

# KIUYUM-ID



We will be known forever  
by the tracks we leave.

VOLUME 24—ISSUE 11

November 2014

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## Cow Creek Land Conveyance Bill - Congressional Update

The Republicans took control of the Senate and picked up seats in the house in the 2014 election last week.

President Obama pledged to work with the Republicans on certain issues, but made it clear that he will veto specifically any attempts to repeal the Affordable Care Act.

There will be some changes to the current committee leadership in the Senate and House. Senator Lisa Murkowski of Alaska will become the new Chairwoman of the Energy and Natural Resources Committee which has jurisdiction over our reservation bill. Senator Murkowski and her staff have been very supportive of our legislation. The current chairwoman Mary Landrieu of Louisiana failed to secure a 50% of the vote in Louisiana so she will be in a run off on December 6th. If she were to lose, Senator Maria Cantwell of Washington would be next in line as the ranking member of that committee.

Current Finance Committee Chairman, Ron Wyden, is expected to be the new ranking member as Orran Hatch will become the new Chairman when Republicans take over the Senate in January.

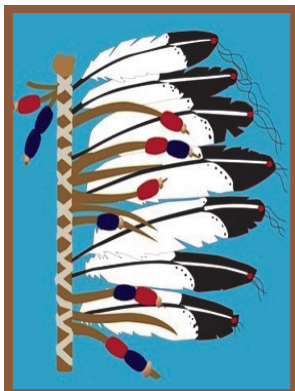
Senator Brasso will chair the Senate Indian Affairs Committee and Senator Tester is expected to be the ranking member.

In the House Natural Resources Committee, which also has jurisdiction over a reservation bill, Congressman Rob Bishop of Utah is expected to become the new chairman with the retirement of Doc Hastings of Washington.

Our congressman, Peter Defazio, is expected to step down as ranking member on the Natural Resources committee to become the ranking member on the Transportation and Infrastructure Committee. Congressman Grijalva or Congressman Pallone are expected to become the new ranking member. We are still assessing whether or not this will be a setback for a reservation bill.

As the ranking member on the House Transportation and Infrastructure Committee, Defazio will help develop the next Highway Reauthorization Bill and will be a very powerful member in the Democratic caucus, allowing him to use his seniority and leverage to pass bills that are important to him, especially bills like ours which are noncontroversial.

(Continued on page 2)



### Schedules:

#### Government Office Hrs:

Mon-Fri 8 AM–5 PM

#### Roseburg Clinic Hrs:

Mon-Fri 8 AM-4 PM

#### Canyonville Clinic Hrs:

Mon-Fri 8 AM-5 PM

#### No Walk-Ins

Please call for Same  
Day appointment

#### Office Closures

Nov. 26 @ 130

Nov. 27-28 Thanksgiving

Dec. 24 @ 130

Dec. 25-26 Christmas

## Land Conveyance bill-continued from front page

Congressman Don Young will remain chairman of the House Indian Affairs subcommittee and Tony Cardinas from California should become the new ranking member. Congressman Young is a great friend to the Cow Creek Tribe.

As you will recall, Chairman Wyden introduced a standalone bill which had a hearing in the Senate Energy Committee. Chairman Wyden also has an O&C Bill that includes our reservation language as well.

Also the reservation Bill passed the house twice as part of the larger Hastings/DeFazio O&C Bill. Congressman defies he has also introduced a standalone bill in the house.

There are a couple of ways that could allow the reservation bill to become law this year.

1. Wyden's standalone Bill is either passed by unanimous consent or becomes part of a larger lands package.
2. Congressman Defazio's standalone Bill gets passed in the house or becomes part of a larger land package.
- Or, 3. The differences between the House and Senate O&C bills gets resolved and is passed by the House and Senate.

Our Cow Creek Reservation team is staying on top of these constantly changing scenarios and making every effort to see the dream of our promised reservation a reality.

## Elder's Annual Dinner

There were six of our ten eldest Elders present. They are (left to right): Clementine Rice, Walter Lerwill, Berdine Yurgalevicz, Alec Van Norman, Sue Shaffer and Adelaide Winnie Mamerow. What an amazing evening to be together.



(left to right) Bill Rice, Chuck Jackson, Carole Oelrich, John Cox get in some good visiting time.



(left to right) Elizabeth Bryant, Rylee Gearin, Andrew Davis and Hunter Haataia were the servers



(left to right) David McAnelly, Elaine Davis, Larry Davis, Linda McAnelly, Marcella Golden and David Golden pose for a nice group shot



## Elder's Annual Dinner (continued from page 2)

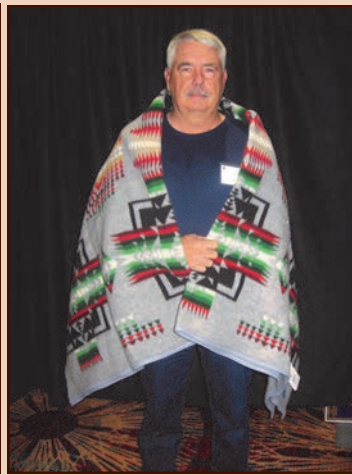
The Cow Creek 2014 Elder Honor Dinner was a great success! Elders traveled from far & abroad to come to this special annual event. We honored 11 Elders with Pendleton blankets in a traditional blanket ceremony. One special veterans blanket was given out to Del (Redhawk) Ansures.



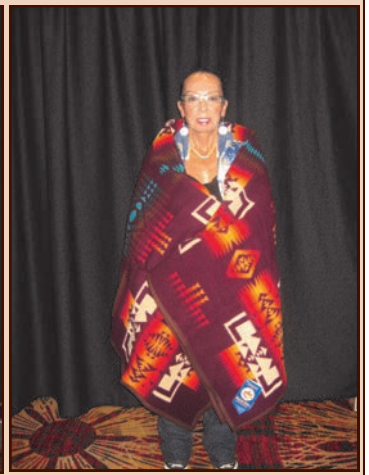
Luann Urban



Del (Redhawk) Ansures



Lonney Rainville



Shelli Dumont



Nancy Norwood



Donald VanNorman



Dan Courtney



Dennis Parson



Michael Campbell



Susan Holcomb



Garry Zimmerman

## Purchase & Referred Care (formerly CHS)

Purchase & Referred Care is funded by Indian Health Services to assist in paying medical services for Cow Creek Tribal members. Medical inflation has limited competitive pricing and options, therefore IHS requires strict adherence to specific guidelines to ensure the most effective use of PRC/CHS resources. These guidelines apply to qualifying factors such as medical priorities and eligibility requirements.

### PLEASE RETURN 2015 PRC/CHS APPLICATION BY 01/01/2015

#### Eligibility requirements:

- Must be on the Cow Creek Tribal Roll or pregnant with a tribal child.
- Must live within the service area (Coos, Deschutes, Douglas, Jackson, Josephine, Klamath and Lane counties)
- Must have a current PRC/CHS application on file.
- All changes in address, income and insurance must be reported to CHS. Failure to comply will result in suspension and or denial of PRC/CHS benefits.

#### Alternate resources: (Please attach insurance cards and or your pay check stubs to your 2015 PRC/CHS Applications.)

- Must apply for all alternate resources such as Oregon Health Plan (OHP), or Healthy Kids. Applications are available through our outreach worker at the Cow Creek Health & Wellness office (541-672-8533). You may choose to contact the Department of Human Services at 1-800-359-9517. Proof of acceptance or denial is required by PRC/CHS. **Denial for not providing the necessary paperwork required by OHP is a denial of PRC/CHS services.** All children under the age of 19 must apply for OHP or Healthy Kids.
- Must provide proof of insurance from Nesika Health Group or other insurance provided by employer or private company (**INCLUDE CARDHOLDERS NAME AND DATE OF BIRTH**)
- **All adults 19 years and older must provide proof of income status by either providing your current pay stub from your employer that shows your income is too high to qualify for OHP or your denial from OHP. This has to be submitted with your application.** You are required to continue to provide over income status **every six months** and report any changes, such as employment, insurance coverage, etc. Pay stubs can be mailed, faxed or brought to our outreach worker at the Cow Creek Health and Wellness office.

#### What you need to do!

- Provide all new Vendor phone numbers to CHS so we can call the office **7 days in advance of your appointment and request a W-9 be faxed to CHS (541-677-9870)**. All vendors need to be set up in our system before a PO can be issued for your appointment.
- **Call 3 days in advance for your PO#. All PO#'s are date sensitive and you are required to have one for each date of service.**
- A purchase order number is not a guarantee of payment.
- Example: If you go to the emergency room for a cold or other non- life threatening accident or illness, instead of going to your primary care doctor or an urgent care facility.
- Example: If you state that you had a log fall on you, but you were driving without a license and had an accident, PRC/CHS would not pay because it was false information and it happened while you were committing an illegal act.
- Example: If you have not completed your current year application or been told that the PO# is only good if you provide us with needed documentation and you fail to comply within 72 hrs. this will void your PO# and make the bill your responsibility.

**ALL VISITS REQUIRE A PO# AND ARE DATE SENSITIVE. Not calling in advance of your appointment for a PO# is the number one reason for denials.**

For more information on prior authorization (RMC) for surgeries or MRI's contact CHS/PRC at 541-672-8533 option #1.



**Cow Creek Band of Umpqua Tribe of Indians**  
**2371 N.E. Stephens Street, Suite 100**  
**Roseburg, OR 97470**  
**(541) 672-9405 Fax (541) 677-5565**

**Change of Address Form**

**[Please Note: Tribal Members Ages 18 & Over Must Complete & Sign Their Own Address Change Form]**

**Name:** \_\_\_\_\_  
Last First Middle

**Old Address:** \_\_\_\_\_  
Street

City State Zip

**New Address:** \_\_\_\_\_  
Street

City State Zip

**Phone Number: ( ) Message Number: ( )**

**Veteran? Yes \_\_\_ No \_\_\_ Branch of Military: Service Era:**

**Social Security #: - - Date of Birth:**

**Please List All Enrolled Minor Tribal Members Ages 17 & Under Who Are At This Address:**

**Name:** \_\_\_\_\_  
Last First Middle Date of Birth

Last First Middle Date of Birth

Last First Middle Date of Birth

Last First Middle Date of Birth

**Please Fill Out The Section If There Has Been A Name Change**

**Name:** \_\_\_\_\_  
Last First Middle

**New Name:** \_\_\_\_\_  
Last First Middle

**Reason For Name Change:** \_\_\_\_\_  
Married, Adopted, Legal Name Change, Etc.

**By signing below, I the adult Tribal member or adult representative for the minor Tribal member, certify the above information is correct:**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## Medicare Part B Reimbursements

If at any time during the 2014 calendar year **Medicare Part B** premiums were withheld from you or your spouse's Social Security benefit, you may qualify for reimbursement from the Tribe. A Tribal Member aged 65 or those receiving disability payments and paying for Medicare Part B insurance.

At the end of each calendar year, the Social Security Administration (SSA) sends recipients a **SSA-1099** form for tax purposes that details social security benefits. According to the Social Security Administration the **SSA-1099 forms for year 2014**, will be mailed to recipients by the last week of January 2015. The 1099 form is used for annual reimbursements, you will also receive a **statement letter** which is what one needs for monthly reimbursement payments. We do not need your original. Please send a copy or ask the front desk to make a copy for you. Please place the Tribal member name on the document as we don't always know who the tribal spouse is. Reimbursement checks will be distributed upon receipt at the beginning of the New Year. Please write how you would like your reimbursement either monthly or annually. A copy of your marriage certificate is also needed (**if you haven't sent it already**). You can also access this information by going online to ***mymedicare.gov***.

If Medicare Part B premiums were paid by you through a retirement account, pension fund, or by some other means, you may still be eligible for reimbursement. Please provide proof in which payment was made.

Andrea Davis can help with any questions you may have regarding this reimbursement. Call her at 541-677-5575.

## LIHEAP Program

**Energy Assistance**- We will be starting a new digital intake application process for this program. Tribal members with low income, who need assistance to pay an energy bill, please call Cindy Delay 541-677-5575 to schedule a 15 minute intake appointment. We will be eliminating paper applications.

***Required documents to bring with you:***

- ***Most recent utility bill***
- ***3 months proof of income from each household members***
- ***Photo Identification for all Household Members***
- ***SS cards for all Household Members (unless already on file)***
- ***Written Statement of explanation (if the utility bill is not in your name) and an official piece of mail in your name with same address that is on your utility bill***
- ***If 0 income write a statement of how you make ends meet***

## Food Bank Holiday Hours

Holidays are sneaking up on us soon please note available times to access Food bank:

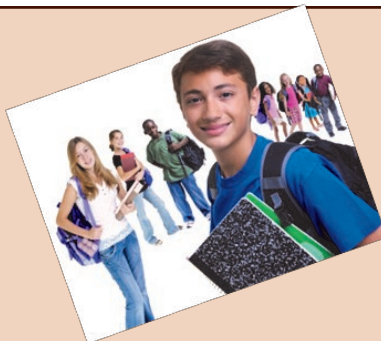
**Tuesday, Nov 25, 1:00 pm till 4:00 pm**

**Tuesday, Dec 9, 9:00 am till 12:00 pm**

**Tuesday, Dec 16, 1:00 till 12:00 pm**

Please note closure of food bank on Tuesday, Dec 23, 2014. Please be sure to save the date that works best for your schedule, so you can have a great holiday meal!

## Youth Programs

**Youth Education Program Benefits****Year End Requests**

Please remember to have any requests for services and/or reimbursements for your youth submitted by December 31, 2014 in order to receive their 2014 benefits. New benefits will start again on the 1<sup>st</sup> of January, 2015. For further questions, please call Tammie Hunt 541-677-5575 or email

[thunt@cowcreek.com](mailto:thunt@cowcreek.com).




**A  
CHRISTMAS  
STORY**

Youth Education Program is sponsoring  
48 tickets for ages 4 – *adult* to see the play

**A Christmas Story**

at the UACT Betty Long Unruh Theater

1614 West Harvard Ave., Roseburg

These tickets will be for the performances on:

**Saturday, November 29 @ 7:30 pm**

**&**

**Sunday, December 14 @ 2:00 pm**

**To reserve your tickets, please call**

**Tammie Hunt 541-677-5575**

This is an excellent opportunity to see some local talent and start the holiday season off with a bang.

**THE EDUCATION WORKFORCE  
CENTER IS OPEN!**

The center will allow high school and middle school students to have after school access to a computer lab for homework assignments, receive academic tutoring, and have a healthy snack. During the earlier part of the day, tribal members can utilize the center to search for jobs, write resumes, prepare for GED testing, increase levels of life and work skills, and receive workforce training. Many evening activities are being planned in early literacy, digital storytelling, prevention, and family nights. We are very excited to have the opportunity to bring this facility close to our tribal members in the Tri Cities area.

**The contact information is:**

**Address:** 213 S. Old Pacific Hwy, Ste.103

Tri City, OR

**Phone:** 541-860-7296



## Youth Pow wow at Seven Feathers

The Tribal Youth pow wow was put on by the Youth Education Program (YEP) to encourage our youth to take part in dancing and learn pow wow protocol. Bob Tom was the Master of Ceremonies, and Don Mocassin was the Arena Director. Five drums were in attendance. Mike and Lottie Hamrick cooked the salmon the traditional way. Dinner was served to all YEP families. The youth were gifted a sweatshirt with the new logo. It was attended by many and the elders which were having dinner the same evening came over to support the youth by watching their event.



Robert Lowell carries the Cow Creek flag



Andrew Davis carried the American flag for the Grand Entry



Little dancers Ellie Bochart, Lacey Lavine and Amara Mata with a crowd of onlookers



Grand Entry from the back of the line



Grand Entry



## Cow Creek Health & Wellness - Frequently Asked Questions:

We are expanding our services to include immediate family members of tribal members, tribal employees, and affiliated tribal members. The following may help clarify some important points in receiving care at the Cow Creek Health & Wellness Center (CCH&WC).

- ◆ **Who are eligible family members who can become patients of the (CCH&WC)?** A parent, sister, brother, grandparent, child or grandchild.
- ◆ **Who are ineligible family members who cannot become a new patient of the CCH&WC?** Step-parents, step-children from a previous marriage, cousins, close friends (like a sister), ex-spouses.
- ◆ **How can I get a New Patient Registration Packet?** Please call the clinic at either 541-672-8533 or 541-839-1345 to have a packet sent to you or stop by either clinic to pick one up.
- ◆ **How do I get an appointment?** Once your packet has been processed and you have been contacted that you can be seen at the clinic you can call and make an appointment. This process takes 2-3 business days. One of our benefit coordinators will contact you once this process is complete. You will then be sent a welcome packet explaining our services.
- ◆ **How long does it take to get an appointment?** For first time chronic conditions 2-3 weeks. For acute conditions like a sore throat, cough, flu the clinic can usually get you in within the week. The clinic has openings every day when it starts business.
- ◆ **What services does the CCH&WC offer?** CCH&WC is a family practice that offers the specialty of internal medicine. Services include; primary care, chronic care, acute care, mental health services with addiction medicine, nutrition and diabetes services. Both clinics offer laboratory services with our south clinic providing radiology services.
- ◆ **Do you bill my insurance?** Yes, we bill insurances. You will need to contact your insurance to make sure we are on their list of preferred providers. The clinic is working on contracting with all insurance carriers. If we are not on the insurance carriers preferred list you may be responsible for a higher co insurance amount, which is the amount you have to pay. We can work with you via a payment plan. If we are not on your carriers plan please contact us so we may look into contracting with them.
- ◆ **Do you offer a discount?** Yes, we offer a 10% discount to all our patients each visit.
- ◆ **Do you have a pharmacy?** The clinic has partnered with Hometown Drug as our tribal pharmacy. There is a significant savings for patients with no pharmacy coverage. They offer delivery and mail service.



## Attention Business Owners



*The Tribe maintains and uses a registry of Native-owned businesses when getting bids for various business services and projects. Being on this registry ensures you are given the opportunity to bid on qualified projects and business opportunities. To add your business to the registry or for more information, contact Nichole Wood at 541-677-5575*

# November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 AA Mtg 6 PM Gov Office	3 Financial Peace Class 530-730 PM -S. Bldg	4	5 Financial Peace Class 530-730 PM -S. Bldg Parenting Class 530-730 PM Boardroom	6 American Indian College Night 3-9	7	8 Youth Pow Wow @ 7F Elder's Annual Dinner @ 7F Azalea Rm 2:30 PM
9 <b>General Council Mtg 10 am</b> Elders Brkfst @7F Grape Rm	10 College Application Day Boardroom 2 PM-6 PM Financial Peace Class 530-730 PM -S. Bldg	11 Food Bank 9-12 PM	12 Financial Peace Class 530-730 PM -S. Bldg	13 Lakelma Language Class @ Blockhouse	14	15
16 AA Mtg 6 PM Gov Office	17 Financial Peace Class 530-730 PM -S. Bldg	18	19 Financial Peace Class 530-730 PM -S. Bldg	20	21	22
23 AA Mtg 6 PM Gov Office	24 Financial Peace Class 530-730 PM -S. Bldg	25 Food Bank 1-4 PM	26 No Financial Class	27 	28	29
30 AA Mtg 6 PM Gov Office						

# December 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Elder's Holiday Luncheon @ 7F 12 PM	6
7 AA Mtg 6 PM Gov Office	8	9 Food Bank 9-12 PM	10	11	12	13
14 AA Mtg 6 PM Gov Office	15	16 Food Bank 1-4 PM	17	18	19	20
21 AA Mtg 6 PM Gov Office	22	23	24	25 	26	27
28 AA Mtg 6 PM Gov Office	29	30	31			



## Announcements

### Births/New Enrollments

Madisyn Raye Dodge, Wesley Dean Davids, River Addison Norgard

### Obituaries

James Russell Parry

## Address Updates for Annual Distribution Check Mailing

**The tribal distribution checks were mailed out November on 14th. If there are any tribal members that are turning 18 by December 10th, Accounting will need a W-9 form before their check will be mailed out.** If your address has changed, the Address Change form is now located on page 5 of this newsletter. Just fill it out and mail it to the Government office address on the form or it can be faxed to 541-677-5565.



Those who have minor children who are not living in their households should also make sure their children's updated addresses are on file at the tribal Government Office. Youth related events and Trust Fund information won't be relayed properly if addresses aren't correct for them as well.

## Future Tribal Events

### Upcoming Elder's Events



#### Elder's Holiday Luncheon

On Friday, December 5th at 12:00 PM in the Grape & Huckleberry rooms we will be having our Elders Holiday Luncheon. Bring a gift if you want to participate in the gift exchange (limit \$5.00). This is a fun time to share memories of the holidays, and make new ones. Please call Cindy Delay, 541-677-5575, to make your reservations in advance so we can determine how much food is needed.

#### Jan 9 Elder Luncheon & Bingo

Friday, Jan 9, 2015      12:00 pm      Grape & Huckleberry Room Seven Feathers Casino

***\*Please RSVP a week early for all Elder Events to Cindy Delay 541-677-5575. This reserves your seat and enough food for everyone attending. Thank you for your promptness, it is much appreciated!***



*Honoring all who served and who are continuing to serve!*

*From the Cow Creek Band of Umpqua Tribe of Indians*

*Thank you!*

*Cow Creek Band of Umpqua Tribe of Indians*  
*2371 NE Stephens St. Suite 100 Roseburg, OR 97470*  
*Phone: 541-672-9405 Fax: 541-673-0432*  
*Toll Free: 800-929-8229*



ONLINE JOBS...GO TO: [uidchr.com](http://uidchr.com)

Visit us online @ [cowcreek.com](http://cowcreek.com)