



Inside this issue:

Tribal	2
Health	3-4
Tribal	5-7
Upcoming Event Flyers	8-9
Calendars	10
Announcements	11



Another Successful Chief Miwaleta Day Celebration

Saturday, June 1st we held the annual Chief Miwaleta Day Celebration at Galesville Reservoir, Chief Miwaleta Park. What a beautiful day we had for this annual event. We had a total of ninety-three tribal family members join us for a wonderful day filled with fun, laughter, great food and great luck for fishing. Thundering Water drum group gave us an enjoyable array of traditional songs, and drum beats echoed through Chief Miwaleta Park and over the lake.

Mid Oregon Bass Club supplied six boats and drivers to take our families out on the lake fishing all day. Many families took advantage of this service and there were many successful fishermen of all ages. We were looking for the most interesting fish story to take home this year's trophy.

Christina Witt said she caught a trout and released it back to the water then realized it was dead floating on the water. When the driver turned back to go get it, a large mature breathtaking Bald Eagle swooped down and snatched it in his claws and flew away, maybe to go feed its young. What an honor for this family to witness! Special memories were made! With this story, Christina was the winner of the trophy for sure!

We asked guests at our Chief Miwaleta Day celebration what they liked the best about the activities. They responded by saying they enjoyed most of all the gathering and visiting with other tribal members, drumming was highly enjoyed, as well as fishing on the boats, great food, hearing the history of our Tribal Chief Miwaleta and many enjoyed just watching the kids have fun.



Jaiden Dumont 10 years old caught the largest Bass, what a nice fish!



Lution Nichols (left front) caught total of 5 fish for the day



Loading and Unloading fishing participants

Schedules:

Government Office Hrs:

Mon-Fri 8 AM-5 PM

Roseburg Clinic Hrs:

Mon-Fri 8 AM-5 PM

Walk in 8-9 AM

Same Day Appt. 1-2 PM

Canyonville Clinic Hrs:

Mon-Fri 8 AM-5 PM

Walk in 8-9 AM

Same Day Appt. 1-2 PM

Office Closures

Thurs, July 4 Holiday

Chief Miwaleta Day Additional Photos



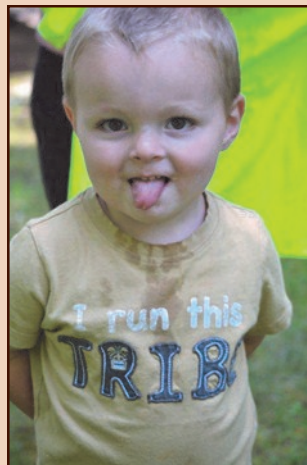
Drumming was enjoyed by all!



We all sang Happy Birthday to Alec Van Norman, our 2nd Eldest Tribal member who turned "91".



Socializing was said to be a favorite part of this event



Jacob Witt, 2 ½ years old



More Socializing

What's Happening in the Cultural Programs

Summer Time Garden Party has already begun with 30 people attending on June 2nd...it was fun. All meet at the tribal garden in Canyonville around 9:30. RSVP Tabbitha or Rhonda. Lunch will be provided.

The additional dates are:

June 26
July 10 and 21
August 7 and 21

- The final drum practice will be on June 22nd at the Block house @ 12:00 pot luck and drumming from 1-4:00.
- The Salmon Feast and Gathering is scheduled for Saturday, June 29 @ Gold Hill (call for details).
- August 10 is Huckleberry Gathering Potluck @ noon, Rogue/Umpqua Divide. RSVP by August 9th.
- Elders cultural class to begin again on August 1st at the Tribal Office @ 1:00. The classes will be on the 1st and 3rd Thursdays of each month.

Behavioral Health Advisory Committee Member Vacancy

This committee vacancy is for an "Out of Service Area" tribal member.

Duties and Powers of the Committee:

Review and make recommendations regarding proposed and existing Behavioral Health Treatment Program policies and procedures; review curriculum and services performed by the Behavioral Health Treatment Program annually in accordance with the goals and priorities identified within each program plan and make recommendations to the Behavioral Health Program. The committee will meet at least quarterly.

To apply please send a letter of interest to Julie Hargraves, Behavioral Health Manager, by July 15, 2013.



Contract Health News



June already, where has the year gone? Where is the sunshine? Not to worry, soon we will be saying it can cool down any time. The new clinic in Canyonville is open. It was worth the wait! It is truly beautiful, as well as functional. Come in and check it out and get set up to be seen in the South Campus Clinic. The South Campus Clinic in Canyonville has X-Ray services available now.

CHS has an office in Canyonville to better serve everyone. Elizabeth is now in Canyonville and can be reached at 541-839-1345. The receptionist will transfer you. The fax in Canyonville is 541-839-1355.

Gina and Becki are in the Roseburg office ready to assist you, so be sure to call us 2-3 days before your appointment for your PO#'s. Call either office for assistance. Roseburg is 800-935-2649 or 541-672-8533 option 3, and the fax is 541-677-9870.

Over the Counter Program

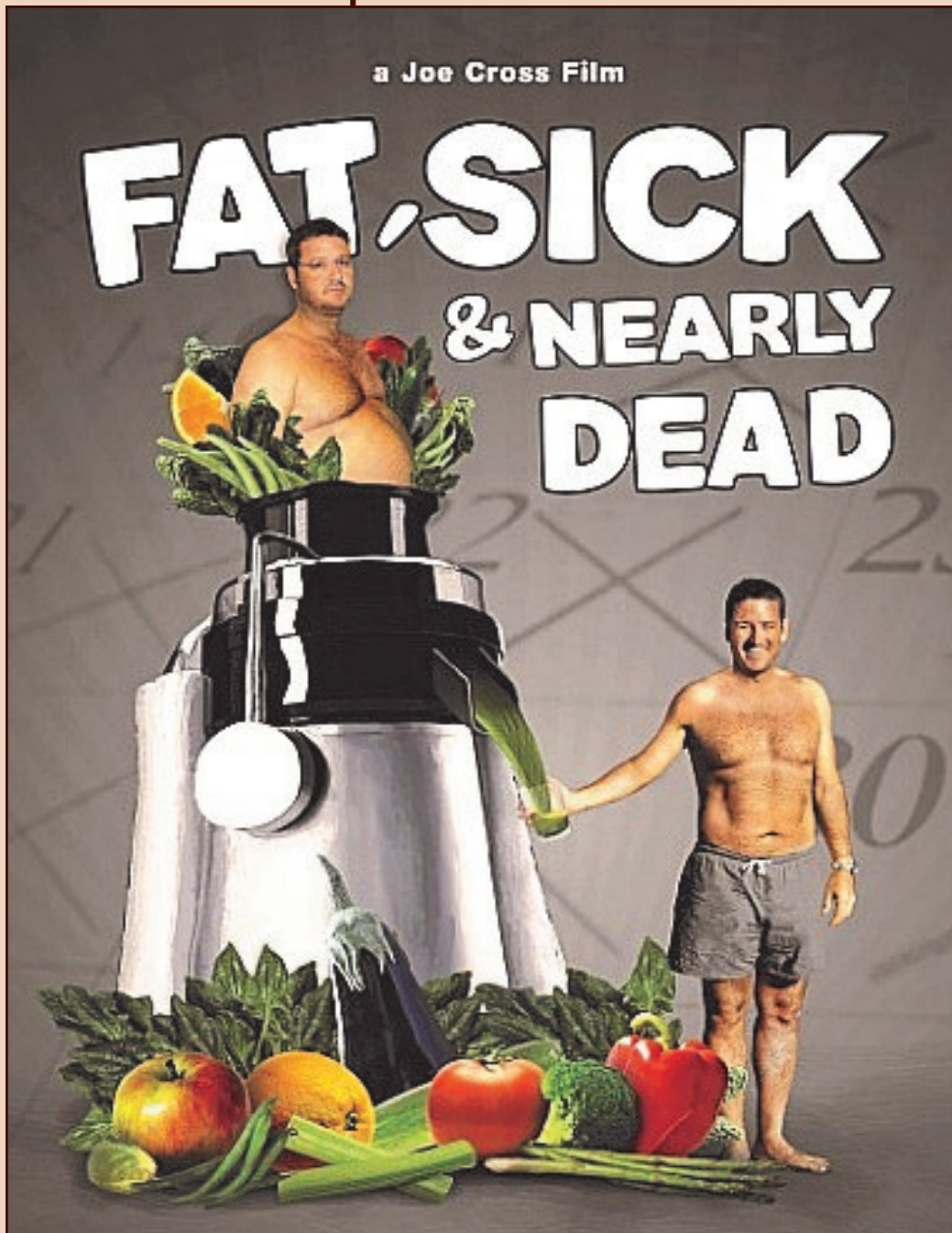


OVER-THE-COUNTER PROGRAM



Yay for summertime! Don't forget to take advantage of the Over the Counter Program before November 15th! Now's the time for sunscreen and aloe vera for all that fun in the sun or insect repellent to keep pesky mosquitos at bay.

Please contact Christy at Cow Creek Health and Wellness Center at 541.672.8533 option 2, 800.935.2649 or csanford@cowcreek.com.

"Popcorn and a Movie"

When: Thursday, June 20th at 5:00 PM

Where: Cow Creek Health & Wellness Center South Classroom
480 Wartahoo Lane, Canyonville, OR

What: Movie—Fat, Sick & Nearly Dead —A Joe Cross Film
(Popcorn and Water will be served)

At 100 lbs overweight, loaded up on steroids and suffering from a debilitating autoimmune disease, Joe Cross was at the end of his rope. Tipping the scales at 310 lbs, Joe saw a path laid out before him that wouldn't end well. Fat, Sick & Nearly Dead is an inspiring film that chronicles Joe's personal mission to regain his health. (97 minutes)

Stories From The Past

Hello, Tribal members! We at Natural Resources hope that you are enjoying the beginning of a new summer for our Tribe, and hopefully a productive time for our businesses and agriculture. This month, we are looking at several folktales from our tribal past. These stories were collected by John Harrington, a linguistic researcher who interviewed Frances Johnson and Molly Orton, two tribal elders in the 1920's. Harrington was well-known for his work in reconstructing native languages and folklore.

Many of the stories deal with the spirituality of our ancestors, and our own unique religious beliefs. The first story, 'Coyote and the Hunters,' deals with the coyote, a common spiritual figure in many native cultures. Here is the story, as it was told to Harrington by Frances Johnson:



"Somewhere east of Table Rock, a lot of So-yanakh Indians were walking along. They were short statured men, and Coyote met them, and said pae....(rest of the word was not recorded), and all of them turned to rock. One of the men was packing a deer on his back, and the deer was also petrified. (This place is somewhere on the old trail that ran east to Klamath Lakes from Table Rock.)"¹

Another story deals with a character named Khu-khu-w, who becomes a rainmaker:"A stout man named Khu-khu-w came from So-yanakh to Table Rock. The Rogue River was low and the Table Rock Indians could not catch salmon. The Table Rock Indians hired that man to make rain, and it flooded all this lowland, and Gold Hill only stuck out a little. Khu-khu-w went up on top of Table Rock and turned to a cedar. Then on top of Table Rock, he said: 'My name is cedar (lo-m).' Cedar is used for Indian matches. They were going to kill him and he turned to cedar. When Khu-khu-w first arrived at Table Rock he wanted . . . (phrase untranslatable). The Table Rock Indians wanted to swap blankets with Khu-khu-w, offering him a soft blanket, but he said he wanted his own blanket which was rough and sharp, so rough it made a noise when one handled it. He said 'No, soft blanket no good, rough (sharp) blanket warm blanket.' The next day was when they told him the water was low and he said that he could make a little water, but he couldn't stop it and he drowned lots of Indians. Khhu-khu-w's son, his son's wife and their little son turned to rock and are seen as pinnacles at the west tip of Table Rock, while he himself is a good sized cedar."²

A sequel to this story deals with the beaver, another spiritual animal in Native culture, and the rainmaker again:"The rocks that are kind of hollowed under at upriver, at the end of the front of Table Rock, are the work of Beaver. They hired Beaver to gnaw down Table Rock, and you can see his tooth marks on the rocks. Beaver was afraid the rock would fall on him, so he gave up and went away. Khu-khu-w was letting the rain continue, and was up on top of Table Rock, and the Table Rock Indians wanted to get up on top to kill him in revenge for drowning the people. They hired Beaver to gnaw the upriver end of Rock Cliff. You can see the beaver tooth marks on the cliff there. (The old Indian trail to the top of the rock goes along the base of the cliff where the Beaver gnawed; you can see it close at hand. This trail leads up to the rich root and food grounds up on top of Table Rock.)"³

These stories and more represent an important undertaking by the Natural Resources Department to rebuild our cultural history, an effort being spearheaded by our Cultural Development Coordinator and Tribal Archaeologist. Our ancestors had a rich spiritual life, embedded in the hills and mountains of the Rogue and Umpqua Valleys. For those wanting to do further research on these subjects, we refer you to the works of Harrington and Edward Sapir, another linguist who was important to our cultural rebuilding.

¹Gray, Dennis. "The Takelma and Their Athapascan Neighbors." University of Oregon Anthropological Papers 37 (1987): 105. Digital.

²Ibid. 106.

³Ibid, 106.

New Human Resource Director Hired



Stephanie Walker joined the Government Office as the HR Coordinator on June 3. She brings to the position over 13 years of HR experience, focusing in areas of recruitment and retention strategies, employee relations and leadership development. Her experience in these areas will enhance our current strategies, as well as assist in developing short and long term strategies to ensure the continued growth and sustainability of Government Office employment opportunities.

Growing up in Douglas County, she enjoys outside activities that the area offers as well as gardening, reading and spending time with her family. You can reach her via email at swalker@cowcreek.com or 541-677-5509

Umpqua National Forest Camping and Day Use Passes

Tribal members have a unique opportunity to obtain camping and day use passes for Umpqua National Forest grounds. You may come into the Tribal Government offices to obtain your pass and instructions outlining the procedure for usage of the pass with a list of allowable campgrounds and trailheads. Passes are valid for the one calendar year. If you have any questions you may call Janice at the Government Office front desk (541) 672-9405.



Rogue River Ranch Fire



A fire roared through a hay barn a day after the Cow Creek Indians took possession of the Rogue River Ranch.

The hay burned in the fire was included in the Tribe's purchase of the 1700-acre Rogue River Ranch, located on tribal ancestral land at the base of the Table Rocks. The Cow Creeks took possession of the property Monday morning, May 20, 2013.

"The hay was still smoldering Wednesday, and it could burn into Friday, depending on how wet and cold the weather gets," said Fire Marshal John Patterson from Jackson County Fire District No. 3.

"I can see the smoke out my window right now," Patterson said from the district's office at the intersection of Agate and Antelope

Roads. "There was about 600 tons of hay in there, so it's going to burn for a while. No hazard, just smoke."

Destroyed in the fire also was the 100' by 200' barn, a new bale wagon and two tractors stored inside it, Patterson said.

Ranch hands and firefighters continued to eye the fire as it burned itself out. Actively fighting it would leave a major mess on the property and likely trigger char-laden runoff into the nearby Rogue River. That would be worse than letting it burn.

There were no cattle on the ranch when the fire broke out. The former owners had removed their cattle from the working ranch in recent months, and the Tribe planned to bring cattle to it in September.

The Ranch is part of the Cow Creek's ancestral homeland and the Tribe considers it an important historical site during the Rogue Indian Wars.

The Tribe has hired fire investigators to determine the cause of the fire. Insurance Adjusters from Travelers Insurance have been on site and assure the Tribe we are fully insured and can expect reimbursement within 2-3 weeks.

South Umpqua Falls Campground Opens

ROSEBURG, Ore. – After more than a month of being closed for rehabilitation, the South Umpqua Falls Campground will reopen in time for the Memorial Day Weekend. Thanks to the hard work of volunteers and the generosity of local community members, the campground is set to open on Thursday, May 23rd. The campground on the Tiller Ranger District was closed off to the public after vandals tore up a meadow.

The rehabilitation of the meadow was a community effort. The Cow Creek Band of Umpqua Tribe of Indians provided equipment and volunteers. Additionally, the Tribe's cultural monitor, Tooter Ansures, was onsite to assist. Jerry and Ted Rainville volunteered their time to harrow the meadow damage. Students at the Phoenix School of Roseburg provided the physical labor needed to fill in the damaged portions of the meadow with fresh dirt. Douglas County Farmers Co-op provided a discount on fill dirt and delivery.

"The community generously showed support by donating time and resources to the rehabilitation of the campground," said Dave Erwin, Recreation Manager on the Tiller District.

Erwin asks visitors to keep vehicle traffic off the meadow and limit human traffic there since the meadow is still in a fragile state.

The Umpqua National Forest would like to thank all of those who helped in rehabilitating the meadow at the South Umpqua Falls Campground. Forest law enforcement has received and followed up on information about those responsible for the damage. Additional tips can be reported to Forest Service Law Enforcement Office at (541) 496-4187. All tips will remain confidential. Contact the Tiller Ranger District for more information about the South Umpqua Falls Campground at (541) 825-3100.



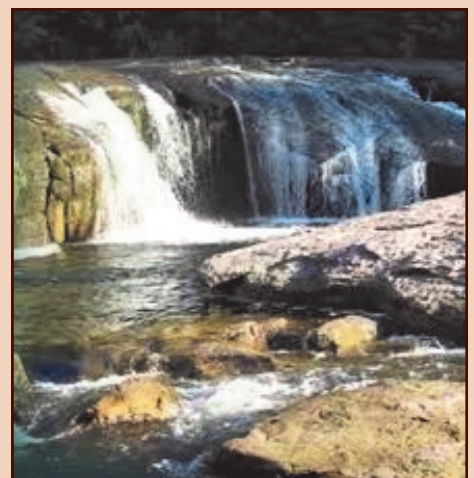
Cow Creek Tribal Pow Wow Coming Up

The 36th Annual Cow Creek Tribal Pow-Wow will be held July 19, 20 and 21 at South Umpqua Falls. There will be a salmon dinner/potluck Friday at 7:00 p.m., so bring your favorite side dish or dessert to share. Grand Entry will begin at 7:00 p.m. Saturday and the raffle will begin at 10:00 a.m. Sunday.

There will be drummers, dancers, singers, food booths and traditional crafts-people with authentic artwork, crafts and jewelry for sale.

For more information contact::

Tammy Rondeau	541-672-3861
Teri Hansen	541-672-9405
Tooter Ansures	541-779-1690





INTER-TRIBAL JULY 28 - AUG 2 ENERGY & TECH TOUR

COME ON TOUR WITH US....20 TRIBES, 3 STATES IN 7 DAYS!

Join the first **FREE SUMMER CAMP/ROAD TOUR** committed to educating tomorrow's tribal leadership on energy, technology, and partnerships...**YES?**

- **VISIT** 5 tribal energy projects in Northern California, Oregon and Washington. And spend a few days in Portland!
- **LEARN** about renewable energy, tribal utilities, smart grid, carbon offsets, energy-efficiency, data centers, and careers in energy & technology.
- **UTILIZE YOUR SOCIAL MEDIA SKILLS FOR GOOD** and produce video journals in our "Takeaways from Today" booth, sharing out what you've learned with the world wide web and produce videos pitching an energy or tech opportunity to your tribal council.
- **COLLABORATE** and build lasting friendships with representatives from 19 other tribes!
- **WIN** one of 3 iPad MINIs!

APPLY TODAY - LET'S CHANGE THE WORLD!



Space is limited. Up to 3 students will be chosen from each of the 20 participating tribes. Participants will be chosen based on completed application and 100 word essay submission.

visit WWW.REDBRIDGEONLINE.COM/ENERGYTECHTOUR



Strengthening Families

“Family Camp”

Participation is
free

Please register
by July 1

For 10-14 year old youth and their parents

Government Office Tribal Board Room

TUESDAY

Each week starting
July 16– Aug 20

5:30-7:30

RSVP

Ask for Matt
(541) 672-8533

- ◆ Dinner will be served
- ◆ Child Care Provided for children too young to participate

Strengthening Families is a family camp for 10-14 year old youth and their parents. It helps increase communication skills and understanding for family members.

The camp meets once a week for six weeks. Each night starts with dinner followed by separate youth and parent sessions and ending with a family session.

The youth sessions are activity based and the parent sessions are driven by a DVD presentation and discussion. Family sessions are activity based and build on the youth and parent sessions that preceded it.

June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Chief Miwaleta Day Galesville Reservoir
2 AA Mtg 6 PM Gov Office	3	4 Pink Shawl 3-5 PM	5	6 Elder's Culture Class 1-4 PM @ Gov Office Library	7 Pine Needle Basket Class S. Bldg 5-7 PM Elder's Honor Luncheon @ 7F	8 Drum Practice 1-4 PM @ Blockhouse
9 AA Mtg 6 PM Gov Office	10	11 Food Bank 9-12 PM Pink Shawl 3-5 PM	12	13	14 Culture Camp @ K Bar	15 Ranch Fri, Sat, Sun
16 AA Mtg 6 PM Gov Office	17	18 Pink Shawl 3-5 PM	19	20 Elder's Culture Class 1-4 PM @ Gov Office Library	21	22 Drum Practice 1-4 PM @ Blockhouse
23 AA Mtg 6 PM Gov Office	24	25 Food Bank 1-4 PM Pink Shawl 3-5 PM	26 Garden Party @ Tribal Garden 9:30 AM	27	28	29 Salmon Feast and Gathering @ Gold Hill
30 AA Mtg 6 PM Gov Office						

July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 AA Mtg 6 PM Gov Office	8	9 Food Bank 9-12 PM	10 Garden Party @ Tribal Garden 9:30 AM	11	12	13
14 AA Mtg 6 PM Gov Office	15	16	17	18 New South Clinic Open House 10- 12:30 PM	19 Cow Creek Pow-Wow @ S. Umpqua Falls- Fri, Sat, Sun	20
21 Garden Party @ Tribal Garden 9:30 AM	22	23 Food Bank 1-4 PM	24	25	26	27
28 AA Mtg 6 PM Gov Office	29	30	31			

Announcements

Births/New Enrollments

Jackson Byron Davis, Valerie Mae Baune, Otis Allen Malone, Sabel Irene Jones

Obituaries

No deaths reported

Upcoming Event Reminder

Elder's Culture Classes

These classes are happening on the 1st and 3rd Thursday from 1:00-4:00 PM in the Government Office Library. Call Rhonda for more information at 541-677-5575.

Elder's Potluck—, 12 :00 PM at Seven Feathers in the Grape Room, please RSVP.

Pink Shawl Work Sessions-June 11,18,25 - Aug 6,13,20,27. Times are from 3-5 PM in the Government South Conference Room. Volunteers are needed for multiple sewing projects. If you have any questions or if you would like to car-pool, please call Cindy Delay 541-677-5575.

Culture Camp—June 14, 15 and 16. Packets have been mailed . If you haven't received a packet and would like to attend or would like more information, contact Tabbitha Johnson @ 541-677-5575.

"Save the Date" - New South Clinic Open House will be Thursday, July 18 from 10:00 AM—12:30 PM. The address is 480 Wartahoo Ln, Canyonville.

The Tribal Office now has the 1st Takelma Language CD available. Please call Rhonda Malone to reserve a copy or to arrange pick up. Rhonda can be reached at 541-677-5575 or 1-800-929-8229.

Tribal Identification Cards



Tribal Identification Cards are available to all Tribal members upon request. To obtain an I.D. card, contact Janet at the Cow Creek Government Office at 541-677-5575 or 800-929-8229. You will be sent an application to fill out and sign. You will be required to enclose a photo and mail the completed application back to the Government Office for processing. Properly filled out applications will be processed with the Tribal Chairman's signature and will be mailed back to you. **Tribal I.D. cards are legal documents and are accepted as legal proof of identity.**

Address and Phone Number Updates



Tribal members are encouraged to maintain a current address and phone number at the Cow Creek Tribal Government Offices. Those who have minor children who are not living in their households should also make sure their children's updated addresses are on file at the Tribal Government Office. If your address has changed the Change of Address forms are available on the Cow Creek Website to print and mail or call the Government office at 541-672-9405 to have one mailed to you.

Cow Creek Band of Umpqua Tribe of Indians
2371 NE Stephens St. Suite 100 Roseburg, OR 97470
Phone: 541-672-9405 Fax: 541-673-0432
Toll Free: 800-929-8229



ONLINE JOBS...GO TO: uidchr.com

Visit us online @ cowcreek.com