

KIUYUM-ID



We will be known forever
by the tracks we leave.

VOLUME 25—ISSUE 7

July 2015

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Culture Camp 2015

Yet another successful year at Culture Camp! We had many new classes offered this year which included Cedar Bark Bracelet making, Weaving, and a Traditional Earth oven. We roasted carrots, potatoes, and onions that came out beautifully and tasted wonderful!! It is such a GREAT tradition! The oven was monitored by tribal member Shawna Zierdt and she had help from our Tribal youth. The veggies were roasted for about 2-3 hours each time and served during our meals. It was a fantastic treat for all. We also had fry bread available again and plan to continue that each year.

Another fabulous contribution this year was stories that were told by our very own Elders Joyce Sertain, Clara Keller, Clem Rice, and Lupe Newton. These stories were told in Takelma our traditional language taught by Rhonda Malone. It was a true special event. THANK YOU! A BIG thanks to EVERYONE that volunteered and participated this year! We have reached a new highest attendance at 347. We look forward to growing and bringing more Culture to this event. See you next year!!!!!!!!!!



Schedules:

Government Office Hrs:

Mon-Fri 8 AM–5:00PM

Roseburg Clinic Hrs:

Mon-Fri 8 AM-5:30 PM

Canyonville Clinic Hrs:

Mon-Fri 8 AM-5:30 PM

No Walk-Ins

Please call for Same
Day appointment

Office Closures

Sept. 7 - Labor Day



Senior meals

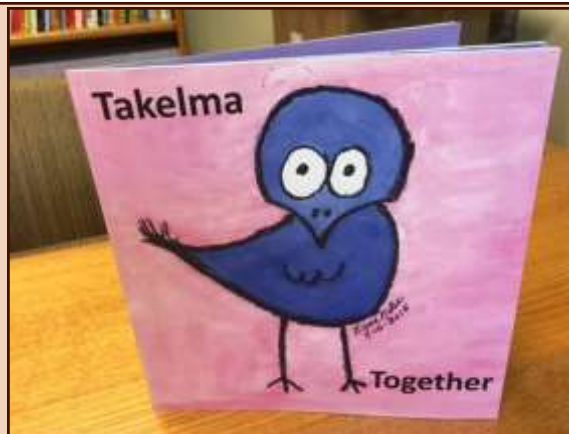
The Cow Creek Band of Umpqua Tribe of Indians has some new information about our Senior Meals. Starting July, 20th 2015 we will be having Senior Meals Four days a week, Monday-Thursday from 12:00-1:30 pm at the Cow Creek Restaurant. We will also be opening those meals up to Non-Tribal Elders 60 and above on Mondays and Wednesdays. Doing this will open the door for all Tribal Elders to make new friends and share their history. Tuesdays and Thursdays will remain for Tribal Elders only. We are now asking that all Elders planning to attend our weekly Senior Meals RSVP a week before. For more information please contact Adrionna Brim at The Cow Creek Government Office.

Please R.S.V.P. With Adrionna Brim
The Cow Creek Government Office
2371 NE Stephens St
Roseburg, Oregon 97470
Phone: (541) 677-5575

Meal Location: Seven Feathers, Casino
Where: Cow Creek Restaurant
When: 12:00 to 1:30 pm

Funded by the Administration on Aging (AOA) Grant

Takelma Together – Cow Creek's First Language Book



Thank you to our Tribal Elders Clem Rice, Clara Keller, Ralph Young, Joyce Sertain, and Norma Malone for their wonderful, artistic talents.



The Education Department has been working with the Culture Department and our Tribal Elders and Takelma language learners to produce this amazing 20 page paperback book. This book highlights the original artwork of our Elders and Takelma language learners and combines our Native Takelma language with English into the first ever Cow Creek language book. The funding to produce this book was made possible from the South-Central Early Learning Hub.

The Education Department would like each tribal household to have a copy of this book. If you are interested in having a copy for your home, please contact Tammie Hunt 541-677-5575 or email

thunt@cowcreek.com with your name, mailing address, and phone number.

Education Department



Do You Know of a 2015 High School Graduate????

The Cow Creek Education Department is looking for contact information for all 2015 High School Graduates. If you are one, or know of one, please contact the Education Department. We are looking for names and current addresses of our high school graduates. The Education Department would like to acknowledge these graduates and their hard efforts in this tremendous milestone. Send contact information to thunt@cowcreek.com or call Tammie Hunt 541-677-5575.

Student Rental Assistance 2015-2016 School Year

The Student Rental Assistance Program will be accepting application beginning July 15, 2015 for the upcoming school year. This program is designed to assist low to moderate income level Tribal Members who are attending school full time at an accredited college, university, or technical school with a monthly rental stipend. Applications must be filled out in their entirety and all requested documentation must be provided to be considered for this program. Applicants that do not provide all required documents will not be considered. This program is funded with federal grant money and applicants need to meet low income guidelines for eligibility. Applicants cannot pay more than 30% of their annual income and must have a signed landlord information sheet to be eligible.

Please contact Sarah Briggs Resident Manager to request an application to apply for the program. Applications are also available online for download at www.cowcreek.com. If you are a continuing student an application must be re-submitted and all requirements need to be met prior to receiving continued assistance. Funding is limited for this program therefore applications must be received in a timely manner to be reviewed. If you have any further questions please contact Sarah Briggs, Resident Manager at 1-541-863-3730 or you can email sbriggs@cowcreek.com.

Where's the Beef? (correction on email address)

K-Bar Ranch is now offering the option of purchasing a ½ beef to all Tribal members. The price is \$3.75 per pound and includes being cut and wrapped. To order your beef and give the details for cutting and wrapping please contact Katrina. Her phone number is 541-826-0664 or she can be reached at Katrina.Damon@cowcreek.com. The beef will be processed at Crystal Creek Meats in Roseburg but payments will go through K-Bar Ranch. We can only offer ½ a beef at this time but are working at getting a smaller amount available. It will be on a first come / first serve basis with limited quantities available at any given time. **Perfect for summer BBQ's!!**

Cow Creek Scholarship Applications Are Now Available



In preparation for the upcoming school year, Cow Creek Scholarship applications are ready for you to complete and submit. If you are already being funded by the Education Department, we won't make you fill out an entire application...just an update.

Call Tammie at 541-677-5575 or email at thunt@cowcreek.com to receive your application or update form. You can also access these forms on the Cow Creek website under Education tab.

Deadlines are as follows:

Semester Students	August 1
Term Students	August 30

2015 Ninth Annual Chief MiWaleta Day Celebration

Tribal Families Gathered on Saturday, June 6 to recognize our late Chief MiWaleta! Generations came to celebrate and enjoy a great day together! Many youth set out to catch the biggest fish of the day, and maybe win a trophy. Some just enjoyed a boat ride, while others chose to stay with their feet planted firmly on the shore, while basking in the shade. Six boats from Mid Oregon Bass Club came to provide fishing and boating for our Tribal families from morning to late-afternoon. We announced winners at the close of day 3rd Place: Jacob Witt, 2nd Place: Morgan Witt, and 1st Place: Caitlyn Johnson. Congratulations to these dedicated fisherman!

Elders shared stories while watching the youth play games. All consumed a wonderful lunch consisting of BBQ ribs, Elk burgers (from Tribal Ceremonial Elk), and hot dogs with refreshing salads, and ripened fruit. **Great thanks go to Seven Feathers Catering for a fabulous feast that they offer for us each year.**

Prizes were raffled, to honor our Tribal Elders, and our youth, each took home a gift of their choice. Many smiles and laughs were shared on this great day. A total of 127 participants came to be a part of this celebration!

Dancing Thunder Drum group played traditional songs while inviting anyone to join in. Vibrations of each drum beat echoed across the lake and traveled up through the trees as we remember the respected leader that this chief was for our Tribe. Chief MiWaleta was known as a peaceful man, and today, we are very grateful for all that we have as a Tribe. The Chief MiWaleta Park was named in his honor. He is said to be our last known Chief.

This annual Tribal event is held the first Saturday of June each year, so mark your calendars and plan ahead to attend next year's "Chief MiWaleta Day Celebration". For Tribal families who are traveling or are outdoor enthusiast; this can be an opportunity to make this an annual family vacation spot. The Park is located at the Galesville Reservoir near Azalea and offers Cabins, RV and Tent Sites (Tent Sites are all first come first serve and are available with or without hookups). Camping reservations can be made at www.yourdcparcs.com or by calling 541-957-7001 the Douglas County Parks Reservations Line that is open 10:AM-2:PM, Monday-Thursday.



Free Eye Exams!

The Cow Creek Health & Wellness Center has partnered with OHSU's Casey Eye Institute to bring you a day of free eye exams and screenings. This is a wonderful opportunity for those who do not have vision coverage through their insurance to have their eyes checked for serious problems like Glaucoma and get prescription lenses and frames if needed. The physicians will provide dilated eye exams and refractions (prescription for lenses). Casey Eye Institute can also help you obtain a pair of prescription glasses with your new prescription at low or no cost to you. If you are diabetic, yearly eye exams are essential for preventing serious eye issues that can lead to blindness! Please call either clinic to sign up for the exam!

When: Monday, August 17th 2015

Time: Openings between 8am and 3pm



Tribal Elder Spotlight



Larry Davis, an avid golf enthusiast, was featured on the front page of the Sports Section in the News Review in Roseburg, OR in May of this year for creating the "TrueStroke" putter. He invented the unique putter after having a dream a night before playing in a tournament. In the dream, he saw himself using a putter unlike anything he had ever seen. The next day, Larry went to a local machinist and built it, beginning his days as an inventor and designer. Larry has been pitching his TrueStroke putter to the

golfing world for 13 years. The TrueStroke head is an aluminum block with added brass weights in the bottom for perfecting balance. The center of gravity is at the ball's contact point to prevent the putter from opening or closing at impact. Davis says the TrueStroke putter gives golfers less resistance and produces a truer stroke through the ball. Larry grew up in Azalea, OR, then moved to Idaho and has recently moved back to Oregon to be closer to family.

The TrueStroke putter is now USGA-legal, patented and used by hundreds of golfers in 18 states, Scotland, Ireland and Australia. It has been recognized and used by

John Wallace, the PGA head pro at Terrace Lake Resort in Garden Valley, Idaho and was mentioned in a story published in the Pacific Northwest Golfer magazine. Wallace liked the putter enough to get involved helping to promote it and ended up being a partner with Davis. Larry is hoping to get investors interested enough to help pay for TrueStroke as he needs more money to mass produce the putters, which he still assembles himself. They cost \$189 (shipping is \$14.95 Allow 4 to 6 weeks for delivery) and are available in standard (left and right), customized or in belly design. Visit the website at www.truestroke.com or for more information on the TrueStroke putter call 208-859-7669 or 208-989-9822. Congratulations to Larry for working to make his dream come true.

Cow Creek Pow wow's are Coming!

38th Annual Cow Creek Tribal Pow-Wow
July 17 - 19, 2015

The 38th Annual Cow Creek Tribal Pow-Wow will be held July 17 – 19th at the South Umpqua Falls. There will be a salmon dinner/potluck Friday at 7:00 p.m., bring your favorite side dish or dessert to share. Grand Entry will begin at 7:00 p.m. Saturday and there will be a raffle beginning at 10:00 a.m. Sunday.

Please remember this is dry camping only, water is available during the event. No alcohol, drugs or weapons are allowed.

For more information please contact Tammy Anderson at 541-672-3861 or tammy.anderson@cowcreek.com



South Umpqua Falls Traditional Intertribal Pow-Wow

July 24, 25 & 26, 2015

Friday, Saturday & Sunday

Drummers, Dancers & Vendors Welcome
Arena Director: Earl Huitt



**Open to the Public * zero tolerance for drugs & alcohol * dogs must be on leash
* bring drinking water * please put all trash in the yellow dumpster**

For more information:

**Shiela Rich @ 541-863-3436
Or email info@suintertribal.com**

South Umpqua Falls Intertribal Powwow is a 501(c)(3) organization-Supported entirely through donations



Cow Creek Band of Umpqua Tribe of Indians
2371 N.E. Stephens Street, Suite 100
Roseburg, OR 97470
(541) 672-9405 Fax (541) 677-5565

Change of Address Form

(Please Note: Tribal Members Ages 18 & Over Must Complete & Sign Their Own Address Change Form)

Name: _____
Last First Middle

Old Address: _____
Street

City State Zip

New Address: _____
Street

City State Zip

Phone Number: () _____ **Message Number:** () _____

Veteran? Yes _____ **No** _____ **Branch of Military:** _____ **Service Era:** _____

Social Security #: _____ - _____ - _____ **Date of Birth:** _____

Please List All Enrolled Minor Tribal Members Ages 17 & Under Who Are At This Address:

Name:				
Last	First	Middle		Date of Birth
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Please Fill Out This Section If There Has Been A Name Change

Name: _____
Last First Middle

New Name: _____
Last First Middle

Reason For Name Change: _____
Married, Adopted, Legal Name Change, Etc.

By signing below, I the adult Tribal member or adult representative for the minor Tribal member, certify the above information is correct:

Signature: _____ **Date:** _____

Summer Intern Program



It is with great honor that we introduce our summer intern at the Government Offices – Masato Kandel-Ouchida. Masato has recently moved from St. Louis, MO after his high school graduation. He is currently living in Canyonville with his grandmother. Masato plans on attending Central Oregon Community College this fall and is excited to connect with his tribal culture and families. The education program director has working with Masato on his transition to Oregon and then to Central Oregon Community College. We are very lucky to have him this summer.

A warm welcome to Masato.

Wanna Free Backpack ?



Wanna put *free*
Stuff in it?
COME AND GET IT:



Education & Workforce Center — Myrtle Creek

213 S. Old Pacific Hwy. Suite #103 541-860-7296

▣ Friday August 7, 2015 @ 2:00 - 5:30 pm and

▣ Saturday August 8, 2015 @ 9:00—11:00 am

Roseburg—Government Office Tribal Board Room

▣ Friday August 7, 2015 @ 2:00 - 6:30 pm

For more information, contact:

Tammie Hunt @ 541-677-5575

thunt@cowcreek.com



Get Ready for School !

But Summer Just Started!!!!!!
Yeah, but it's FREE!!!!!!!!!!



Cow Creek Government Offices Wants to invite you to a fun filled way of parenting

The "Love and Logic" way

Simple Parenting Strategies

- Avoid Power Struggles over Chores
- Use techniques far more powerful than spanking
- Keep parenting simple and fun

And much, much more!

Love and logic provides time-tested techniques

By: Jim Fay & Charles Fay, PH.D



When: Tuesdays and Thursdays; August 4th, 6th, 11th, 13th, 18th, 20th

Time: 5:30-7:00 PM (Limited Seating)

Where: Tri City Education and Workforce Center; 213 S. Old Pacific Hwy

Childcare and meals are provided.

Please contact Kayla Lowell-Knight @ 541-677-5575 or @ Klowell@cowcreek.com

RSVPS are Required for meals and childcare.

Summertime Takelma Language Schedule

Weekly classes will be held *at two times on Thursdays at the Education Workforce Center in Tri-City, Oregon.* The first class begins at 10:00A.M. until 12:00 P.M. The second is from 1:00 P.M.–3:00P.M.

The dates of the classes are as follows: July 30, August 13, August 20 and August 27

Please Note: there will be no classes on July 16, 23 and Aug. 6

Call 541-860-7296 for more information.

Monthly Classes are held on the *last Friday of each month (June 26, July 31 and August 28)*

This is an evening class from 5:30 P.M.-7:00 P.M. to be held at the Tribal Offices in Roseburg, Oregon, Dinner will be provided, so please let us know if you are coming. Call 541-677-5575 for more information.

Butterfingers & Bugs

Come have Butterfingers and make bugs with us at Takelma Language class and learn five Takelma bug words.

When: Thursday, July 30th...

Time: 1:00 p.m. to 3:00 p.m.

Where: Education & Workforce Development Center (Youth Center) located in Tri City.

For more information please call Kayla Lowell-Knight at: (541) 677-5575 or email Rhonda at klowell@cowcreek.com. Please put "Butterfingers & Bugs" in the subject line of the email. **Please Rsvp by July 29th.**



Huckleberry time!



It's time again for our tribal member's annual trek to the Huckleberry Patch on the Rogue-Umpqua Divide! Please circle August 29th on the calendar and plan to meet at Huckleberry Lake (the usual place) at approximately 12:00 p.m. (noon). This is a pot luck meal event and you will need to bring your lawn chairs, eating utensils, plenty of water and good stories to share.

If you have not been to "the patch" before it is advisable that you not attempt to drive a low sitting car to the gathering. It is recommended that you follow someone or catch a ride, if this is your first time attending.

This has been a gathering place for many centuries for our families. Please join us, have a great time and possibly meet some new family members.

Call Rhonda Malone for more information at 541-677-5575 Monday through Friday.

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Takelma Language Class @ Workforce Ctr Senior Meal 12PM @ 7F Buffet	3 Governemnt Office Closed for Holiday	4
5 AA Mtg 6 PM Gov Office	6	7 Senior Meal 12PM @ 7F Buffet Summer Regalia Class @ Workforce Ctr 7:00 am-3:00pm /lunch provided	8	9 Senior Meal 12PM @ 7F Buffet	10	11
12 AA Mtg 6 PM Gov Office	13	14 Food Bank 9-12 PM Senior Meal 12PM @ 7F	15 Senior Meal 12PM @ 7F	16 Takelma Language Class @ Workforce Senior Meal 12PM @ 7F	17 Tribal Pow Wow @ South Umpqua Falls July 17-19th	18
19 AA Mtg 6 PM Gov Office	20 Senior Meal 12PM @ 7F	21 Senior Meal 12PM @ 7F	22 Senior Meal 12PM @ 7F	23 Takelma Language Class @ Workforce Ctr Senior Meal 12PM @ 7F	24	25
26 AA Mtg 6 PM Gov Office	27 Senior Meal 12PM @ 7F	28 Food Bank 1-4 PM Senior Meal 12PM @ 7F	29 Senior Meal 12PM @ 7F	30 Takelma Language Class @ Workforce	31 Family Language Night @ Gov Office 530-7 PM	

August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Higher Ed Semester Applicaton Deadline
2 AA Mtg 6 PM Gov Office	3 Senior Meal 12PM @ 7F	4 Senior Meal 12PM @ 7F	5 Senior Meal 12PM @ 7F Movie- Pixels 9 AM	6 Takelma Language Class @ Workforce Ctr Senior Meal 12PM @ 7F	7 Backpack Give Away-see flyer pg 7 Elders Luncheon & Bingo 12 PM @ 7F	8 Backpack Give Away-see flyer Pg 7
9 AA Mtg 6 PM Gov Office	10 Senior Meal 12PM @ 7F	11 Food Bank 9-12 PM Senior Meal 12PM @ 7F	12 Senior Meal 12PM @ 7F	13 Senior Meal 12PM @ 7F	14	15
16 AA Mtg 6 PM Gov Office	17 Senior Meal 12PM @ 7F	18 Senior Meal 12PM @ 7F	19 Senior Meal 12PM @ 7F	20 Senior Meal 12PM @ 7F	21	22
23 AA Mtg 6 PM Gov	24 Senior Meal 12PM @ 7F	25 Food Bank 1-4 PM Senior Meal 12PM @ 7F	26 Movie- Underdogs @ 9 AM Senior Meal 12PM @ 7F	27 Senior Meal 12PM @ 7F Takelma Language Class @ Workforce Ctr	28 Family Language Night @ Gov Office 530-7 PM	29 Huckleberry Gathering
30 Higher Ed Term Applicaton Deadline AA Mtg 6 PM Gov Office	31 Senior Meal 12PM @ 7F					

Announcements

Births/New Enrollments

Aubrie Rose Lehman, Parker James English, Leilana Marie Moore, Jacob David Rooney, Chancellor Dean Wood, Jaxon Tyler Piland, Quinn Alexander Mata

Obituaries

Dwight Thompson, Susie Holcomb, Linda VanNorman Taylor, David Mello (spouse of Darlene Mello)

Future Tribal Events



Summertime Movie Club:

There are just 2 more movies scheduled for this FUN, FREE event! Join us on August 5th for Pixels, Rated PG and August 26th for Underdogs, Rated PG. These movies are being shown at the Roseburg Cinema @ 9 AM. There will be popcorn, drinks, and prizes awarded!

Call Kayla @ 541-677-5575 for questions or to RSVP.

Upcoming Elder's Events

Aug 7

Elder Luncheon & Bingo

Sept 4

Elder Luncheon @ 7F

Nov 7

The Jim Pepper Show
Elder Dinner & Blanket Ceremony

Aug 13 & 14

Astoria Elder Trip

Oct 2

Elder Luncheon & Bingo

Dec 4

Holiday Party & Gift Exchange

ATTENTION ELDERS!

It is necessary to RSVP to our Monthly Elder Luncheons within a week from each luncheon, so we can assure adequate amount of food preparation. **Call Cindy Today at 541-677-5575 or no later than July 31** to attend the **Elders Luncheon and Bingo Friday, Aug 7, 2015**. Thank you in advance for your response.

Astoria Trip Aug 13-14 -additional information

Please reserve your seat today for this exciting overnight Trip! Call Cindy or Kayla at 541-677-5575. Be prepared to give the following information:

- ◆ Room- 1 bed or 2 beds needed
- ◆ Handicap room
- ◆ Smoking/non
- ◆ Pick Up Location- Canyonville/Roseburg/Eugene/Salem
- ◆ Phone #
- ◆ Guest Name (Each elder can bring 1 guest or spouse)
- ◆ Do you need a wheel chair?
- ◆ Please note other special accommodations that may be needed

Cow Creek Band of Umpqua Tribe of Indians
2371 NE Stephens St. Suite 100 Roseburg, OR 97470
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Toll Free: 800-929-8229



ONLINE JOBS...GO TO: uidchr.com

Visit us online @ cowcreek.com