

KIUYUM-ID



Early March, 2002

\$150,000 Contributed by Foundation to Promote Indian Law Education

One hundred fifty thousand dollars, contributed by the Cow Creek Umpqua Indian Foundation, will be distributed to the Northwestern School of Law at Lewis & Clark College in Portland, Oregon, over the next three years. The funds were contributed to promote American Indian law education and to honor two men, Dr. Stephen Dow Beckham and Dennis Whittlesey, who helped the Cow Creek Tribe fight for recognition.

The language of the Compact between the Cow Creek Band of Umpqua Tribe of Indians and the State of Oregon requires that 6% of all profits made from gaming each year be contributed to philanthropies and charities. The Cow Creek Umpqua Indian Foundation was created in response to the specifics of the Compact.

Twice a year, proposals arrive at the Cow Creek Umpqua Indian Foundation from non-profit organizations that seek funds to assist with diverse projects, ranging from the

purchase of playground equipment to support for legal aid. The Cow Creek Umpqua Indian Foundation concentrates on giving funding for projects that strengthen the family and further education. The \$150,000 given to the Northwestern School of Law at Lewis & Clark College will fulfill part of the 6% giving requirement the Cow Creeks must meet each year.

Announcement of the gifts occurred on November 3, 2001, at a banquet honoring Dr. Stephen Beckham and Dennis Whittlesey. Beckham holds the Dr. Robert B. Pamplin Jr. Professorship in History at Lewis & Clark College and has become known as an expert in American Indian history. Whittlesey serves on the board of visitors for the law school at Lewis & Clark and is a partner at Jackson & Kelly, a Washington D.C. law firm. Both men became distinguished honorary Lewis & Clark alumni at the November banquet.

In 1979, Beckham and Whittlesey assisted the tribe in approaching

Congress and the U.S. Court of Federal Claims as they sought compensation for Tribal lands taken after the signing of a treaty in 1853. The Cow Creeks received a settlement in 1984, negotiated the first Indian Gaming Compact in Oregon in 1992, and opened the first gaming facility the same year. Both men continue to serve as experts in efforts made by Tribes to achieve recognition. Whittlesey currently represents the Columbia River Chinook Indians in their fight to retain recognition. Beckham has become known as the "truth in Indian history" professor. He has served as a witness for other tribes who have sought recognition.

Upon learning of the gift, Jim Huffman, Dean of the Lewis & Clark law school, said, "We believe Lewis & Clark can become a national center for Indian law education in the country. This tremendous gift will help make this dream a reality and will help serve our law school, Indian Country, and our nation for many years to come."

IN THIS ISSUE

2 Washington State Tribal Meetings

3 Truck and Travel Opens!

4 Buss Rondeau Award

5 The Cow Creek Tribe to Celebrate 20th Anniversary on April 20

6 Cancer Dinner in Medford on March 16

And more . . .



Dr. Stephen Dow Beckham became a distinguished Lewis & Clark alumnus in November of 2001. He was instrumental in assisting the Cow Creek Tribe receive recognition.



Dennis Whittlesey, also a distinguished Lewis & Clark alumnus, teamed with Dr. Stephen Beckham in approaching Congress to help the Cow Creek Tribe receive recognition.

Parents Are an Anti-Drug

One of the most effective tools in fighting alcohol and drug abuse is an honest parent. If you abused alcohol or drugs in your youth, telling your children that, and letting them know what the consequences of your usage was, is important. If you didn't abuse alcohol or drugs, tell your children the truth about that.

Telling your children the truth is showing your children you love them, that you care for their well-being. Children will respect your honesty.

For additional information on how to help your children understand the negative effects of alcohol and drug abuse, call Mike Nolte, coordinator for the Tribal Alcohol and Drug Program, at 1.541.672.8533 or 1.800.935.2649.

Dr. Sharon Stanphill, Director of the Cow Creek Health & Wellness Center, Reports

Cow Creek Health & Wellness Center has Provided Three Years of Quality Service.

Since its opening in September 1998, the Cow Creek Health & Wellness Center has continually expanded its services to its existing capability of serving 1,300 active patients. Twelve full time and three part time employees serve Tribal members and Nesika insured Tribal employees and their dependents. The Wellness Center is funded and operated with Indian Health Services funds that are received from the U.S. federal government as well as Wellness Center third-party revenues. A variety of services and programs are available to Tribal members, including:

- Over-the-Counter Program Safety Program
- Medicare Part-B Reimbursement Program
- "Awakening the Spirit" Diabetes Program (quarterly)
- Fully Accredited Alcohol & Drug Program
- Behavioral Health Treatment
- Nutrition Services
- Immunization Program
- CPR & First Aid Courses (monthly)
- Parenting Program (bi-annual)
- Tobacco Cessation Classes (quarterly)
- Oregon Health Plan Facilitator Services
- Family Practice Clinic

Many specific health related grants have been written and funds have

been awarded in order to provide additional services to Tribal members and their families, including:

- Mayo Clinic Cancer Awareness and Education Grant
- American Diabetes Associations Podiatry Grant
- Five year Diabetes Grant (federal grant)
- Family Preservation Grants (state grant)
- Violence Against Women Grant (federal grant)
- Alcohol & Drug Youth-Based Grants (federal grant)
- Social Service Block Grant (state)
- Breast & Cervical Cancer Grant (state)
- Tobacco Grants (state)

For the Cow Creek Health & Wellness Center to provide all these services is noteworthy. Typically, services and programs of this breadth are offered by much larger tribes who would employ many more people to provide such comprehensive health care support. The employees of the Cow Creek Health & Wellness Center work diligently to bring these high quality programs and services to you. We encourage each Tribal member and Tribal family to participate in these programs. We are here to serve you and to assist you in staying healthy!

For more information on services available through the Wellness Center, please contact us at 1.541.672.8533 or 1.800.935.2649.

Washington State's Annual Tribal Meetings Held March 22 & 23

Washington State's Annual Cow Creek Tribal Meetings will be held on Friday, March 22, and Saturday, March 23. The Friday meeting will be held in Woodland Washington at the Oak Tree Restaurant at 7 p.m. The Saturday Meeting will be held in Port Angeles, Washington at the Red Lion Hotel's Olympic Room at 1 p.m. Tribal members having questions should call Carol McKinney at 1.800.929.8229 or 1.541.672.9405.

Strengthening the Next Generation

The Cow Creek Health & Wellness Center is offering another workshop for parents and families. It involves helping one another with the challenges of raising children, developing new skills, and strengthening family bonds. It's open to anyone involved in raising children (not only parents), or to anyone thinking of starting a family. The evening provides a night off from cooking and a night for family fun, helpful information, and support. Workers trained in infant/child CPR provide free childcare.

All tribal families and tribal employees are invited to participate.

WHAT: A tribal program called "Strengthening the Next Generation."

WHEN: Thursdays, April 4 through May 22, from 6 p.m. - 8 p.m. Dinner from 5:30 p.m. - 6:00 p.m. in the Board Room.

WHERE: Cow Creek Health & Wellness Center, 2371 N.E. Stephens, Suite 200, Roseburg, Oregon 97470

HOW: To reserve your spot in the program, call Rhonda Malone at 1.541.672.9405 or 1.800.929.8229 by March 25.

Truck and Travel Center Opens



Truck and Travel Center Opening!

At 6 a.m. on January 21, the new Seven Feathers Truck & Travel Center opened for business. Though demolition of the old buildings, addition of four diesel fuel lines, and exterior painting and landscaping are works in progress; the Creekside Restaurant, the Convenience Store, the Seven Feathers Truck and Travel Deli and Ice Cream Parlor, the Truckers' Lounge and phone areas were all up and running.

- A. *Chairman Sue Shaffer, Jerry McKinney, Patrick Skrip, and Tonya Theiss-Skrip eat breakfast at 6 a.m. at the new 24-hour Creekside Restaurant on Jan. 21, opening day for the new Seven Feathers Truck and Travel Center.*
- B. *Don Baglien, General Manager for Seven Feathers Truck & Travel Center, gives his order for the "Creekside Breakfast" to long-time Truck & Travel Center employee, Debbie Jo Colton.*
- C. *View of the "Prep Line" at the Creekside Restaurant.*
- D. *View of stocked shelves at Seven Feathers Truck & Travel Center's new 24-hour convenience store.*
- E. *"Truckers Corner" at Seven Feathers Truck & Travel Center.*

Update on Trust and Properties

Details on lands that have recently been placed in trust are:

- 1) On February 19, 2002, the Tribe received official notice from the BIA that the Riverside Motel, a property of 5.27 acres, was in Trust.
- 2) On February 19, 2002, the Tribe received official notice from the BIA that the Van Norman Property, a property of .05 acres, was in Trust.
- 3) On February 19, 2002, the Tribe received official notice from the BIA that the Young Property, a property of .30 acres, was in Trust.
- 4) On February 25, 2002, the Tribe received official notice from the BIA that the Doug's Diesel property, a property of 29.94 acres, was in Trust.
- 5) On February 25, 2002, the Tribe received official notice from the BIA that the McNeil Ranch, a property of 200.73 acres, was in Trust.

Buss Rondeau Award Recipient Delivers Thank You Plaque



Melrose Elementary Principal Jeff Plummer presents the Riversdale Academy poster to Polly Rondeau.



Polly Rondeau, Melrose Principal Jeff Plummer, and Cow Creek Umpqua Indian Foundation Board member Gloria McGinnis at the Cow Creek Umpqua Indian Foundation Awards Ceremony on January 11.

Jeff Plummer, principal of Melrose Elementary School, was at the Cow Creek Umpqua Indian Foundation Awards ceremony on January 11 to present Buss Rondeau's widow, Polly Rondeau, and the Cow Creek Umpqua Indian Foundation Board a thank you plaque. Riversdale Academy, the turn-of-the-century schoolhouse that received the Buss Rondeau Award last year, sits on Melrose Elementary's property.

Riversdale Academy (known officially for awhile as Squirrel Hill) was constructed in 1902. Thanks to Melrose Elementary's efforts and the talents of retired Melrose Elementary teacher, Pat Durfelt, classes are still held at Riversdale. Miss Barry (Pat Durfelt) holds classes for guest students who come to see how it was "back then" from mid-March through the end of the school year. Students in Miss Barry's class receive critiques on their posture and the cleanliness of their fingernails as well as instruction on the 3 "R's".

Funds from the Buss Rondeau Award have been used at Riversdale Academy to costume Miss Barry, to provide heating, and to purchase materials for Roseburg High School's construction class so they could build authentic desks and chairs for the one room schoolhouse.

Eugene Resident, Carter Daum, Wins \$243,685 at Seven Feathers

On Tuesday, February 5, Carter Daum and his wife of Eugene, Oregon, decided to visit Seven Feathers Hotel & Casino Resort on their day off. They chose to play the Wheel of Fortune® machines because there were two next to each other. According to Daum, he was wondering how long he could continue playing on credits when the jackpot hit. Daum has sixty days to decide if he'd like the winnings in one lump sum or if he'd prefer twenty annual payments.

According to Cow Creek Gaming Commissioner, Carl Salter, "Whether Mr. Daum decides on one payment or twenty, since he played on a progressive machine, International Gaming Technology will be writing the check."



Carter Daum of Eugene stands next to the Wheel of Fortune® machine that proved to be a winning choice on Tuesday, Feb. 5, at Seven Feathers Hotel & Casino Resort. The win was \$243,685 and the check will be written in full by International Gaming Technology.

20th Anniversary Celebration Slated

Plans are underway for the 20th Anniversary Celebration for the Cow Creek Band of Umpqua Tribe of Indian Restoration of December 29, 1982. The Tribe will be celebrating the occasion on Saturday, April 20, 2002, at the Umpqua Grand Ball Room at Seven Feathers Hotel and Casino Resort. Additional information on the 20th Celebration will be mailed out soon to Tribal Members and their families.

The event will begin at 5 p.m. with a social hour and a viewing of several historical displays and artifacts as well as a sampling of traditional food items. Tribal members are encouraged to plan on attending. Those who will be traveling some distances should make hotel arrangements early for the event due to limited availability.

Pow-Wow Protocol Class

Brent Florendo, member of the Confederated Tribes of Warm Springs and a fancy dancer, will be returning to Cow Creek country to teach Pow-Wow protocol. The class, open to all Cow Creek Tribal Families, will be held at the Cow Creek Government Office's Board Room from 9 a.m. – 5 p.m. on Saturday, March 9.

Included in the class's topics will be the history of pow-wow dance, dance styles, correct dance steps, and specifics of protocol. According to Kelly Strickler, Education Director for the Cow Creek Band of Umpqua Tribe, "The Pow-Wow Protocol Class not only teaches history and dance steps, it advances knowledge of Native America."

Brent Florendo teaches pow-wow protocol at Southern Oregon University in Ashland, Oregon, as part of the university's Native American Studies Program.

The Elders Program, JOM, and the Cow Creek Cultural Committee are sponsors of this class. Those who want to attend the class should reserve their space by calling Kelly Strickler or Rhonda Malone, either of whom can be reached at 1.541.672.9405 or 1.800.929.8229. The Cow Creek Government Office is located at 2371 N.E. Stephens, Suite 100, Roseburg, Oregon 97470.

Important Clinic Usage Changes

Policy #1

Due to financial compliance requirements with federal and state funding agencies, the following policies regarding clinic usage went into effect as of January 1, 2002.

1. In order to be seen at the Cow Creek Health & Wellness Center, all insured Cow Creek non-Indian spouses, children, and significant others (residing in a Tribal household), will be required to meet their insurance's deductible and to be responsible for any portion of the bill not covered by their insurance. A 10% discount will be applied to the total charges after the deductible has been met.
2. All uninsured, Cow Creek non-Indian spouses, children, and significant others (residing in a Tribal household), in order to be seen at the Cow Creek Health & Wellness Center, will be required to pay for the services they receive.

Policy #2

In the event monies are owed to the Tribe for services rendered to a Tribal member, their child, or significant other, the following may occur:

1. Suspended access to Cow Creek Health & Wellness Center's services
2. Deduction of funds available through the Over-the-Counter Program
3. Deduction from annual distribution check

Please note the Indian Health Services (IHS) requires, by law, that Contract Health Services be the payer of last resort. When monies are owed to the Tribe, due to a lack of submitting requested insurance information (either to the insurance company or the Tribe), not adhering with the Oregon Health Plan eligibility standards, or any other means of collecting funds owed to a federally funded program of the Tribe, it is in direct violation of IHS compliance guidelines for the Tribe to dismiss such issues.

Higher Education News Congratulations

Congratulations to Dan Nicholas for earning a place on the honor roll at Umpqua Community College for fall term. Dan is majoring in Automotive Technology.

Congratulations to Terry Hanson on receiving a \$1,000 scholarship from the Soroptimist International of Rogue Valley. Terry wrote a winning essay about who she is and her educational goals. Her essay has now been entered into competition on the Soroptimist regional level. Terry attends Rogue Community College where she is working on her general education requirements.

Johnson O'Malley (JOM)

On the first Monday of each month, the JOM Parent Committee holds meetings at the Cow Creek Government Office at 5:30 p.m. If you are the parent of a Cow Creek Tribal child from the age of 3 through 12th grade and are interested in educational and cultural activities, please plan to attend. Grandparents are also invited to attend. Any questions, contact the Education Director, Kelly Strickler, at the Cow Creek Government Office. Her phone number is 1.541.672.9405 or 1.800.929.8229.

Announcements

The Confederated Tribes of the Coos, Siuslaw, and Lower Umpqua will be holding their annual Honor Elders' Days on March 15 and 16. The event will be held at the Mill Casino in Coos Bay. Please contact Rhonda Malone at 1.541.672.9405 or 1.800.929.8229 for more information.

"Awakening the Spirit" the diabetes education class that began Feb. 5 has sixteen participants. "Awakening the Spirit" meets Tuesdays at 5:30 through March 12 at Cow Creek Health & Wellness Center in Roseburg. According to Andrea Davis, Community Health Representative, "Participants love this class because it shows them that eating a healthy diet is not so hard." For information on future "Awakening the Spirit" classes, contact Andrea Davis at 1.541.672.8533 or 1.800.935.2649.

Cancer Dinner on March 16 in Medford

Being informed and educated about dealing with cancer will be the main thrust of the Cancer Prevention Awareness Dinner that will be held at Rogue Regency Inn in Medford on Saturday, March 16. Tribal members and their family members over the age of 16 are invited to attend. Hors d'oeuvres and a tour of health booths are scheduled from 5-6 p.m. Dinner and the speakers will follow.

Guest speakers will include:

Dr. Daskalos from the Cow Creek Health & Wellness Center; Teresa Guthrie, RN, MSN, Cancer Information Services in Seattle; and Ruth Jensen, Northwest Portland Area Indian Health Board.

The real stars of the evening will be the cancer survivors who have agreed to share their personal experiences. Among them is Cathie Parker, a nurse at the Cow Creek Health and Wellness Center. She will talk about the experiences she and her two sons, Jonathan

(17) and David (15), handled as she cared for her husband, Rick, who was terminally ill with colon cancer. She will also talk about the impact grief has on people.

Cathie Parker remembers, "When we lost Rick, my heart really went out to our children. Children grieve differently than adults and few of us understand that. People who haven't yet had a serious loss don't understand how much time it takes to work through grief. There's nothing easy about it. Every individual grieves differently. Education is the answer. That's what makes this dinner so meaningful."

Tribal members and family members over the age of sixteen should call Andrea Davis at the Cow Creek Health & Wellness Center by the end of the day on March 12 to make their reservation. You can reach Andrea at 1.541.672.8533 or 1.800.935.2649.

Call for All Tribal Artisans!!

Cow Creek Tribal artisans who create traditional crafts are encouraged to send photos with descriptions and prices of their work to Rhonda Malone at the Cow Creek Umpqua Tribe, 2371 N.E. Stephens, Suite 100, Roseburg, Oregon 97470.

The Cow Creek Government Office receives calls from individuals interested in purchasing Cow Creek Tribal crafts. In response to these calls, the Government Office is interested in compiling a database of Cow Creek artisans' names that can be passed on to interested parties.

Artisans with questions should call Rhonda Malone at the Tribal Office at 1.541.672.9405 or 1.800.929.8229.

6

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