephens St. Suite 100 Roseburg, OR 97470
Phone: 541-672-9405 Fax: 541-673-0432
Toll Free: 800-929-8229



ONLINE JOBS...GO TO: uidchr.com

Visit us online @ cowcreek.com