

Wik'uuyam Heeta'

"Friend, Away from Here"

The Official Newsletter of the Cow Creek Band of Umpqua Tribe of Indians



Volume 28, Issue 1 January 2018

We will be known forever by the tracks that we leave.

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Government Office Hours

Monday - Friday 8 AM to 5 PM

Roseburg Clinic Hours

Monday - Friday 8 AM to 5 PM

No Walk-Ins. Please Call for Same-Day Appointment

Canyonville Clinic Hours

Monday - Friday 8 AM to 5 PM

No Walk-Ins. Please Call for Same-Day Appointment

Office Closures

January -- New Year's Day

January -- Martin Luther King Jr. Day

February -- Presidents' Day

May -- Memorial Day

July -- Independence Day

September -- Labor Day

October -- Columbus Day

November -- Thanksgiving Day (and next day)

December -- Christmas Day (and Eve)

Letter from the Chairman

A Retirement Gathering
Honoring Stan Speaks was
held at the Chinook Winds
Casino in Lincoln City on
December 10th, hosted by
the Siletz Tribe. I attended,
recognizing Mr. Speaks for
his many years of service,
and Tribal Board members
Robert Van Norman and
Steve Jackson presented
gifts to him from the Cow
Creek Tribe. Gifts included a
one year supply of Takelma

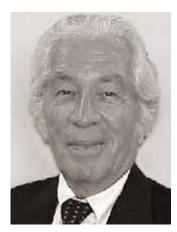


Photo courtesy of Portland State University

coffee and a beautiful flute handmade by Cow Creek member Sheila Rich.

Mr. Speaks was the Area Director for the BIA's Northwest Regional Office in Portland, Oregon, which oversaw 15 agencies that together serve 45 Federally Recognized Tribes in six states (southeastern Alaska, Idaho, western Montana, Oregon, northern Utah, and Washington).

Mr. Speaks began his public service career 42 years ago as a teacher at Intermountain Indian School in Utah. He went on to serve first as Superintendent of the BIA Agency, and then as Area Office Director in Oklahoma. He then became director of the BIA's Portland Area Office, where he has served for 20 years. During the mid-1980s, Mr. Speaks undertook assignments in the BIA's Central Office in Washington, D.C., including twice serving as interim director of the Office of Indian Education Programs. He also served as acting Deputy Commissioner of the BIA in 1988 and from 1990 to 1991.

Mr. Speaks was instrumental in the development of the Joint Tribal/Department of Interior Task Force for the Reorganization of the Bureau of Indian Affairs (1991-1994) as well as with other BIA, Departmental, Federal and State task forces, boards and committees in the Northwest and throughout the nation. Mr. Speaks is a member of Oklahoma's Chickasaw Nation.

In other news, it has long been a priority of the Tribe to be involved in supporting our local community, and we were able to do that again this past December. We selected seventeen of Douglas County's best food banks, and presented each with a donation to help their operations.

Our CEO, Michael Rondeau, says "A high tide floats all ships," and I agree with him. Food and security is something we've always taken very seriously. This holiday gift giving is a rewarding experience, as we know that these organizations are doing so much to help people all throughout the county.

Sincerely,

Daniel Courtney,
Cow Creek Tribal Chairman



Western Oregon Tribal Fairness Act H.R. 1306 Becomes Reality

After nearly 165 years, the United States of America has finally fulfilled a treaty obligation by restoring over 17,500 acres of the more than 800 square miles of land ceded in 1853 by the Cow Creek Band of Umpqua Tribe of Indians. As a result of that treaty, the Cow Creek's gave more than 800 square miles of land in exchange for healthcare, education, housing and a permanent homeland (reservation) in perpetuity.

On December 20, 2017, H. R. 1306, the Western Oregon Tribal Fairness Act, which includes the Cow Creek Umpqua Land Conveyance, passed by unanimous consent out of the United States Senate. While the bill was introduced in both the House and Senate, the house version was successful in passage.

Efforts to restore portions of the Tribe's reservation began around 1984, shortly after Tribal Recognition in 1982. That effort was abandoned for other priorities at that time.

The Tribal Youth Council Takes Action

The Tribal Youth Council decided to serve their fellow Tribal members by organizing a service project: donating holiday baskets to Tribal families who utilize the Food Bank program.

Each Tribal family that came in to pick up food in December was entered into the raffle for one of these beautiful holiday baskets. Each basket had a unique theme, such as a spa-themed basket, movies, games, outdoor recreation, handyman, and more. Seven Tribal families received one of these special holiday baskets.

The Youth Council also celebrated a year well spent at Dino's Restaurant in Roseburg, Oregon, where they were able to experience something new and stretch their social muscles. After that, they all went to see the Festival of Lights, one of Douglas County's yearly holiday traditions. They look forward to an exciting year full of activities and service in 2018.

Renewed efforts to fulfill the treaty were initiated back in 2012 when Tribal staff began working with Senator Ron Wyden's staff to determine the least controversial lands to be selected for reservation. Selecting non-controversial land was important due to objections to forestry management, environmental concerns and basic political acrimony in Congress. Tribal staff worked successfully to obtain universal support from both environmental and industry sectors on the transfer of land to the Tribe.

Over the past several years, in anticipation of successful legislation, the Tribal Government Office has worked toward the development of the resources and infrastructure that includes fish and wildlife, cultural development and forestry management capabilities that ensure the proper management of tribal lands.

More information on land description, usage, and other land information will be forthcoming.





Tribal Family Scores Big on a Tribal Hunt

Tribal Elder Sheila Rich was successful in harvesting an elk on Tribal Lands as part of a Tribal Hunt in December of last year. She was joined by her daughter Amanda Crothers. Fortunately, it did not take long for the both of them to locate the elk and put their hunting plan in motion.

Sheila's husband Jim was waiting for his wife and daughter at the landing, alongside Tribal Board Member Rob Estabrook and the Tribe's Wildlife Program Manager Scott Van Norman.

"It was so great to have Rob Estabrook, our Board Member, there at the ranch," says Sheila. "He was such a big help."

After the elk had been harvested, Rob and Scott were able to assist the group in transporting the animal to the bottom of the hill. In addition to the special bonding moment of hunting with her daughter, having the opportunity to hunt on Tribal lands means a lot to Sheila.

"To be able to sustain ourselves with hunting and fishing like our ancestors did would be amazing," she says. "This is really fulfilling for me. I appreciate everything the Tribe does to set up hunting and fishing for our future."

Sheila gave her family elk hamburger and elk steaks from this harvest as a Christmas present this past year, and plans to mount the elk's head on her wall. However, those



aren't the only plans she has for the elk.

"I collect the skins of the Tribal Hunt elk, and use those hides to make the Tribal Drums," she says. "This will be the second drum I've made with hides from the Tribal Hunt."

To learn more about the Tribal Hunt, go to www.cowcreek.com/natural-resources/tribal-hunt/ (you will need to be logged in as a Tribal member to access the page), or contact Scott Van Norman at 541-677-5575.

We Need Your Feedback on the Hazard Mitigation Plan!

The Cow Creek Band of Umpqua Tribe of Indians' Hazard Mitigation Team has been working on updating the Tribal Hazard Mitigation Plan since early 2017. The Hazard Mitigation Plan helps to identify hazards and risks, and develops strategies and priorities for mitigating the threats through strategic planning and projects.

The draft plan is ready for review and comment by Tribal community members. We would like to hear your thoughts after you review the draft plan. The plan is availabe for viewing on the Tribal Web page at www.cowcreek.com/tribal-government/emergency-management/ (you will need to be signed in as a Tribal member to access the page), and will be

available for review and comment through February 2, 2018. Comments and questions may be submitted via email to Tracy De Pew, Director of Emergency Management at tdepew@cowcreek.com or by calling 541-677-5575.

The Hazard Mitigation Team will meet on 1/23/18 to review the draft plan. After the comment period, the plan will be submitted to the Tribal Board for final approval and submitted to FEMA for review.

The plan update is funded by a grant to the Tribe from FEMA and a contractor, familiar with the Cow Creek Tribe, is assisting in the update process.

Cow Creek Health & Wellness Center Holds Basketball Skills Prevention Clinic

37 Douglas county youth attended the Cow Creek Health and Wellness Clinic's "Basketball Skills/ Prevention Clinic" at the Roseburg Boys and Girls Club on November 4, 2017. Youth ages 6-13 were welcome to come and improve on their basketball fundamentals under the direction of the Umpqua Community College men's basketball team. Seven of the UCC men's team players worked with the youth on fundamentals of the game, sharing their time and expertise with the kids.

While the kids were learning new basketball skills, parents of the youth were invited to come and learn some new skills for keeping our kids substance free. A brief program put on by staff of the Cow

Creek Health & Wellness Center Behavioral Health drew heavily on the Oregon Health Authority's recent Student Wellness Survey. The 2016 Tribal Youth survey clearly indicates that the critical years for kids and substance abuse explorations are those transitional 6th through 8th grades. Staff talked with parents about the importance of open communication with their kids, and knowing who their friends and their friends' families are.

Behavioral Health staff ended the presentation with a distribution and discussion of 40 developmental assets for kids, which can be found at http://www.greatkidsallencounty.org/resources/need-a-copy-of-the-40-developmental-assets/.



Cow Creek Tribal Member Appointed Secretary of the Foundation Board for IAIA

Tribal member and attorney Kelly Huddleston has been appointed Secretary to the Foundation Board of the Institute of American Indian Arts (IAIA) in Santa Fe, New Mexico. IAIA is the only four-year college in the U.S. dedicated to the exploration and study of Native arts and culture. Their goal is empowerment through education, economic self-sufficiency and expression and enhancement of artistic and cultural traditions. The Institute of American Indian Arts (IAIA) mission is "To empower creativity and leadership in Native arts and cultures through higher education, life-long learning, and outreach."

As part of the Foundation Board, Kelly helps raise money to support the students who attend the school. For example, during Indian Art Market week in the summer, they hold a gala in Santa Fe, New Mexico. The event features a silent auction and a dinner celebrating the scholarship recipients. Many IAIA alumni donate artwork for the silent action portion. That event can generate over \$300,000, which all goes to scholarships for students.

IAIA has graduated almost 4,000 students, and more than 90% of the 562 federally-recognized Tribes are represented among them. Having been named one of the top art institutions by UNESCO and the International Association of Art, IAIA is among the leading art institutions of the nation.

The road to working with IAIA has taken Kelly many places. She spent her early childhood in Indianapolis Indiana, before her family moved to Utah. She fondly remembers spending a part of each summer at her Uncle Eston Dumont's ranch in Glide, Oregon.

She graduated from the University of Utah and moved to Washington, DC, working for the public television lobbyist association, and then served in the Peace Corps in West Africa. After a brief stint in Portland, Kelly and her husband Alex Malin moved to New Mexico in 1995. At the University of New Mexico, Kelly completed a Master's degree in Public Administration and wrote grants for health and education organizations. She also worked for the



Photo courtesy of IAIA Foundation page

Trust for Public Land for 6 years managing large-scale land conservation projects throughout the western United States.

It was in 2007 that Kelly decided to pursue a second career. With Tribal support, she studied at the University of New Mexico School Of Law, one of the top-rated Native American law schools in the country, with programs that specialize in "Indian Law." She received her Juris Doctor (J.D.) in 2009.

"I became a lawyer at age 40, and although it wasn't easy, it was a privilege to go back to school and learn something new," says Kelly. "I would encourage more Tribal members to go to law school and study Indian Law. It's a fascinating area of law, and we need more Indian law lawyers."

Kelly now runs her own law firm, Huddleston Law LLC, and has been a Board Member at IAIA for a little less than a year; she was asked to become Secretary to the Board only a few months ago.

For more information about the Institute of American Indian Arts, call 505-424-2345 or visit their website at iaia.edu/.

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Culture Corner

Takelma Language Corner

Our Cow Creek Umpqua ancestors spoke several languages as did many Pacific Northwest Tribes. Our traditional language, known as Takelma, was spoken in Southern Oregon and nowhere else in the world. It represents a unique and precious view of the world, rooted in a particular place.

<u>Takelma</u>	<u>English</u>	Pronunciation				
Wilihàwt ^h ek ^h	My friend	Wee lee how tech				
Kxati?	What is it?	Gah "x" dee				
iita síix	It is venison	"e" duh seee "x"				
(The "x" is pronounced like the sound of a cat hissing)						

Takelma language classes are offered from 10:00 AM to 12:00 PM every Thursday at the Tribal Community Center located Tri-City, Oregon.

For more information, contact Rhonda Richardson at 541-677-5575 ext. 5513 during regular business hours.

Mortar and Pestle

To prepare for winter, our ancestors would gather many plants that could be preserved for use in the cooler months. These foods would be processed using special tools. Much like in gourmet kitchens today, mortars and pestles are used to grind or pound nuts and plants into a paste or powder, or sometimes break bones to get the marrow within. A mortar is simply a "stone bowl" that held items while the pestle is an easily held round stone used to crush food items. With the mortar and pestle, our ancestors processed plenty of food to be enjoyed throughout winter.



Congratulations Cultural Arts Mentors

The Cultural Art Mentors Certification Program has been developed to identify Tribal members with cultural art skills that are ready to teach others and pass on their knowledge. You will see them teaching at Culture Camp and other workshops in the future.

Please help us in congratulating the following tribal members for completing the Cultural Arts Mentor certification in the following art skill:

Elizabeth Bryant – Pine Needle Medallion
Jennifer Bryant – Pine Needle Medallion
Patti Conner – Basketry
Cindy Grizzle – Pine Needle Medallion
Brandi Knutzen – Basketry
Brittney Malone – Feather Fan
Susie Puckett – Flute
Clem Rice – Bear Grass Braids Pine Needle Medallion
Rhonda Richardson – Regalia
Joyce Sertain – Bear Grass Braids

Men's Everyday Wear

Traditionally, the men of the Cow Creek Tribe wore shirts, deerskins as blankets, and buckskin leggings or trousers. They also wore elk-skin belts over the leggings, tied in the front. In the warmer seasons they would be wearing very little to no clothing at all. During the warmer months, men typically wore a buckskin breechcloth and went barefoot.

Traditional Winter Stories

For our Cow Creek ancestors, it was traditional to tell stories in the winter time. These stories were how elders taught lessons to children. Below is a short story called, "Mena a She" which teaches young girls that they should never go out and pick berries alone. "Mena" means "bear" in our the Takelma language.

Mena a She

A mena can turn into a woman when she wants to. Many a women who make the mistake of picking berries alone are turned into a mena.

Culture Corner



2018 Cow Creek Cultural Conference

ATTENTION TRIBAL MEMBERS & EMPLOYEES!

The Cow Creek Cultural Program is excited to host the 3rd annual Cow Creek Cultural Conference! Please join us for informational presentations, cultural education, traditional music, good food, fun raffle items, and so much more!

We are thrilled to offer this opportunity to Cow Creek Tribal Members and all Cow Creek employees!

Where: Seven Feathers Convention Center

When: Tuesday, February 6th, 2018

Time: 8:00 am - 4:00 pm

For more information and to RSVP contact Natural Resource Department

at 541-677-5585 or

Email: jbryant@cowcreek.com

RSVP by January 19, 2018

Education Corner

The Tribal Community Center Is Here for You

With the start of the New Year, staff at the Tribal Community Center would like to remind you of the services offered here in TriCity. We are located at 213 S. Old Pacific Hwy in Myrtle Creek Oregon. Our office is open Tuesday through Thursday, 9 AM to 2:15 PM for Tribal Member Services. Monday and Fridays are by appointment only. Please call 541-860-7296 if needing to schedule a time to come in.

We have desktop computers available for use, along with Wi-Fi and printing capabilities from your personal computers. All your copy and faxing needs can be completed here. Any items you need to send to the Government Offices in Roseburg? There is a courier service available here that can get most items delivered by the next business day. Save gas money and let us help you deliver that paperwork.

At 2:30 PM daily, the Tribal Community Center turns into an after school program: the Expanding Horizons Youth Center. Your Tribal student will receive a healthy meal, one-on-one tutoring for grades 4th through 12th, bus transportation from any South Umpqua School, and weekly science activities created by the California Academy of Sciences, with integrated Takelma language lessons taught by Rhonda Richardson. There is a monthly nutritional cooking class from our Tribal Nutritionist, and a bimonthly prevention

lesson presented by Darlene Chapman. We also have daily craft activities and a positive social emotional environment.

If you have a Tribal youth that would like to be involved in any of the above activities, please contact Amber Lomascola at alomascola@cowcreek.com or Susie Puckett at Spuckett@cowcreek.com for more information. Registration packets are always available via E-mail or can be picked up at the Center.

Round Circle Reading Group at the Tribal Community Center

Due to upcoming Holidays and Staff Trainings, the Round Circle Reading Group is suspended, and will resume on March 6, 2018. Any Tribal family with a child from birth to 5 years old is invited to join. The group meets at 213 S. Old Pacific Hwy each Tuesday morning from 10 AM to 10:45 AM. This is a casual class with snacks to enjoy and a child-friendly carpet for families to relax on. We provide a plethora of age-appropriate books to read together. Each child will get to leave with two books of their choice. For more information, please contact Susie Puckett at 541-860-7296.



Messages from the Clinic

Promoting Resiliency with ACES Screenings

The Cow Creek Health & Wellness Center and Behavioral Health are looking forward to the implementation of Adverse Childhood Experience Screenings (ACES) in the clinics, starting in 2018. As part of the Native Connections grant to reduce substance abuse and untreated mental health issues, and to reduce suicide and suicide attempts in our youth, CCH&W Clinics will be taking a more proactive stance in helping to identify those families who could use some assistance.

The ACES is a tally of different types of experiences that families may encounter that could have adverse effect on our health. This could include the chronic stress of living with racial discrimination and belowpoverty level conditions. Studies are showing that higher ACES scores are correlating to higher incidences of cancer, heart disease, diabetes. substance abuse and mental health issues. Often. children with high levels of trauma and stress are misdiagnosed as having attention deficit disorder; this is because kids dealing with adverse experiences may be impulsive - acting out with anger or other strong emotions. While the ACES score isn't a crystal ball for future health issues, it can be a great tool to help health care professionals get families some extra help in addressing issues.

The Cow Creek Clinic, Behavioral Health, and Human Services want to focus on building resilience in our Tribal Youth. Studies clearly show that positive interactions with caring adults strengthen a child's ability to weather adversity. These positive relationships build a child's resilience and can promote success in school and in life. Having a grandparent who loves you, a teacher that understands and believes in you, or a friend of any age that you can trust can help neutralize the long term effects of early childhood trauma. 'There are a lot of people with high ACES scores who do remarkably well", says Jack Shonkoff, the Director of the Center of the Developing Child at Harvard University. Research is suggesting that for adults "trauma informed therapy" that is centered on mindfulness, art, and culture can help.

In 2018, look for activities from Cow Creek Health & Wellness Behavioral Health that focus on building resiliency in our Tribal youth. Besides the implementation of ACES screenings in the clinics, you can anticipate programs that celebrate the rich culture and tradition of the Cow CreekBand of Umpqua Tribe of Indians. The Native Connections Coordinator Sandy Henry will be working on implementing a program of matching Tribal youth with Tribal elders for activities that promote Cow Creek heritage and culture.

If you are interested in participating, please contact Sandy at 541-677-5586. In March of 2018, the youth from the Tribal Youth Center will be featured in a show at the Umpqua Valley Arts Center. For more information on the art show, please contact Darlene Chapman Prevention Specialist at 541-492-5236.



Government and Programs

Purchased & Referred Care News and Information Corner

Over the Counter Program (OTC)

The 2017 OTC program is now over, and PRC will not be accepting any more receipts for 2017. Soon, you will hear of the new program where all Tribal members will get their benefits from the program sent to them directly. No more receipts or out of pocket expense will get reimbursed. We are finalizing the details of how the money will be sent out to each Tribal member. This is planned to be done in February 2018. More announcements to come.

2018 PRC Applications

PRC applications have been sent out and we have had a great return on them so far. If you have not completed the application for each Tribal family member, please complete and send back as soon as possible. If PRC doesn't receive your application, we will not be able to issue you PO numbers until we have a completed one on file.

Reminders

- It is the members' responsibility to call for a PO 2-3 days before your appointment.
- Remember to always make sure the provider has your PRC billing information.
- If you receive a statement, <u>please call the provider</u> and make sure they have your billing information including billing PRC. We are a payor of last resort.
- Remember to turn in your 2018 PRC application.

NEW FOOD BANK HOURS

As of January 2018, the new Food Bank hours will be: 2nd Tuesday each month from 9 AM - 11 AM 4th Tuesday each month from 2 PM - 4 PM

Low Income Rental Housing

The Cow Creek Housing Program is accepting applications for the Tribe's Low Income Rental homes. This program is federally funded through the Housing and Urban Development (HUD) Indian Housing Block Grant (IHBG), and is administered by the Tribe.

This program can assist eligible Tribal members who are willing to reside in one of the Tribe's low-income rental units. Priority is given to families with the greatest needs in relation to income, family size, age, disabilities, etc.

Reminder: If you are currently on the waiting list for a house, please make sure that your address and phone number are up to date. If your name is coming up on the list and we cannot get a hold of you, we will be forced to pass you by until we hear from you. Remember that if you are on the waiting list, your application needs to be updated on a biannual basis.

For more information, contact Resident & Self-Sufficiency Manager, Sarah Thompson at 541-863-3730, or SThompson@cowcreek.com, or the Housing Admin Assistant, Mel Johnson at the number above or MJohnson@cowcreek.com.

Tribal Garden Seeks Tribal Member Volunteers for 2018 Growing Season

The Natural Resource Department is looking for up to five Tribal member volunteers that are interested in assisting with Tribal garden activities this year. If you are interested, please contact the Natural Resource Department at 541-677-5575 for more information. All volunteers will be required to sign a liability waiver prior to performing work.



Government and Programs

Energy Assistance

The Tribe's Low Income Heating and Energy Assistance Program (LIHEAP) has received its funding for the 2017-2018 Program Year.

At this time, the program is open to Elders, Individuals and families with disabilities, and households with children where energy assistance is an emergent need, where without assistance there is a health and/or safety risk. Our State LIHEAP Grant requires that we hold open a certain amount of time for those Households listed above to utilize assistance prior to opening the funding up for all other Households.

On December 1, 2017, the LIHEAP Program opened up for all eligible Tribal Households. Please remember this program is on a first-come, first-serve basis, and is dependent on funding available for providing assistance once per year to Tribal Members living in the seven county service area who meet the qualifications on income and status. Resource and referral information can also be provided.

For more information, please contact Sarah Thompson, Resident & Self-Sufficiency Manager at 541-677-5575 or SThompson@cowcreek.com.

Learn a New Skill with Lynda.com

Did you know that as a Cow Creek Tribal student, you have unlimited access to Lynda.com, an on-demand library of high-quality instructional videos covering a vast range of software, business and creative skills.

With more than 5,000 courses taught by industry experts, and more added every week, Lynda.com is designed for all levels of learners, and it's available whenever you're ready to learn. You can access it from Lynda.com, and with the Lynda.com app, you can view courses from your mobile device.

A great way to get started is to watch the "How to Use Lynda.com" course. For more information on how you can start using Lynda.com, contact Kelly Warner, Tribal Workforce Development Manager at (541) 677-5575 ext. 5222.

Tribal Rental Assistance (TRA) Program and Extended Tribal Rental Assistance (ETRA) Program

The Cow Creek Tribal Housing Program provides rental assistance to eligible low-income Tribal members living in Douglas County. TRA pays \$200-\$300/month toward the Tribal member's rent for a year. Payments are made directly to the landlord; payments cannot go to the Tribal member, a family member, or a mortgage company.

TRA is federally funded through the Indian Housing Block Grant (IHBG). Participants must meet and maintain eligibility criteria. Eligibility is based on household size, income, and rent amount. TRA participants cannot pay more than 30% of their total household income for rent. Approval is subject to available funding.

Once Tribal Rental Assistance ends, the Tribal member may apply for Extended Rental Assistance. ETRA pays \$100-\$150/month toward the Tribal member's rent for another year. ETRA is also federally funded and participants must still meet and maintain income and rent payment guidelines. After both TRA and ETRA have been exhausted, the Tribal member is eligible to apply again in five years.

For more information, contact Justin Mathison, Housing Director, at 541-677-5575 or JMathison@ cowcreek.com, or the Housing Admin Assistant, Mel Johnson at the number above or MJohnson@ cowcreek.com. You may also download the application at www.cowcreek.com through the Tribal Members' portal. Just click on the Login option at the top.

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Day GO Closed	2 Senior Meal	3	4 Senior Meal	5 Elders Luncheon 12 PM @ 7F	6
		Freedom from Smoking Class 6 PM @ GO				
7	8	9 Senior Meal	10	11 Senior Meal	12	13
		Food Bank Open 9 AM - 11 AM		Takelma Class		
14	15 Martin Luther King Jr. Day GO Closed	16 Senior Meal	17	18 Senior Meal Takelma Class	19 RSVP Deadline for Cow Creek Culture Conference	20
21	22	23 Senior Meal Food Bank Open 2 PM - 4 PM	24	25 Senior Meal Takelma Class	26	27
28	29	30 Senior Meal	31			

Regular Activity Times and Places

Senior Meals: 12 PM @ Seven Feathers Takelma Class: 10 AM - 12 PM @ TCC

Reading Group: Returning March 6, 2018. Tuesdays 10 -

10:45 AM @TCC

GO: Government Offices, Roseburg, OR

TCC: Tribal Community Center (formerly the Education and Workforce Center), Tri-City, OR

7F: Seven Feathers Casino Resort **BH**: Block House, Canyonville

For any questions regarding activities, please call the Government Offices at 541-672-9405.

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Senior Meal Takelma Class	2 Elders Holiday Luncheon 12 PM @ 7F	3
4	5	6 Senior Meal 3rd Annual Culture Conference 8 AM - 4 PM @7F TCC & Youth Center Closed	7	8 Senior Meal Takelma Class	9	10
11 General Council Meeting 10 AM @ GO Lunch Provided Food Bank Open after meeting	12	13 Senior Meal Food Bank Open 9 AM - 11 AM	14	15 Senior Meal Takelma Class	16	17
18	19	20 Senior Meal	21	22 Senior Meal Takelma Class	23	24
25	26	27 Senior Meal Food Bank Open 2 PM - 4 PM	28			

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Senior Meals: 12 PM @ Seven Feathers Takelma Class: 10 AM - 12 PM @ TCC

Reading Group: Returning March 6, 2018. Tuesdays 10 - 10:45

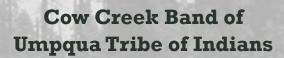
AM @TCC

GO: Government Offices, Roseburg, OR

TCC: Tribal Community Center (formerly the Education and Workforce Center), Tri-City, OR

7F: Seven Feathers Casino Resort **BH**: Block House, Canyonville

For any questions regarding activities, please call the Government Offices at 541-672-9405.



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