

# KIUYUM-ID



We will be known forever  
by the tracks we leave.

VOLUME 24—ISSUE 2

February 2014

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## Schedules:

### Government Office Hrs:

Mon-Fri 8 AM–5 PM

### Roseburg Clinic Hrs:

Mon-Fri 8 AM-4 PM

### Canyonville Clinic Hrs:

Mon-Fri 8 AM-5 PM

Appointments are encouraged - Walk-ins are always welcome.

### Office Closures

Feb. 17- President's Day

## 2013 Annual Programs Report

**During 2013, the Cow Creek Band of Umpqua Tribe of Indians administered several programs for the benefit of tribal membership.**

### Aid to Tribal Government –(ATG)

The ATG program was utilized mainly for planning, realty services (land into trust), tribal enrollment, elections and inventory. The ATG staff was utilized to plan, forecast and coordinate activities to develop and maintain tribal properties as well as to coordinate efforts for land acquisition and all necessary related projects of the “land into trust” process.

### Education Programs -(Adult Vocational Training, Adult Education and Higher Education)

During 2013, a total of 56 adult tribal members were assisted with funding from the Education Programs. Areas of study include Agriculture Science, Anthropology, Biology, Chemistry, Computer Science, Communications, Childhood Development, Education, English Literature, Environmental Sciences, General Engineering, Graphic Arts/Design, Horticulture, Nursing, Psychology, Veterinarian Medicine and General Studies. Nine students were assisted in the Adult Vocational Training Program. One hundred thirty six tribal students received direct services from the JOM Program which included parental costs assistance, youth activities and school supplies. Group activities were Culture Camp, Pow-Wow, beading and regalia making classes. Youth activities included tours of tribal businesses, visiting local museums, Wildlife

Safari, skating at the YMCA and Youth Garden Days which taught our youth about the Three Sisters Gardening method.

### Low Income Home Energy Assistance Program (LIHEAP)

In 2013, a total of 48 families received LIHEAP assistance for energy assistance. In addition, information packets including budgeting tools were provided to individuals and families in an effort to help them take control of their own possible energy crisis situations.

### Child Care Assistance Program

Last year, 11 families received assistance through the Child Care Program. Recipients utilized this program that provided quality child care while attending work, specialized training, or college. This program provides assistance on a structure payment scale dependent upon the family's income.

Also provided through this program is assistance for the child care providers of tribal children to attain CPR and First Aid certification.

### Social Service Block Grant Program (SSBG) - Parenting Program

Funds derived from the SSBG program were utilized in 2013 to provide parenting packet information and presentations to tribal families through Family Outdoor Recreation and the Summer Time Movie Club. There were 22 families assisted through these activities.

### Cultural Development Program

During 2013, continued efforts were placed on further expanding cultural educational

## 2013 Annual Programs Report (continued)

opportunities. During the annual Cow Creek Culture Camp, a traditional salmon ceremony was held in addition to demonstrations and instruction given to tribal families on traditional preparation of salmon.

Collection of baskets, regalia, hunting and fishing gear are continuing and being developed as a living display housed in the Cow Creek Government Office. This display is being utilized to teach tribal children and the community the hunting and subsistence methods of the tribe. Many of these items have been taken to local schools for cultural education presentations. Efforts continue to acquire and expand authentic and replicated artifacts as well as arts and crafts to be displayed.

### **Natural Resources Program**

In 2013, the Natural Resources Department hired two Tribal members, Tabbitha Johnson and Dustin Looney. We advanced Tribal sovereignty by EPA granting the Tribe's 319 water quality status which is the ability to regulate water quality on Tribal lands and by formal Federal approval of our Tribal Historic Preservation Office which assumes some of the functions of the State Historic Preservation office. We continued our fisheries work in Elk Creek through the placement of instream structures and native plantings. Coho Surveys were conducted on Jordan Creek and a smallmouth bass predation study was conducted in the Umpqua basin. Staff evaluated the hunting programs and added an antlerless deer hunt and goose hunt for members, assisted ODFW in a blacktail deer study and provide ceremonial elk meet for Tribal functions. In the gardens we placed four informational kiosks, 4 picnic tables and a shed. With our Tribal Gardens produce, we provided food to the Tribal Food bank, Tribal restaurants and Tribal members. Archeology staff consulted on 745 projects in our Ancestral territory, monitored 41 projects and continued work on building an informational database. We completed an Environmental Assessment on the treatment of noxious weeds, removed 100 acres of blackberries, worked on a wetlands program plan and monitored water quality in Elk Creek, Jordan Creek and Cow Creek. Over 644 maps were created to enhance tribal decision-making. Natural Resources staff supported the Tribe's land bill process through mapping, analysis and data acquisition as well as meeting with congressional staff. Cultural staff piloted the first ever Taklema language class and is working on revising the class for 2014. We

worked with the Canyonville museum to build a

plank house, brought Tribal members to hike at Table Rocks, conducted elder interviews, helped organize culture camp, revamped tribal displays at the government office, provided information for BLM's Junior Ranger booklet, held basket and regalia making classes, canning classes and had Shinney sticks made for introduction to Shinney activities in 2014. We look forward to another productive year.

### **Cow Creek Health and Wellness Center (CCHWC)**

During 2013, a total of 303 tribal patients made 1,163 visits to the Cow Creek Health and Wellness Center. This figure includes Cow Creek Tribal members and other federally recognized Indians as well. The clinic is staffed with the following providers and healthcare workers: Physicians, Nurses, Nurse Practitioner, Certified Medical Assistant, Certified Phlebotomist, Podiatrist, Psychologist, Psychiatrist, Nutritionist, Health Educator, Behavioral Health Counselor, Benefits Coordinator and an Alcohol and Drug Counselor.

### **Joslin Vision Network (JVN) Program**

In 2013, Cow Creek Tribal Health Clinic staff provided eye exam screenings for diabetic retinopathy abnormalities in 32 patients. The screenings take place in the tribal clinic, but results of the exam are read and analyzed by Indian Health Services at the Phoenix Indian Hospital Ophthalmology Department in Phoenix, Arizona.

### **Heartsaver/Healthcare Provider/First Aid Course**

The Cow Creek Health and Wellness staff offered various certification courses for tribal members and staff during 2013. The classes provided were the Heartsavers CPR classes, First Aid classes and Health Care Provider classes. A total of 24 people were certified.

### **Cow Creek Contract Health Program (CHS)**

In 2013, the Cow Creek Contract Health Services staff issued 5,200 purchase orders totaling \$756,000 for tribal members utilizing the program Contract Health Services is funded through the Indian Health Service and is restricted to the tribal service area as mandated by federal regulations. This program has eligibility requirements and requires prior approval before each visit to any provider outside the Cow Creek Health and wellness Center.

### **Diabetes Prevention Program (DPP)**

This program is designed to identify pre-diabetic patients,

## 2013 Annual Programs Report (continued)

provide education and support to make lifestyle changes that will help prevent diabetes and the complications associated with the disease. In 2013, approximately 70 patients participated in either individual appointments or group classes, which included exercise, meal planning and nutrition and health lifestyle choices.

### **Behavioral Health Program**

During 2013, over 160 patients/families received counseling services each month from the Cow Creek Health and Wellness Center. In addition to direct services to tribal members, the Behavioral Health Department was active as part of the Diabetes Management Team as well as provided oversight and facilitation of the Juvenile Crime Prevention Grant.

### **Maternal Child Health Program**

The goals of the Maternal Child Health Program are to educate and provide learning opportunities for pregnant mothers and children, specifically in dental health care. In 2013, more than 52 tribal members and their families participated in the program.

### **Nutrition Program**

The Nutrition Program provides services to over 101 diabetic patients annually. This program is not just for diabetic patients, but addresses obesity and cholesterol issues as well. Some activities provided in this program range from individual counseling to cooking classes, community walk/runs, lunch and learn programs, and the Fall Dog Show for patients to show off the uniqueness of their K9 companions.

### **Cow Creek Medicare Part B Reimbursement Program**

Unlike Medicare Part A, which covers a wide range of hospitalization and inpatient services, nearly everyone that has Part B coverage must pay a monthly premium. Medicare Part B is additional coverage to assist eligible recipients to pay for doctor's services, outpatient, and other medically necessary services that are not covered under Part A. This premium is usually deducted from Social Security Income and is the amount that is reimbursable by the tribal program. This program has no service area restriction.

In 2013, there were 96 tribal members who participated in the reimbursement program. This program offers the option of a monthly or annual reimbursement. Those that chose an annual reimbursement totaled 61, while 35

members requested a monthly reimbursement.

### **Tribal Dental Health Program (TDHP)**

The Tribal Dental Health Program provided all enrolled tribal members, regardless of where they reside, a \$1,500.00 benefit in dental care services that included preventative care, fillings, extractions, root canals and crowns. During 2013, 681 tribal members utilized this program for a total amount of \$215,500.

### **Over the Counter Program**

In 2013, the Cow Creek Health and Wellness center processed 551 purchase orders for the Over-The-Counter Program. Over 564 tribal members residing within the tribal service area utilized \$34,386.26 in over-the-counter medications and preventative health products. There were 410 tribal members outside the tribal service area that utilized \$24,838.84 in over-the-counter medications and preventative health products. This program provides funding for health related items such as vitamins, first aid materials, toothbrushes and cold medications.

### **Alcohol & Drug Program (A&D)**

In 2013, the A&D Program funds were utilized in coordination with other tribal programs to enhance youth/family prevention activities and services that promote accountability to sobriety, financial independence, social well being and community. Specifically the A&D program participated in two tribal health fairs, two "Summer Movie" events, the Strengthening Families "Family Camp" and several other family oriented events. In addition to these activities, the A&D staff conducted over 40 alcohol and drug assessments.

### **Nesika Health Group**

For 2013, there was on average 296 tribal members enrolled in the Nesika Health Group Insurance Program, with an additional 605 family member dependents. More than \$936,000 was paid out for pharmacy, dental and vision services. Tribal members enrolled in Nesika paid between \$50.00 and \$150.00, depending on family size and if they also have Medicare, however, the premium for the insurance is actually \$550.00 per enrollee. To cover the full premium for the tribal membership and their families, the Tribal Board has approved an additional \$1,800,000 annually for this purpose.



**2013 Annual Programs Report (continued)****Tribal Distribution**

In 2013, Cow Creek tribal members received a tribal distribution check in the amount of \$800 from tribal gaming and business revenue. In November, 981 tribal members received a total of just under \$785,000. An additional \$520,800 was placed in the Tribal Minor Trust Fund for 651 tribal members under the age of 18 years. There were also 38 new born tribal members that were enrolled and received the initial \$1,000.00 deposited into their Tribal Minor Trust Fund for a total of \$38,000.

**Tribal Elders Monthly Distribution**

The Tribal Elders Monthly Distribution Program paid out \$450 monthly to 121 tribal elders, for an annual total of \$653,400 in 2013. Tribal members become eligible to receive the monthly elder's distribution when they reach the age of 60.

**Tribal Burial Benefit**

In addition to providing \$3,500.00 towards the cost of funeral expenses for tribal members, program guidelines for the Tribal Burial Benefit were modified in 2008 to include burial assistance for tribal spouses. In 2013, the program covered six deaths. Burial assistance provided by the Tribe totaled \$20,300.

**Tribal Housing Program**

In 2013, there were 33 tribal housing units available. Of these units, 18 are located on Taylor Street and 10 are located on Pamela Court nearby. All were occupied by

Cow Creek Tribal members. In 2013, thirty two Tribal members were assisted and 14 were on a waiting list. Rental amounts for these properties are determined individually based on income.

**Housing Down Payment/Repair Program**

Thirty three Tribal members received assistance through the Tribal Housing Program during 2013. Eleven Tribal members were assisted with down payments and 22 were assisted with repairs to their homes. This program offered \$3,500 to Tribal members for assistance with a down payment on the purchase of a new home or for repairs to an existing home. Total expenditures for 2013 in the Tribal Housing Program were \$76,142.

**Project Warmth**

In 2013, a total of 205 families with children were assisted by Project Warmth for a total cost of \$3,663.80. Every family who applied for assistance could receive up to a \$25 reimbursement on a coat and up to \$25 on a pair of shoes per child.

**Food Program**

In 2013, a total of 250 families were assisted with a supplemental food box consisting of canned fruits, vegetables, meats, beans and rice, as well as other food staples, through the Food Program. The Tribal Garden provided families with fresh fruits and vegetables throughout the summer of 2013.

**Spring Break Culture Days**

There will be several culturally significant activities during Spring Break 2014. The activities and dates are as follows:

- Takelma Language Class @ the Government Office-Monday March 24, 2014
- Table Rock Hike-Tuesday, March 25, 2014
- South Umpqua Falls Trip-Wednesday March 25, 2014
- Shinny-Thursday March 26, 2014
- Lamprey Fishing Day-Friday March 27, 2014

For more information please contact Tabbitha Johnson, Cultural Education Assistant at: [Tjohnson@cowcreek.com](mailto:Tjohnson@cowcreek.com) or call 541-677-5575.

## Radon Tests Provided by EPA



Currently, the Natural Resource Department has 30 radon canister tests that were provided by EPA that are free for tribal members.

### What is Radon?

Radon is a naturally occurring radioactive gas that is colorless, odorless, and tasteless. It is formed by the natural breakdown of uranium in rock, soil and water.

### How does it get into your home?

Radon gas moves up through the soil and can be drawn into our homes by slight pressure differences. Once inside, radon can become trapped and build up to unsafe levels.

### What is the threat to you?

The average level of radon gas outside is .4 psi, but when radon gas reaches levels above 4.0 psi then this exposure can increase your risk of lung cancer.

### How to know if radon is in your home?

The only way to know if you have it is to test for it. The test kit includes a charcoal canister which radon is absorbed onto and then is measured at EPA's lab. The test can be deployed for 2 to 7 days depending on how much time you have. Leaving the canister out for 7 days will ensure a better test result though.

\*If you're interested in having your home tested please call the Environmental Specialist, Heather Bartlett, at 541-492-5205. These tests need to be picked up and brought back to the office by March 3, 2014 in order to get them into EPA's lab on time.

## Youth Activities Committee



Youth Activities Committee meets every 2<sup>nd</sup> Monday of the month from 5 – 7 pm in the South Building Conference room. We welcome all interested parents to attend with their creative ideas and help. For more information, please contact Tammie Hunt @ 541-677-5575.

## "Logging stories...do you have one to tell?"



The Canyonville Pioneer and Indian Museum in Canyonville, Oregon is beginning to pull together stories for the 2014 Pioneer Days book with its focus on Logging in Southern Douglas County. If you have a story, no matter how short or long it is, please write it down, tell it to another person, have them record it and get it turned into Rhonda Malone at the tribal office. If you are a tree faller, choker setter, wife of a logger, child of an old logging family etc, etc....and you have a story to tell let's tell it! If you would like some help getting your story out give Rhonda a call at 541-677-5575.

## Contract Health News

The sun was shining and the groundhog saw his shadow this year, so six more weeks of winter. Hopefully we will get some rain. With spring fast approaching it is time to be sure we have the needed vaccinations and good supply of sun-screen.

If you only have CHS for coverage it is very important that you use the Cow Creek Health and Wellness Center for your care and the Hometown Pharmacy for all RX needs as this allows you to use the 340B plan and save the tribe a lot on pharmacy costs, which is a huge cost to CHS.

The 340B pharmacy saves CHS huge amounts if you have your prescriptions written by the Cow Creek Health and Wellness Center to the Hometown Pharmacy even if you have a primary insurance. Hometown Pharmacy will bill us for your co-pays if you are eligible for CHS. You have to live within the seven counties and have a 2014 application on file. Always call for a purchase order 2-3 days in advance.

If your 2014 application has not been received by CHS you have no coverage until your 2014 application is received by CHS.

If you have questions please call 541-672-8533 or 541-839-1345.

## February is Heart Health Month



February is National Women's Heart Health Month. Heart disease is the number 1 killer of women in this country but heart disease is preventable and controllable.

Here are some things you can do to help you prevent heart disease:

1. Maintain a healthy diet
2. Maintain a healthy weight
3. Exercise regularly
4. Monitor your blood pressure
5. Do not smoke
6. Limit alcohol intake
7. Get your cholesterol checked
8. Manage your diabetes
9. Take your blood pressure medications regularly

Cow Creek Health and Wellness urges you to come in and see if you are at risk. Schedule yourself for a physical, blood pressure check and blood work to make sure you stay "Heart Healthy!" Call us at 541 839-1345 or 541 672-8533.

**BLOOD PRESSURE CHECKS ARE ALWAYS FREE AT BOTH THE ROSEBURG AND CANYONVILLE CLINICS !!**



## Tribal Member Focus - Introducing Tammy Rondeau



Hi, my name is Tammy Rondeau and I am a member of the George Rondeau Family. I am the Executive Assistant for the Cow Creek Gaming & Regulatory Commission and have worked with the Tribe for 19 years (as of March 15, 2014). I conduct the background investigations for applicants of Seven Feathers, to ensure they meet all licensing requirements within the Tribal/State Compact as well as all other Tribal businesses.

I was born and raised in Myrtle Creek and graduated from South Umpqua High School. I started working for the Tribe when I was just nineteen, after seeing a job for an Administrative Assistant advertised in the Tribal Newsletter. Although I was unsure that I met the qualifications, the Education Director at the time, Yvonne McCafferty, contacted me and encouraged me to apply. I guess you could say the rest is history! I have

been fortunate to have wonderful mentors along the way that have helped me grow not only professionally, but personally as well.

I wasn't greatly involved with Tribal events at first, but over time I've participated in and helped execute some wonderful programs. I started by joining the Election Committee and then the Child Protection Team. I have also been a member of the UIDC Board since August of 2000. In 2006, I took over the coordination of the Cow Creek Tribal Pow-Wow, and most recently I began overseeing the Cow Creek Tribal Family Picnic. In 2008, I implemented the "Blue Jeans for the Holidays" program. This program allows Government Office employees to wear jeans every Friday by paying a small fee. The funds collected are then used to help Tribal Elders, Students, Individuals and/or Families that may need a little extra during the Holiday season.

I believe you should always be willing to help others, whether it is friends, family or co-workers, you should always be willing to give a helping hand. It will not only benefit you greatly as a person, but those you are helping as well.

## Youth Activity

### SAVE THE DATE

Youth ages 3 - 18

LET'S GO SWIMMING AND VISIT THE PIONEER MUSEUM

WHEN: Sunday March 2, 2014, 2pm-5pm

WHERE: To begin at the Museum in Canyonville

A flyer will be coming in the mail shortly with more details.

Or you can call, 541-677-5575



## Winter Steelhead Release Dates/ Volunteers Needed

Fisheries in the Natural Resources Department is looking for volunteers to help out with winter steelhead releases on Canyon Creek and Seven Feathers acclimation sites. The dates for the releases are as follows:

- ◆ February 18, 2014
- ◆ March 13, 2014
- ◆ April 9, 2014
- ◆ April 29, 2014 (Tentative)

If you are interested in helping at the Canyonville site the day gets started at 8:30 AM. If you want to help at the Seven Feathers site please be there at 12:00 PM. You are welcome to help at both sites if you have the time.

The release days are a lot of fun. Students from Douglas County schools come down to learn about various fisheries topics and to send the fish on their way downstream. An extra set of hands is always needed to help out.

We are also looking for volunteers to help with the coho surveys on Jordan Creek in February.

If you are interested in volunteering or for more information, please contact Kelly Coates, Fisheries Biologist at: [KCoates@cowcreek.com](mailto:KCoates@cowcreek.com) or call 541-677-5575.

## "Dress In Blue Day"



### Friday, March 7th, is "Dress in Blue Day" to support Colon Cancer Awareness Month.

Colon cancer is the third most common cancer in the United States and the second leading cause of cancer death. But it doesn't have to be this way; through screening, it is one of the most preventable diseases. It is 90% curable if detected early.

Colon cancer is most often found in people 50 years or older but is currently on the rise in younger groups. Family history also has a significant impact on one's risk. In fact, people with a first-degree relative who has colon cancer are 2-3 times more likely to develop the disease.

Screening detects precancerous polyps and allows them to be removed before turning into cancer. Screening also helps find colon cancer at an early stage, when treatment is most effective. Take control of your life and your health — if you're turning 50 or are experiencing abnormal symptoms, get screened. And urge those you love to do the same.

Call or come in to Cow Creek Health and Wellness and let us set up a screening colonoscopy appointment for you.



## Baked Butternut Squash Stuffed With Apples and Sausage



2 (1 lb) butternut squash, halved and seeded  
1 tablespoon vegetable oil  
8 ounces fresh bulk sausage (I use JimmyDean's Maple)  
2 apples, peeled and cubed into 1/4-inch cubes  
2 tablespoons butter  
1/2 cup chopped pecans  
1 tablespoon brown sugar  
1/4 teaspoon ground sage

salt and pepper  
1 tablespoon butter, cut into bits  
1 tablespoon brown sugar

**Total Time: 1 hrs 50 mins**  
**Cook Time: 1 hrs**  
**Oven Temp: 375**

### Directions:

- 1 Preheat oven to 375.
- 2 Lightly oil baking dish.
- 3 Half squash lengthwise and remove seeds.
- 4 Arrange squash cut side up on the baking dish.
- 5 Brush lightly with oil and cover with foil.
- 6 Bake until almost tender, 30-40 minutes.
- 7 Keep the oven on.
- 8 Meanwhile, crumble the sausage into a skillet and cook over medium heat until no longer pink.
- 9 Add apple.
- 10 Cook, stirring until crisp-tender.
- 11 Let cool slightly.
- 12 Scoop out the squash, leaving 3/8 inch thick shells.
- 13 Lightly mix the squash pulp into the sausage mixture breaking up squash as little as possible.
- 14 Mix the butter, brown sugar, pecans, sage, salt and pepper.
- 15 Pile the stuffing into the squash halves.
- 16 Dot with bits of butter and brown sugar.
- 17 Bake uncovered until piping hot and brown and crusty on top, 20-25 minutes.
- 18 Let cool for several minutes before serving.

# March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Drum Class 12-3 PM Block House
2 AA Mtg 6 PM Gov Office Youth Ed Program 2-5 pm swimming & Museum	3	4	5	6 Elder's Culture Class 1-4 PM Gov Library	7 Tribal Board mtng at Red Lion Hotel in Port Angeles, WA @ 7 PM	Tribal Board mtng at Red Lion Hotel in Kelso, WA @ 1 PM
9 AA Mtg 6 PM Gov Office	10 Youth Ed Committee Mtg 5-7 PM Gov Office S. Bldg	11 Food Bank 9-12 PM	12	13	14	15
16 AA Mtg 6 PM Gov Office	17	18	19	20 Elder's Culture Class 1-4 PM Gov Library	21	22
23 AA Mtg 6 PM Gov Office	24 Takeima Language Class @ Gov. Office S. Bldg from 10 AM-2 PM	25 Food Bank 1-4 PM Table Rock Hike	26 South Umpqua Falls Trip	27 Shinny Game	28 Lamprey Fishing Day	29
30 AA Mtg 6 PM Gov Office	31					

## Announcements

### Births/New Enrollments

Kaya Marie Jackson, Maverick Riece Jones and Kadence Grace Kennington

### Obituaries

No Deaths were reported

## More Future Events to Plan for

Drum practice will be Saturday, March 1st at the Block House behind the casino in Canyonville from 12-3. Potluck will be from 12-1 and all are welcome. Contact Rhonda Malone for more information at 541-677-5575 or by email at rrmalone@cowcreek.com

On April 23, 2014 there will be a Tribal Cultural Trauma History presentation at Seven Feathers. Daycare will be provided for those that need it. Rhonda Malone is the contact for more information on this event. She can be reached at: Rmalone@cowcreek.com or 541-677-5575.

On May 17, 2014 there will be a Rock Shelter hike up the North Umpqua River.  
June 20, 21 and 22, 2014 is the date for Culture Camp at Bare Park

Contact the Culture Department for more information on any of the events listed above. The phone number is 541-677-5575 or email Tabbitha at Tjohnson@cowcreek.com or Rhonda at RMalone@cowcreek.com.

**Be watching for information on Exercise classes to be offered in March by the Health and Wellness Center.**

## Address and Phone Number Updates, Very Important!



If your address has changed, the Address Change forms are available on the Cow Creek Website to print and mail, or call the Government Office at 541-672-9405 to have one mailed to you. **Address changes can no longer be made over the phone.**

Those who have minor children who are not living in their households should also make sure their children's updated addresses are on file at the tribal Government Office. Trust Fund Statements, youth related events and other information won't be relayed properly if mailing addresses are not correct.

## Tribal Identification Cards



Tribal Identification Cards are available to all tribal members upon request. To obtain an I.D. card, contact Janet at the Cow Creek Government Office at 541-677-5575 or 800-929-8229. You will be sent an application to fill out and sign. You will be required to enclose a photo and mail the completed application back to the Government Office for processing. Properly filled out applications will be processed with the tribal Chairman's signature and will be mailed back to you. **Tribal I.D. cards are legal documents and are accepted as legal proof of identity.**



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