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## From the Chairman's Desk



Oregon's Legislative Commission on Indian Services marked its 40<sup>th</sup> Anniversary on Thursday, May 14<sup>th</sup>. The state's top legislators and tribal representatives gathered at the capitol to celebrate. The Legislative Commission on Indian Services was created by statute in 1975 to improve services to Native Americans in Oregon. There are 13 members – nine Tribal and two each from the Oregon House and Senate. All proposed state legislation is filtered through the commission so that Tribes can provide input when necessary. Oregon is one of the few states that recognize Tribal sovereignty.

The first proclamation by the Governor honored the 40<sup>th</sup> anniversary of the Legislative Commission on Indian Services. Governor Brown said "Today, we celebrate 40 years of this national model of government-to-government; a model that strives to make this place we call Oregon a better place for the next seven generations. LCIS has worked to ensure Oregon honors and preserves the rich heritage and culture of our Tribes." The ceremony consisted of a Tribal flag procession through the rotunda where each of the nine tribes presented their flags. A Color Guard, Drummers, Veterans and speeches from Secretary of State Jeanne Atkins, Oregon Senate President Peter Courtney and Speaker of the House Tina Kotek were featured as well.



### Schedules:

#### Government Office Hrs:

Mon-Fri 8 AM–5:00PM

#### Roseburg Clinic Hrs:

Mon-Fri 8 AM-5:30 PM

#### Canyonville Clinic Hrs:

Mon-Fri 8 AM-5:30 PM

#### No Walk-Ins

Please call for Same  
Day appointment

#### Office Closures

July 3 - Independence  
Day Holiday



Chairman Dan Courtney and Yvonne McCafferty joined Governor Brown at her home with the other tribes at an early reception



The nine Federally recognized tribes and other representatives pose here with Gov. Kate Brown during the ceremony.

The second proclamation proclaimed May 16<sup>th</sup> – 23<sup>rd</sup> as American Indian week in the state. Governor Brown said "In honor of the nine federally recognized Tribes in Oregon, I have declared this week to be American Indian Week."



## Improving Patient Care (IPC) Initiative Results in Cow Creek Health & Wellness Center Receiving a National and Regional Award



This award was presented to Sharon by the Indian Health Service

The Cow Creek Health and Wellness Center (CCHWC) has been participating in the Indian Health Service's national Improving Patient Care (IPC) initiative since the summer of 2013. The two year effort has been successful, resulting in better patient healthcare, and in the CCHWC receiving two awards.

On Friday, May 29, 2015, Dr. Sharon Stanphill, Director of the CCHWC, traveled to the National Institute of Health in Bethesda, Maryland, to accept the first of the two awards, the highest award given by the Indian Health Service (IHS), the Directors Award. In accepting the award, Dr. Stanphill said, "We truly believe our first priority is getting patients and their families the care they need when they need it. Our staff is extremely dedicated to assuring the medical care provided to patients is of the highest standard. We also make sure patients are actively participating in their healthcare decisions."

On June 19, in Portland, Oregon, a second award that recognizes the CCHWC's IPC achievements will be presented by the Portland Area Indian Health Services at their Recognition of Excellence Ceremony. When asked about the award, Dean Seyler, Portland Area Indian Health Services Director, said, "I am honored to recognize the Cow Creek Health & Wellness Center's contributions to the mission of Indian Health Services and their exemplary effort to elevate the health status of American Indian and Alaska Native communities."

In a survey about what IPC brought to treatment, patients commented positively. Changes had been noticed and patients made comments about them: the formation of medical home teams; being assigned to their provider of choice; ease of making an appointment; reduced wait times; the addition of services such as radiology, and the expansion of behavioral health services. The survey provided patients with an opportunity to make suggestions about additional changes. Those suggestions where possible have been incorporated into the CCHWC's procedures.

The Cow Creek Health & Wellness Center delivers healthcare on two campuses: one located in Roseburg, Oregon (north campus) and the other twenty-seven miles south in Canyonville, Oregon (south campus). Today, the CCHWC employs fifty healthcare staff between the two campuses. The medical clinic has been serving Tribal Members and their families as well as employees and their families since April of 2000.

With the Cow Creek Umpqua Tribal Board making healthcare a top priority, the Cow Creek Health & Wellness Center is one of the fastest growing medical clinics in the Pacific Northwest.



COW CREEK HEALTH & WELLNESS CENTER STAFF



## Education Department



### Do You Know of a 2015 High School Graduate????

The Cow Creek Education Department is looking for contact information for all 2015 High School Graduates. If you are one, or know of one, please contact the Education Department. We are looking for names and current addresses of our high school graduates. The Education Department would like to acknowledge these graduates and their hard efforts in this tremendous milestone. Send contact information to [thunt@cowcreek.com](mailto:thunt@cowcreek.com) or call Tammie Hunt 541-677-5575.

### Cow Creek Scholarship Applications Coming Soon!



It's almost summer but...in preparation for the upcoming school year, Cow Creek Scholarship applications will be ready for you to fill out mid-June.

Don't worry if you are already being funded by the Education Department, we won't make you fill out an entire application... just an update.

Please call Tammie Hunt to receive your application or update form. 541-677-5575 or email at [thunt@cowcreek.com](mailto:thunt@cowcreek.com).

Have a great summer!

## Where's the Beef?

K-Bar Ranch is now offering the option of purchasing a ½ beef to all Tribal members. The price is \$3.75 per pound and includes being cut and wrapped. To order your beef and give the details for cutting and wrapping please contact Katrina. Her phone number is 541-826-0664 or she can be reached at [Katrinna.Damon@cowcreek.com](mailto:Katrinna.Damon@cowcreek.com). The beef will be processed at Crystal Creek Meats in Roseburg but payments will go through K-Bar Ranch. We can only offer ½ a beef at this time but are working at getting a smaller amount available. It will be on a first come / first serve basis with limited quantities available at any given time. **Perfect for summer BBQ's!!**

## Attention Elders:

**Here are a few new services we are offering to you! Transportation Service.** With this service you can be given rides to Doctor Appointments, Senior Meals, Shopping, and more. **Caregiver support service:** With this service we offer Respite Care to caregivers; which allow our Tribal Elders to continue receiving the care they deserve. We can also research other support systems for you. Last but not least, our amazing... **Senior Meals:** Held every Tuesday, and Thursday from 12-1:30 pm @ Seven Feathers Casino.

If you are interested in any of these services or know someone who may benefit from them please call the Cow Creek Tribal Government Office at (541) 677-5575 to Schedule an appointment with our Transporter/CNA Adrionna Brim.

**FUNDED BY THE ADMINISTRATION ON AGING (AOA) GRANT**



Union Creek Hiking Trails

### WHAT A FUN TRIP!

In May, 20 Cow Creek Elders traveled to Klamath Falls to explore the rich history of the area's culture and artifacts. The trip included two museums, The Favelle Museum, which is known to have one of the world's largest collection of artifacts and the Klamath County Museum where many cultural items from the Klamath Tribe are on display.

The Klamath Tribal Elders hosted a lunch for us and shared how they make crepe paper flowers to place on gravesites for Memorial Day. Many made lasting memories and formed some new friendships on this trip.

If you missed this trip, and want to be part of the next Elder Trip on August 13 & 14 to Astoria, RSVP by July 20<sup>th</sup> to secure your bus seat. Please address calls to Kayla at 541-677-5575.

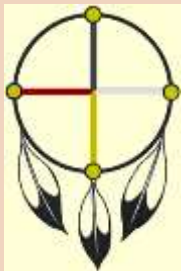
This thunderbird design was

**Cow Creek Pow wow is Coming!**

The 38th Annual Cow Creek Tribal Pow-Wow will be held July 17 – 19th at the South Umpqua Falls. There will be a salmon dinner/potluck Friday at 7:00 p.m., bring your favorite side dish or dessert to share. Grand Entry will begin at 7:00 p.m. Saturday and there will be a raffle beginning at 10:00 a.m. Sunday.

Please remember this is dry camping only, water is available during the event. No alcohol, drugs or weapons are allowed.

For more information please contact Tammy Anderson at 541-672-3861 or [tammy.anderson@cowcreek.com](mailto:tammy.anderson@cowcreek.com)

**Additional Pow Wow Opportunity - From time immemorial...**

## **South Umpqua Falls Traditional Intertribal Pow-Wow**

*July 24, 25 & 26, 2015*

*Friday, Saturday & Sunday*

**Drummers, Dancers & Vendors Welcome**

**Arena Director: Earl Huitt**

**Host drum: Splacta-Alla (*People of the Valley*)**



**Open to the Public \* zero tolerance for  
drugs & alcohol \* dogs must be on leash  
\* bring drinking water \* please put all  
trash in the yellow dumpster**

**For more information:**

**Shiela Rich @ 541-863-3436**

**Or email [info@suintertribal.com](mailto:info@suintertribal.com)**

South Umpqua Falls Intertribal Powwow is a 501(c)(3) organization  
Supported entirely through donations



**Cow Creek Band of Umpqua Tribe of Indians**  
**2371 N.E. Stephens Street, Suite 100**  
**Roseburg, OR 97470**  
**(541) 672-9405 Fax (541) 677-5565**

**Change of Address Form**

**(Please Note: Tribal Members Ages 18 & Over Must Complete & Sign Their Own Address Change Form)**

**Name:** \_\_\_\_\_  
Last First Middle

**Old Address:** \_\_\_\_\_  
Street  
\_\_\_\_\_  
City State Zip

**New Address:** \_\_\_\_\_  
Street  
\_\_\_\_\_  
City State Zip

**Phone Number:** ( ) \_\_\_\_\_ **Message Number:** ( ) \_\_\_\_\_

**Veteran? Yes** \_\_\_\_\_ **No** \_\_\_\_\_ **Branch of Military:** \_\_\_\_\_ **Service Era:** \_\_\_\_\_

**Social Security #:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Please List All Enrolled Minor Tribal Members Ages 17 & Under Who Are At This Address:**

<b>Name:</b>				
Last	First	Middle		Date of Birth
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**Please Fill Out This Section If There Has Been A Name Change**

**Name:** \_\_\_\_\_  
Last First Middle

**New Name:** \_\_\_\_\_  
Last First Middle

**Reason For Name Change:** \_\_\_\_\_  
Married, Adopted, Legal Name Change, Etc.

**By signing below, I the adult Tribal member or adult representative for the minor Tribal member, certify the above information is correct:**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## 2015 Firewood Program

It is hard to believe we are already into spring with summer just around the corner. It's time to place your firewood order for winter. We have a nice mix of hardwoods for high heat output, with a bit of fir and cedar thrown in to get that hot fire started.

**There has been a change in where firewood orders will be picked up. The firewood center has been moved to the Tribal Garden.**

**The firewood pickup procedure is as follows:**

- ◆ All firewood orders must be paid prior issuing a Firewood Permit.
- ◆ All firewood orders must be paid with a check or money order.
- ◆ To place a firewood order please contact Janet Cooper at (541) 677-5575 or [jcooper@cowcreek.com](mailto:jcooper@cowcreek.com).
- ◆ Firewood will not be issued without the permit.
- ◆ The maximum order is 2 cords of firewood per Tribal household.
- ◆ Firewood cost is \$50/cord. Tribal Elders get their first cord free.
- ◆ Firewood will no longer be stacked in cords. There will be instructions at the Tribal Garden regarding how much firewood is in a cord. Tribal Garden staff will also help with this.
- ◆ Firewood will be ready for pick-up at the Tribal Garden in Canyonville in the beginning of August.
- ◆ The Tribal Garden will be opening its gates officially on June 8, 2015. The hours of operation will be Monday – Friday (8:30 – 4:30). Once we have more produce available these hours will be adjusted to provide more harvest opportunities.
- ◆ There will no longer be a need to call and schedule an appointment to pick up firewood orders as the Tribal Garden staff will be available during the hours of operation at the Tribal Garden.
- ◆ Firewood orders must be picked up in at least ½ cord loads.

**The procedures listed below have not changed:**

As a reminder, you are responsible for loading and hauling your own firewood. Firewood from the Tribal Firewood Program is for personal use only, and is not to be re-sold.

There is a limited firewood supply each year. Permits will be issued in the order in which firewood orders are placed. Thank you.

## Tribal Garden is Open



The Tribal Garden opened its gates officially on June 8, 2015. The hours of operation will be Monday – Friday (8:30 – 4:30). Once we have more produce available these hours will be adjusted to provide more harvest opportunities. Strawberries are available at this time.

Please contact: Mary Laurence @ 541-839-4978 for questions regarding the availability of produce and the hours of operation.

For all other questions, please contact Jason Robison at the Government Offices 541-677-5575.



## Cultural Department Important Dates

### Attention Tribal Members and Immediate Family

#### Cow Creek Cultural Department Cultural Arts Revitalization Project Summer Events Schedule 2015

##### MAY

###### May 29

Family Language Night  
5:30 P.M.-7:00 P.M.  
Government Office Board Room

###### May 30

Cedar Bark Bracelet Workshop  
10:00 A.M.-2:00 P.M.  
Education Workforce Center

##### JUNE

###### June 6

Chief Miwaleta Day  
9:00 A.M.- 3:00 P.M.  
Galesville Reservoir

###### June 19-21

Culture Camp  
Friday 12:00 P.M.-Sunday 12:00 P.M.  
Bare Park

###### June 26

Family Language Night  
5:30 P.M.-7:00 P.M.  
Government Office Board Room

##### JULY

###### July 31

Family Language Night  
5:30 P.M.-7:00 P.M.  
Government Office Board Room

##### AUGUST

###### August 28

Hunter's Dinner  
TBA

###### August 29

Huckleberry Gathering  
12:00 P.M.  
Huckleberry Lake

###### Language Classes

Adult Classes -Thursdays 10:00 A.M.-2:00 P.M.  
Youth Classes -Thursdays 2:00 P.M.- 4:00 P.M.  
Education Workforce Center

For questions or to RSVP please call Stephanie Moore @ 541-677-5575 or email: [smoore@cowcreek.com](mailto:smoore@cowcreek.com)

## Lamprey Harvest Permits Available



### Are You Interested in Harvesting Lamprey at Willamette Falls?

The Pacific lamprey season at Willamette Falls is from June 1st-July 31st 2015. In order to harvest lamprey, each Tribal member must have in their possession their Tribal identification card, a harvest permit, and must record their daily catch on a harvest record card. To obtain a Pacific Lamprey harvest permit, a harvest record card and a copy of the rules and regulations please contact Kelly Coates at 541-677-5575 or at [kcoates@cowcreek.com](mailto:kcoates@cowcreek.com)



## Wili Housing



The Cow Creek Housing Program is accepting applications for the Tribes Low Income Rental homes. This program is federally funded through the Housing and Urban Development (HUD), Indian Housing Block Grant and is administered by the Tribe.

This program can assist eligible Tribal members whom are willing to reside in one of the Tribes low-income rental units. Priority is given to families with the greatest needs in relation to income, family size, age, disabilities, etc.

We are almost at the end of our waiting list and wait list will be less than it has been in previous years.

### Reminder

If you are currently on the waiting list for a house please make sure that your address and phone number are up to date. If your name is coming up on the list and we cannot get ahold of you, we will be forced to pass you by until we hear from you. Also remember that if you are on the waiting list your application needs to be updated on a biannual basis.

For more information contact Resident Mgr Sarah Briggs (sbriggs@cowcreek.com) or 1-541-863-3730.

## Elders Program

### Patriotic Tribute at July 3rd Elder Luncheon

A 35 minute musical production by the "South County Christian Singers" expresses the experiences our American Soldiers endured on Mt Sarabachi, the effects of 9/11 the day the world stood still, and shows great Honor to every man & woman who has served to protect our country "The United States of America". If you are a genuine Patriot come enjoy this touching musical. If you have ever served in any branch of the service, or if you have a friend bring that friend so we may honor them and don't miss out on this time of celebration of "Independence Day"!



Grape & Huckleberry Rooms

***Seating is limited!***

**Please RSVP by June 22**

**Who:** Patriots, Elders, & Friends who have served our country  
**What:** Independence Day Celebration & Elder Luncheon  
**Date:** Friday, July 3, 2015  
**Place:** Seven Feathers Casino Resort

***Call today for reservations to Cindy Delay or Kayla Lowell 541-677-5575***

# June 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Senior Meal 12PM @7F Buffet	3	4 Takelma Language Class @ Workforce Ctr  Senior Meal 12PM @7F Buffet	5	6 Chief Miwaleta Day @ Galesville Reservoir
7  AA Mtg 6 PM Gov Office	8	9 Food Bank 9-12 PM  Senior Meal 12PM @7F Buffet	10	11 Takelma Language Class @ Workforce Ctr  Senior Meal 12PM @7F Buffet	12	13
14  AA Mtg 6 PM Gov Office	15	16  Senior Meal 12PM @7F Buffet	17	18 Takelma Language Class @ Workforce Ctr  Senior Meal 12PM @7F Buffet	19  Culture Camp @ 19th, 20th & 21st	20  Bare Ranch Park June
21  AA Mtg 6 PM Gov Office	22	23 Food Bank 1-4 PM  Senior Meal 12PM @7F Buffet	24	25 Takelma Language Class @ Workforce Ctr  Senior Meal 12PM @7F Buffet	26  Family Language Night @ Gov Office 530-7 PM	27
28  AA Mtg 6 PM Gov Office	29	30  Senior Meal 12PM @7F Buffet				

# July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Senior Meal 12PM @7F Buffet  Takelma Language Class @ Workforce Ctr	3  Governemnt Office Closed for Holiday	4
5  AA Mtg 6 PM Gov Office	6	7 Senior Meal 12PM @7F Buffet  Summer Regalia Class @ Workforce Ctr 7:00 am-3:00 pm /lunch provided	8	9 Senior Meal 12PM @7F Buffet	10	11
12  AA Mtg 6 PM Gov Office	13	14 Food Bank 9-12 PM  Senior Meal 12PM @7F Buffet	15	16 Senior Meal 12PM @7F Buffet	17  Tribal Pow Wow @ July 17-19th	18  South Umpqua Falls
19  AA Mtg 6 PM Gov Office	20	21  Senior Meal 12PM @7F Buffet	22	23 Senior Meal 12PM @7F Buffet	24	25
26  AA Mtg 6 PM Gov Office	27	28 Food Bank 1-4 PM  Senior Meal 12 PM @7F Buffet	29	30 Senior Meal 12PM @7F Buffet  Takelma Language Class @ Workforce Ctr	31  Family Language Night @ Gov Office 530-7 PM	

## Announcements

### Births/New Enrollments

None Recorded

### Obituaries

None Recorded

## Summer Regalia Classes at the Education Workforce Center

These classes will provide enough time to complete a full Regalia piece from start to finish. Learn Pow Wow etiquette, boy' and girls' dances, and have lunch with all of your friends.

The schedule is July 7th, 8th and 9th from 11:00 am – 3:00 pm. It will be offered again on August 11th, 12th and 13th at the same time. Lunch will be provided.

Please call the Education Workforce Center at 541-860-7296 to reserve a space for you and your family.



## Future Tribal Events

### Water Aerobics

Tuesday & Thursday

9:00-9:45 & 10:00-10:45AM

Seven Feathers RV Resort pool

### DAVE RAMSEY'S FINANCIAL PEACE CLASS IS COMING TO MEDFORD!

Times and dates of this course will be determined by how many members we have interested. This is a required pre-requisite to be eligible for some of our Tribal programs and has great money management learning tools.

To RSVP or for additional information please contact Stephanie Moore @ 541-677-5575 or [smoore@cowcreek.com](mailto:smoore@cowcreek.com)

Watch for article in upcoming Newsletter on the Huckleberry Gathering happening in August.



## Upcoming Elder's Events

### July 3

Patriotic Musical  
Elder Luncheon

### Aug 7

Elder Luncheon & Bingo

### Aug 13 & 14

Astoria Elder Trip

### Sept 4

Elder Luncheon

### Oct 2

Elder Luncheon & Bingo

### Nov 7

The Jim Pepper Show  
Elder Dinner & Blanket Ceremony

### Dec 4

Holiday Party & Gift Exchange



*Cow Creek Band of Umpqua Tribe of Indians*  
*2371 NE Stephens St. Suite 100 Roseburg, OR 97470*  
*Phone: 541-672-9405 Fax: 541-673-0432*  
*Toll Free: 800-929-8229*



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