

# Wik'uuyám Heeta'

"Friend, Away from Here"

The Official Newsletter of the Cow Creek Band of Umpqua Tribe of Indians



Volume 30, Issue 10 November 2020

We will be known forever by the tracks that we leave.

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Ryan Rainville has achieved an Air Force rank that few have before (Page 6

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These tips can keep you, and those around you, safe from danger (Pages 16-17)

## **Schedules**

### **Government Office Hours**

Monday - Friday 8 AM to 5 PM

Roseburg Clinic Hours

Monday - Friday 8 AM to 12 PM, 1 PM to 5 PM

No Walk-Ins. Please Call for Same-Day Appointment

### Canyonville Clinic Hours

Monday - Friday 8 AM to 12 PM, 1 PM to 5 PM No Walk-Ins. Please Call for Same-Day Appointment

## Office Closures

January -- New Year's Day

January -- Martin Luther King Jr. Day

February -- Presidents' Day

May -- Memorial Day

July -- Independence Day

September -- Labor Day

October -- Columbus/Indigenous Peoples Day

November -- Thanksgiving Day (and next day)

December -- Christmas Day (and Eve)

Please note that during the crisis, access to the Government Offices is being regulated, by decision of the Tribal Board. If you intend to visit the Offices or the Clinics, please call ahead to 541-672-9405.

### Seven Feathers RV Resort Gets New Cabins for Rent

The Seven Feathers RV Resort is no longer just for owners of an RV; now, you can camp out in the new glamorous knotty pine cabins—or "glamp" out, as RV Resort Manager George Chavez says.

After a visit to Roger Hicks' cabins in Cascade Locks, Oregon, Chavez and other Tribal business leaders decided to commission Hicks to build six cabins to install at the RV Resort in Canyonville, Oregon. These hand-crafted cabins feature full kitchens, a jetted bathtub, a bedroom with a queen size bed, closet, and wall safe, and a living room. The cabins offer cable TV, free Wi-Fi, phone, linen service, and all the amenities of the RV Resort, like the pool and 24-hour shuttle service to the casino.



Exterior views of the cozy new cabins

The resort has ordered three each of the two available designs. The first model has a front porch and a longer living room, featuring a pull-out futon and a twin bed so that up to five visitors can sleep inside. The second model features both a front and back porch, but has a shorter living room with just a futon, allowing this model to sleep four guests. As of this writing, two cabins are available to rent, with two more coming in early November, and the last two becoming available early 2021. The resort is also constructing three yurts, which should be ready by Spring next year.

"These cabins offer a tranquil atmosphere for guests to enjoy," says Chavez. "It leaves you with beautiful surroundings and natural scenery of the mountains. I want to thank the Tribe for deciding to add these cabins and yurts as another option for guests to stay at the RV Resort, and for the opportunity of managing this resort."

Tribal members get a discount year-round to rent these cabins. Learn more at www.sevenfeathersrvresort.com.



Each cabin has a living room, kitchen, bedroom, and bathroom



The bedroom in each cabin features a queen bed

### **Congressman Walden to Retire**

The Western Oregon Tribal Fairness Act also known as the Cow Creek Reservation Bill was introduced in the senate by Senator Ron Wyden (D-OR) in 2013 and in the house by Congressman Peter DeFazio (D-OR) and went through several modifications before final passage in late 2018. With passage of the act, over 17,000 acres of federal land was transferred back to the Tribe, satisfying the intention of the 1853 treaty that promised a permanent reservation for the Cow Creeks.

With the partisan atmosphere that exists in Congress, it was necessary to gain bipartisan support for passage of the act. There was strong support from the Oregon Democratic Congressional delegation, however gaining republican support was vital. Congressman Greg Walden (R-OR) and Senator Lisa Murkowski (R-AK) provided that support.

Senator Murkowski, as Chairman of the Energy and Natural Resources Committee (ENR) was a key part of our efforts. She was dedicated to including our legislation in several ENR bills.

Congressman Walden agreed to co-sponsor our bill and played a very important role with the republican led House of Representatives. Congressman Walden has served Oregon's 2nd Congressional District in the US House of Representatives since 1999 and will be retiring after this term.

As a gesture of gratitude and appreciation, the tribe commissioned a series of original paintings from Cow Creek Tribal Artist, Linda Jackson, also known as "Two Handed Hummingbird." Each painting was similar, but unique and specific for Wyden, Murkowski, DeFazio and Walden, and can be seen on page 5.



Congressman Walden (left) receives one of Linda Jackson's paintings as a gift from Tribal CEO Michael Rondeau (center) and Tribal Chairman Dan Courtney (right)

## Congressman Walden to Retire, Continued



Painting by Linda Jackson, commissioned for the Cow Creek Tribe



Painting by Linda Jackson, commissioned as a gift for Senator Lisa Murkowski



as a gift for Senator Ron Wyden



Painting by Linda Jackson, commissioned as a gift for Congressman Greg Walden



Painting by Linda Jackson, commissioned as a gift for Congressman Peter DeFazio



The artist, Linda Jackson Photo used with permission

### **Tribal Member Highlight: Ryan Rainville**

by Robert Van Norman, Tribal Board Treasurer

Tribal member Ryan Rainville, currently stationed at Kingly Field in Klamath Falls, Oregon, has achieved the rank of Senior Chief Master Sargent in the U.S. Air Force, Air National Guard. He is one of only 250 Air Force service men to achieve this rank. We are proud of his excellent service to our country and honor him for his achievement.



Ryan Rainville receives his accolades

If you would like to highlight any other Tribal members for their excellence, please contact the Communications Coordinator at 541-677-5575

### **Tribal Youth Council Serves Small Tribal Communities in Need**

The Cow Creek Tribal Youth Council is continuing its efforts with community service projects while still maintaining social distancing. We are currently working with the International Indigenous Youth Council's, Chicago Chapter, helping small Tribal communities meet their needs.

We ran a collection drive for art supplies for students K-12 to donate to the Cuba Independent School District in Cuba, New Mexico. Samantha Morris, this year's Council treasurer, decorated the art supply donation drop boxes.



Tribal Youth Council Treasurer Samantha Morris with the decorated donation boxes

### Cow Creek Culture Program Debuts Historical Information at Seven Feathers

In 2018, the Cow Creek Culture Program installed a series of displays along a prominent hallway in Seven Feathers that connects the hotel with the casino, including Tribal artifacts, plagues with information, and screens that would rotate through culturallysignificant images.

Now, however, these screens are being utilized to prominently display a series of images and text that illuminate the history of the Cow Creek people, past and present. These captivating selections of our culture are now available for any of Seven Feathers' visitors to learn more about us and our proud history and traditions.

Come visit the Seven Feathers Hotel and Casino Resort to see them for yourself!



The screens surrounding the cultural artifacts now display historical and cultural information

### **Tribe Participates in State-Wide Meeting with FEMA Administrator**

On Saturday, October 3<sup>rd</sup>, Tribal Board Member Jessica Bochart-Leusch, Cow Creek Emergency Management Director Tracy DePew, and Tribal Risk Manager Ryan Bochart were asked to represent the Cow Creek Band of Umpqua Tribe of Indians in a meeting with the Administrator of the Federal Emergency Management Agency, Pete Gaynor.

It was a unique opportunity, as representatives from all nine Federally Recognized Tribes met with Gaynor, Senators Wyden and Merkley, and Congressmen DeFazio and Walden to discuss ongoing wildfire and COVID response, FEMA grants, and preparedness for the future.



Attendees observe social distancing during the meeting with the FEMA
Administrator

Pete Gaynor tweeted afterward: "Thank you for the collaboration and continued work to strengthen tribal emergency readiness in Arizona, Oregon, and beyond!"

### Tribe Partners with Various Organizations to Provide Drive-Through Flu Shots

The Cow Creek Health and Wellness Center had a chance to deploy the Emergency Services trailer as part of a collaboration with Douglas Public Health Network and other emergency management and medical personnel from around Douglas County that offered 600 free flu vaccines at the Douglas County Fairgrounds on October 16th and 30th.

One challenge that a free flu clinic would face during

the COVID-19 pandemic is the danger of patients spreading germs in an enclosed environment. To solve this challenge, organizers placed medical volunteers in such a way as to allow patients to remain in their cars and drive past one of four stations that could administer the flu vaccine through an open window.



Volunteers from the Cow Creek Health and Wellness Clinic work with medical students and other medical volunteers to deliver flu vaccines to passengers waiting in a line of cars

"It's a great opportunity for us," said Pamela Gutman, Cow Creek Public Health Improvement Manager. "Not only do we get to engage with partners in the community in helping people, but this helps us practice for responding to any future emergencies."

### Historical Documents: "The Three R's - A Story of the Lone Rock School"

by Jennifer Bryant, Cultural Activities Specialist

This story, published in the Spring 1966 edition of *The Umpqua Trapper*, features a school where some of our ancestors, the Thomasons, attended. It is reprinted and abridged here with permission.

## The Three R's – A Story of the Lone Rock School by an Uncredited Author

Typical of the oldtime country schools once common in Douglas County was the Lone Rock School which stood on the north bank of the North Umpqua River, facing the small rivulet which flows into the river just below the present Lone Rock Ridge. In early days the locality was known as Lone Rock Ferry, Washington Hughes having established a free ferry there before a bridge was built.

Records in the office of the Douglas County School Superintendent show that the Lone Rock school was established in 1884. On January 12th of that year County School Supt. Frank W. Benson, later Governor of Oregon, entered on the books a petition to create a new school district, officially known as District No. 68. This new district, unofficially called the Lone Rock district, was created by carving off a portion of the northeastern part of old original District No. 12. ...

The first teacher shown for the new district was Anna Underwood, the date being February 1st, 1885.

The school house serving this new district was approximately 24 x 30 feet, according to Perry Wright of Toketee Falls Route, Ideyld Park. Much of the material for this article was obtained from Mr. Wright and from Washington Hughes of Roseburg, both former pupils of the old Lone Rock School. This house was built of rough lumber; vertical 1x12 inch boards formed the walls, the cracks between them battened with vertical strips measuring ¼ inch thick and 4 inches wide. In later years, this exterior was sided with shiplap. The building was heated by a large box-style wood heater which stood near the center of the room; wood for this stove was stored under the school house, which was built a few feet off the ground.

Two doors led into the building, one on each side **8** of the front end of the structure. Inside, two

rows of home-made desks and benches ran down the length of the single room. These wooden benches, made by the men of the district, would seat from two to four pupils; the back of the bench supported a sloping desk for the pupils seated on the next bench to the rear, and a space under the desk served to store books and slates. The teacher occupied a desk near the center of the front portion of the room, facing the stove and the two rows of pupils. A recitation bench was backed against the inner front wall between the two doorways; a large blackboard was also provided.

Sanitary facilities were of the customary style of the era, consisting of two wooden outdoor privies; drinking water was supplied by a pail and communal dipper, the water being carried up to the school by the pupils from the North Umpqua river about 200 yards away. The teacher frequently admonished pupils who were getting a drink to stand close to the pail, so that any water that dribbled from the dipper by the drinker would fall back and not be wasted on the floor!

Water for washing slates was obtained from the tiny creek which flowed near the school yard, and this creek was also the source of water used for an occasional scrubbing of the floor.

Many of the pupils attending Lone Rock lived a considerable distance from the school house. The Dieckmanns, Barkers, and Thomasons all lived on the south side of the river and had to cross back and forth daily on the ferry boat; the Thomason children walked to school from Glide, where their parents operated a store and the post office. The Wright children lived on the north side of the river about 1 ½ miles beyond the Hughes home — the Lairds frequently rode to school on horseback.

Perry Wright recalls the games the children played during recess and the lunch **Continued Page 9** 

### **Historical Documents, Continued**

hour. He states, "The games we played were 'black man', 'dare base', and 'town ball; — of course, there was 'drop the handkerchief' and 'ring around the rosey' for the younger children. We sure got plenty of exercise and it didn't cost a penny — well, maybe an extra pair of shoes occasionally."

"Black man" and "dare base" were both forms of tag, while "town ball" was a form of baseball; any ball hit was fair ball and a runner was put out by throwing the ball across the base line in front of him.

The school house served as a community building as well as a seat of learning. Washington Hughes

recalls that the school was used as a meeting-house by members of a Baptist congregation until a church was built in Glide around the turn of the century. The school was also the scene of community Christmas parties...

An early teacher at Lone Rock was John Franklin Wright, who was called "John Penny" Wright and occasionally was known as "Two-fingered Jack," having only the thumb and little finger remaining on his right hand. He was an uncle of Perry Wright and was Perry's first teacher; the Wrights came to Oregon from Missouri late in the **Continued Page 10** 



Lone Rock School about 1890. Front row, left to right: John Dieckmann, Zach Barker, Lulu Hughes, Lily Barker, Phil Dieckmann, John B. Wright, Walter Wright, Dory Thomason, Charlie Barker, Edgar Wright, Perry Writhgt, Jesse Hughes. Rear row, left to right: Teacher John "Penny" Wright, Rosie Barker, Ida Barker, Mollie Thomason

### **Historical Documents, Concluded**

1870's and Perry was born in 1883 on the farm owned by his father, Charles Humble Wright, northeast of the Lone Rock school. Other teachers who taught at Lone Rock, some for 3-month terms, included Billy Patterson, Charley Snell, Winfred Wright, Hubert Wright, Frank Hill, Cal Hedgspeth, Nettie Blakely, Mary Halter (who later married Douglas Chapman), Mrs. Connie, and Leona Matthews, now Mrs. Carl C. Hill. ... The picturesque rock pillar, long a landmark on the North Umpqua, was thoughtlessly blasted into the river when the present bridge was constructed.

Discipline in Lone Rock school frequently consisted of "the palm of knowledge applied to the seat of learning" — Wash Hughes recalls that Mrs. Connie judiciously used a length of board to correct certain students who threw "spit-wads". The Connies lived up Rock Creek and Hughes recalls that they were one of the first families in the area to own an organ; no road worthy of the name led in to the Connie homestead and the bulky musical instrument was packed in las to poles, travois-fashion, behind a horse.

Lone Rock school passed from existence in September, 1921, when District No. 68 was consolidated with Districts 12 and 65, the pupils from the area being transferred to the school at Glide.

### **Important Education Benefits Updates**

### **New Students**

If you are planning on STARTING college/university in the winter term or spring semester, you must submit your application or update form and required documents by November 15<sup>th</sup> in order to receive funding. You can find the applications or update forms on the Education Website at www.cowcreekeducation.com.

### **Current Students**

Winter term or spring semester schedules must be submitted by December 1<sup>st</sup> in order to receive your funding. Please note, that funding for winter term or spring semester will not be mailed until January 8, 2021.

### **Full-Time College/University Students**

There is still time to receive Student Rental Assistance. Full-time Post-Secondary students can find the 2020 – 2021 Student Rental Assistance (SRA) application on the Cow Creek Education website. If qualified, a student attending an accredited, Title IV school, can receive a \$300 stipend towards rent from September – May. The SRA is a federal program and the application requires many pieces. Please start the application process as soon as possible to ensure timely assistance with rent.

Questions and all documents can be submitted to info-education@cowcreek.com.

## A Letter from Tammie Hunt, Cow Creek Education Director

And so the time has come...I will be retiring as the Cow Creek Education Director at the end of 2020 after 8 happy and memorable years.

I have enjoyed all of the relationships that I have built with so many of the Tribal membership. Thank you for your trust in me during that time in delivering services to you and your families. So many of those relationships stay deep in my heart.

I am incredibly pleased to have two wonderful successors. **Sandy Henry** will be the new Education Director and **Karissa Bent** will be the Program Manager that will be working with you in delivering **10** benefits to our Tribal membership.

Starting January 2021, please send all correspondence regarding any Educational Benefits to Karissa. She can be reached at <a href="mailto:kbent@cowcreek.com">kbent@cowcreek.com</a>, infoeducation@cowcreek.com, or by phone at (541) 677-5575.

I wish you the best in your education, life, and families. I hope that our paths cross again in the future.

My Best,

Tammie Hunt

### In Remembrance of the 1853 Treaty Signing

by Jeremy Johnson, Cow Creek Cultural Resources Programs Manager

Over one hundred fifty seven years ago (on September 19, 1853), leaders from the various bands of Cow Creek signed a treaty with the US Government ceding 720 square miles of land for the sum of \$12,000; to be expended in the purchase of "blankets, clothing, provisions, stock, farmingimplements, or such other articles, and in such manner as the President of the United States may deem best for the interests of the tribe". Also promised were two dwelling-houses, seed, and a fenced, five-acre field. Since the signing of the treaty, the Cow Creek people have had many hardships and fights; but also many successes. In remembrance of Treaty Day, the Cultural Resources Program dug into its archives to share a newspaper article from 1979 which talks about the fight some Elders had endured for the introduction of a bill in Congress seeking a review of the 1853 treaty and the fairness of the treaty, which paid 2.3 cents an acre to the Cow Creek people while assessing the land value at \$1.25 an acre just months before. Enjoy the read!

THE SUNDAY OREGONIAN, MARCH 18, 1979

The Sunday Oregonian

## IN THE PACIFIC NORTHWEST

## Cow Creek Umpquas claim treaty ignored; bill introduced

KLAMATH FALLS -The Cow Creek Band of Umpqua Indians hopes that bills introduced in Congress last week will give 550 overlooked Indians their day in court.

Robert Buschmann, a tribal official, said the bills introduced by Sen. Mark Hatfield and U.S. Rep. Jim Weaver could bring benefits to the Indians if the Court of Claims rules that the Cow

Creek Umpquas have a valid claim.

The tribe is not looking for land or hunting or fishing rights, Buschmann said. What the tribe does seek is a review of a treaty negotiated by Gen. Joel Palmer, U.S. Indian Agent. Sept. 18, 1853, between a chief and four headmen of a group Palmer gave the name "Cow Creeks." Until then there had been no such designation. The band involved was Umpquas who lived around Cow Creek on the Riddle Land Claim in

Douglas County.

The treaty promised to pay \$12,000 for 800 square miles of land plus several houses worth \$200. It also agreed to supply fencing, plowing and seeds for a field of five acres. After the first pay-ment, an annuity was to be paid: "blankets, clothing, provisions, stock and farming implements."

Buschmann, who works for the tribe's attorney, Robert Thomas of Klamath Falls, said his research shows the government stopped payment after the first installment of goods, probably because of the Rogue River Indian War. Some Cow Creek Umpquas left to fight with the Rogues, but others fled to the hills to hide. When the war ended in 1855, Cow Creeks back from the battle went to the Grande Ronde Reservation. The rest stayed nearby in Cow Creek, Canyonville and Myrtle Creek. The government resumed treaty payments to the Umpquas at Grande Ronde, but seemed unaware of the other Cow Creeks off the reservation.

The latter, according to Buschmann, never received benefits. "We haven't had Bureau of Indian Affairs allotments or education rights. About 1960 the Western Oregon Judgment made settlements with Umpquas of the Grande

Our non-reservation Cow Creek Umpquas applied for their share, but were rejected because they could not prove descendancy from the Cow Creeks at Grande Ronde. Actually, the last trace of any Umpqua Cow Creeks at Grande Ronde was in 1900 after which the original 17 lost all separate identity by intermarriage with other tribes.

The descendants of the Cow Creeks who fled to the hills of the Rogue Valley war and who never went to reservations are the ones for whom the bill introduced this week is designed.

Buschmann believes the court might explore whether the treaty was in fact "fair and honorable dealing" since the Indians received 2.3 cents per acre, whereas seven months previously the Oregon Donation Land Claim Act had pegged the going price for land at \$1.25 per acre for settlers.
"There have been cases where the

court has determined that the government has paid too little for the land," Buschmann noted.

In 1946 the Indian Claims Commission Act was passed, but the commission did not inform the Cow Creeks that they might apply for consideration. Notified then were seven or eight wellestablished groups of better-known In-dians. The Cow Creeks, maybe less than 300 at that time, lived isolated in the Days Creek, Tiller, Drew, Glide and Canyonville communities. The Claims Commission expired Sept. 30, 1978, with a backlog of cases unresolved. The Cow Creeks never did get considered.

The Umpquas once numbered about 6,000 people but they lived in small family bands, ranging from eight to 35 people. They lived in Douglas, Jackson and Josephine counties - all over Western Oregon between the Coast Range and the Cascades, from the Rogue River in the south to the Cala-

pooia Creek in the north.

Sen. Charles L. McNary introduced
a bill similar to the current one on behalf of the Cow Creeks in 1926, 1928 and in 1932 - the latter passing both houses, but it was vetoed by President Hoover. The struggle goes back to 1879 when a resolution was passed in ConCreek Indians but it was never passed.

Buschmann said he thinks action could come in two or three months unless something unforeseen should oc-cur.The Cow Creeks became a nonprofit organization with 11 board members in 1974. Formal tribal meetings have been held since 1926.

### Takelma Language Corner

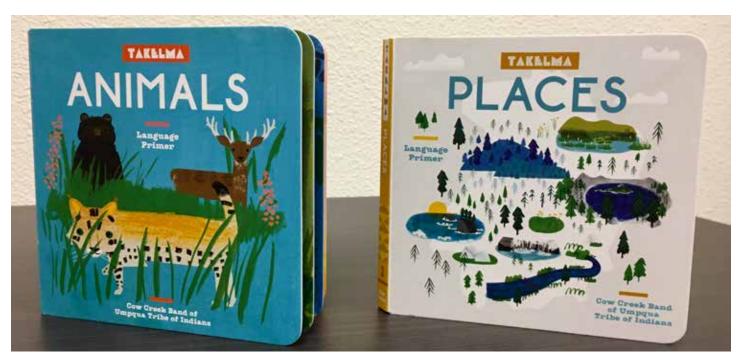
Tayoowkàm túu! (Happy Autumn!)

It's now autumn -- Laàph almohíth lop'óth! (The orange leaves are falling!)

This month, the Education Department has been mailing and handing out as many as FOUR THOUSAND books (kamkàman ìxtiiltan t'eimì's) in Takelma to all Tribal members and government employees.

Animals and Places, the first two books in the Takelma Language Primer series, are the first products of the work being done for our ANA Language Revitalization Grant. Everyone will receive four more books in the coming two years!

We hope you love reading and learning the Takelma language with your family. Keep an eye out for additional learning materials that we'll be producing in conjunction with these books in the near future!



These books are the first two of a six-book Takelma Language Primer series



The Education Department and volunteers hard at work preparing the new books for mailing

## Messages from the Clinic

### **Chocolate Almond Avocado Oat Bites**

Submitted by Becky Johnson, CCH&WC Registered Dietician Recipe adapted from the HASS Avocado Board, <u>loveonetoday.com</u>

Prep Time: 20 minutes

Cook Time: 70 minutes (refrigerator time)

Servings: 20

### **Ingredients:**

1 ¼ cups rolled oats, toasted, divided

1 cup chopped almonds, toasted, divided

1 ripe, fresh avocado, halved, pitted, peeled and mashed

1 cup (8 oz.) pitted dates, chopped, packed

½ cup cocoa powder

1 tsp. vanilla extract

¼ tsp. salt

### **Directions:**

To toast oats and almonds: Preheat oven to 350 degrees F. Spread oats and almonds evenly in a single layer on a baking sheet, careful to not mix and keep separate. Bake for 7 to 10 minutes, turning over occasionally, until lightly toasted; remove from oven and cool.

Process avocado, dates, ½ cup toasted almonds, cocoa powder, vanilla and salt in a food processor until mixture is finely chopped and sticky. Stir in 1 cup toasted oats.

Transfer to a medium bowl and refrigerate until chilled, at least 1 hour.

Form 20 bite-sized balls using your palms. Roll balls in remaining toasted oats and almonds. Place on a tray lined with parchment paper. Store in the refrigerator for up to three days.

<u>Nutrition Facts (per serving):</u> 110 calories, 3 grams protein, 15 grams carbohydrate, 5 grams fat, 30 mg sodium, 3 grams dietary fiber



### New Diabetes Prevention Program Classes Starting in January 2021

Are you worried about developing diabetes? Has your doctor told you that you have prediabetes? Do you want to become as healthy as you can be? If you answered yes to any of these questions, the Cow Creek Health & Wellness Center's Diabetes Prevention Program is for you! This year-long intensive program has helped over 75 people with pre-diabetes see results. Over 400 pounds have been lost, blood sugars have returned to normal, and cholesterol dropped by an average of 20 points!

New classes will begin in January 2021 and will be offered at 3 locations – the North Clinic in Roseburg, the South Clinic in Canyonville, or a new virtual class offered via Zoom.

Start the New Year off right with classes led by a certified lifestyle coach! To join the upcoming Diabetes Prevention Program or for more information please contact Becky Johnson at 541-677-5572.

## Cow Creek Health and Wellness Center Changes Mailing Address

This article is to inform you of our new mailing address. For all correspondence that would be sent to either the North or South clinics' physical addresses, please send them to our new mailing address:

Cow Creek Health and Wellness Center PO Box 1400

Roseburg OR 97470

Our phone numbers and fax numbers remain the same. Please update your records to reflect this new contact information.

### Reminder of Clinic Lunch Closures

This is a reminder that in order to accommodate changing workflows, the Cow Creek Health and Wellness Center (both clinics) are now closed from 12 PM to 1 PM. They are open Monday - Friday from 8 AM - 12 PM and 1 -5 PM.

## Government and Programs

## New Income Tax Guide for Native American Individuals and Sole Proprietors

The new IRS Publication 5424, Income Tax Guide for Native American Individuals and Sole Proprietors is now available on www.IRS.gov.

Members of a federally-recognized Indian Tribe are subject to federal income and employment tax and the provisions of the Internal Revenue Code, like other U.S. citizens; however, some payments that Tribes make to members for special purposes or programs, such as social welfare, medical assistance, education, housing or other similar specifically identified needs are exempt from taxation.

Please read and familiarize yourself with the IRS regulations at the following link: <a href="www.irs.gov/pub/irs-pdf/p5424.pdf">www.irs.gov/pub/irs-pdf/p5424.pdf</a>.

## Notice Regarding the November General Council Meeting

The General Council meeting is scheduled to be held on Sunday, November 8, 2020, at 10 AM at the Seven Feathers Convention Center in Canyonville, Oregon.

Due to the statewide COVID-19 pandemic restrictions, protective face masks or coverings will be required for entry and all social distancing procedures will be adhered to.

Due to the change in location of this meeting, there will be **No Food Bank**. However, whole salmon from the Pow Wow will be handed out after the meeting, so if you plan to attend, please bring an ice chest with you.

If you have any questions, please contact the Tribal Government Offices at 541-672-9405.

## Law Enforcement Commission Open for Applications

Tribal leadership is forming the new Law Enforcement Commission in order to govern the actions, responsibilities, and budget of the upcoming Tribal police force. This committee will consist of 5 positions: 2 Tribal Board members, 1 Tribal Government Office employee representative, 1 Tribal business representative, and 1 Tribal member at large. The Tribal Police Chief and the Tribal Police Force will report to this committee.

- To apply, you must meet the following criteria:
- The applicant must be at least 18 years of age
- The applicant must have never committed a felony or major traffic violation
- The applicant must have at least a High School diploma
- The applicant must pass a background check

Preference is given to Tribal membership, to applicants with past law enforcement experience, and to applicants who have worked closely with law enforcement in the social service and mental health field for at least 5 years. All applications must be submitted by November 13<sup>th</sup>. This application should be completed online at the link below, and should include a Letter of Interest and a Resume (uploaded during the online application process).

Application Link: <a href="https://forms.cowcreek.com/forms/employmentapplication">https://forms.cowcreek.com/forms/employmentapplication</a>

### **Art Needed for 2021 Prevention Calendar**

We need prevention-themed art from youth ages 6-18 for the 2021 Prevention Calendar! For more info, contact Darlene Chapman at 541-691-2432 or <a href="mailto:dcapman@cowcreek.com">dcapman@cowcreek.com</a>.

## Do You Have a Tribal Services Directory?

Tribal members, do you have the Tribal Services Directory for 2019/2020? It is a great resource. Not only does it contain contact information about programs, but it also answers some commonly asked questions like "Why don't Indians pay taxes?" or "What is a reservation and what does 'trust land' mean?" or "What does 'The Northwest Ordinance signed July 13, 1787' have to do with us?" If you don't have a copy, and would like one, call Rhonda Richardson, Tribal Member Liaison, at 541-677-5575 extension 5513.



You and a guest are invited to enjoy a **FREE** meal\* in



STEAK HOUSE

any time through November 28, 2021\*

\*Not valid holiday weekends

Choose from many delicious options including Blackened Halibut, 16oz Ribeye Steak, Pork Brisket and more.

\*up to \$75 – alcohol NOT included Reservations required, contact Dennis Hanson, at 541-839-1344. Please leave a message if no answer. • Must show tribal ID





## **Emergency Preparedness**

### **Beware of Disaster Fraud or Scams**

By the Federal Emergency Management Agency (FEMA), via Tracy DePew, Cow Creek Emergency Management Director

When natural disasters occur, it is common for some people to try to take advantage of survivors by posing as official disaster aid workers trying to help survivors complete their applications.

Scam attempts can be made over the phone, by mail, email, text or in person. Survivors of the Oregon wildfires should be aware of scams and report any suspicious activity or potential fraud from scam artists, identity thieves and other criminals.

Federal and state workers never ask for, or accept, money and always carry identification badges. There is no fee required to apply for, or to get, federal disaster assistance. There is never a fee ffor FEMA home inspections.

During each disaster, it's important to stay tuned to local media and trusted local and federal social media for current updates about ongoing disasters and tips on fraud prevention.

If something makes you feel uncomfortable, check with FEMA or local law enforcement to ensure your identity is protected.

Those who question the validity of a contact, or suspect fraud, are encouraged to call the FEMA Disaster Fraud Hotline at 866-720-5721. Complaints also may be made by contacting local law enforcement.

FEMA also recommends you monitor your credit report for any accounts or changes you do not recognize. If you discover someone is using your information, you will need to take additional steps, to include filing a complaint with the Federal Trade Commission through its website IdentityTheft.gov.

Tips to protect against charity scams and a list of registered charitable organizations are available at: www.doj.state.or.us/charitable-activities/

Sign up for scam alerts at <a href="https://www.doj.state.or.us/">www.doj.state.or.us/</a>
consumer-protection/scam-alert-network/.

### **Be Fire Safe During Hunting Season**

As hunters gear up for the opening weekend of deer season, the Douglas Forest Protective Association would like to remind all forest users to be cautious in wildland areas, even though fire season has ended. Exercise extreme caution when engaging in the following activities:

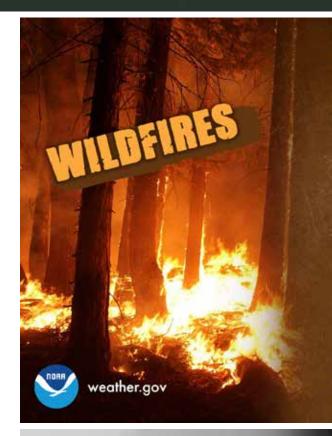
- <u>Smoking:</u> If you smoke outside of vehicles or at designated locations, make sure the butt is fully out.
- Vehicle Use: Vehicles traveling in wildland areas should stay on roads free of flammable vegetation. In addition, each vehicle traveling on forest roads should have an axe, shovel AND a 2 ½ pound or larger fire extinguisher or a gallon of water. ATV's and motorcycles should have a 2 ½ pound or larger fire extinguisher.
- Open Fires: Campfires, warming fires, and cooking fires should be kept within DFPA designated campgrounds, and fully extinguished after use. A list of DFPA's designated campgrounds can be found online at <a href="https://www.dfpa.net/public-fire-restrictions">www.dfpa.net/public-fire-restrictions</a>.
- Other Forest Restrictions: The use of fireworks, exploding targets, tracer ammunition, and sky lanterns should only be used with extreme caution, but are best avoided.

A complete list of DFPA's Public Use Restrictions and suggestions can be found at <a href="https://www.dfpa.net">www.dfpa.net</a> or by calling DFPA's 24 hour information line at 541-672-0379.

In addition to DFPA's Public Use Restrictions, private industrial landowners and public land management agencies may have additional fire restrictions or closures in place on the lands they own or manage. Hunters and other forest users are urged to check with the landowner or public land management agency for the location they plan to recreate at. More information about private industrial landowner closures can be found online at:

www.ofic.com/wp-content/uploads/2018/06/2020-OFIC-Closure-Form.pdf

## **Emergency Preparedness**



# Small Decisions can have a BIG IMPACT.

- Don't burn brush during dry conditions
- Clear brush away from your home

Don't let a bad decision be your last.



# Small Decisions can have a BIG IMPACT.

- · Slow down when visibility is reduced
- Don't use cruise control
- Delay travel until conditions improve



Don't let a bad decision be your last.

## FREE ZOOM FITNESS

## **WORKSHOPS!**

4 WEEK "LIVE ON-LINE" FITNESS SERIES
LOW IMPACT FOR ALL AGES

DATES: THURSDAYS NOVEMBER 5TH, 12TH, 19TH & DECEMBER 3RD 2020 6:30PM-7:30PM.

## Free Event

All Ages are Welcome!

Come Join us and learn from Professional Fitness Instructors & "Well for Culture" Guests for 4 Awesome Weeks. Great for Beginners, the entire Family, or anyone wanting to learn a healthy exercise routine via Zoom!

## **RSVP**

**Amy Holmgren** 

Cow Creek Band of Umpqua Tribe of Indians (541) 530-2852 Shayne Platz,

Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians



Sponsored by the CTCLUSI Family
Support Services and Behavioral Health
Department and in partnership with
Cow Creek Band of Umpqua
Tribe of Indians.



## November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Zoom Fitness Workshop 6:30 - 7:30 PM RSVP Required	6	7
8 General Council Meeting 10 AM @7F Convention Center No Food Bank after		10 Food Bank Open 9 AM - 11 AM	11	12 Zoom Fitness Workshop 6:30 - 7:30 PM RSVP Required	13	14
15	16	17	18	19 Zoom Fitness Workshop 6:30 - 7:30 PM RSVP Required	20	21
22	23	24 Food Bank Open 2 PM - 4 PM	25	26 GO Closed for Thanksgiving	27 GO Closed for Thanksgiving	28
29	30					

## December 2020

2 3 3 3 1 2 3 2 3									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		1	2	3 Zoom Fitness Workshop 6:30 - 7:30 PM RSVP Required	4	5			
6	7	8 Food Bank Open 9 AM - 11 AM	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22 Food Bank Open 2 PM - 4 PM	23	24 GO Closed for Christmas Eve	25 GO Closed for Christmas	26			
27	28	29	30	31	January 1 GO Closed for New Years Day				

## Location Abbreviations

GO: Government Offices, Roseburg, OR

SC: Cow Creek Health & Wellness Center, Canyonville Clinic

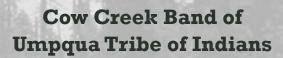
7F: Seven Feathers Casino Resort, Canyonville, OR

7FRV: Seven Feathers RV Resort, Canyonville, OR

TCC/EHYC: Tribal Community Center/Expanding

Horizons Youth Center

825 NE Leon Ave, Myrtle Creek, OR



2371 NE Stephens St. Suite 100 Roseburg OR, 97470

