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COW CREEK BAND OF UMPQUA TRIBE OF INDIANS

# KIUYUM-ID



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## Creekside Development Project Moves Ahead



*Creekside Development requires the movement of a lot of earth. The approximately 450 acre tract will include reservoirs, a recreational vehicle park, a visitors' center and other improvements. See an upcoming issue of KIUYUM-ID for further information.*

### STEVE JACKSON, GEORGE T. RONDEAU, AND KELLY RONDEAU ELECTED TO SERVE ANOTHER TERM

At the Tribal Elections on Sunday, August 10, Steve Jackson, George T. Rondeau, and Kelly Rondeau were elected to continue their service as members on the Cow Creek Tribe's Board of Directors. Each has been elected to serve another four year term. Tribal member participation in the election was light. It's hoped that future elections will have stronger participation and support.

## UPCOMING EVENTS

**SATURDAY, SEPTEMBER 6 — Third Annual Tribal Family Picnic at Bare Park** Activities begin around noon. The meal will be provided. Tribal members are reminded if they stay overnight at Seven Feathers Hotel & Casino Resort to make their reservations immediately. Seven Feathers Hotel's rooms fill quickly. For more information, call Carol McKinney at 1.541.672.9405 or 1.800.929.8229. Directions to Bare Park are on page 4.

**SATURDAY, SEPTEMBER 20 — Community Potluck Picnic, "Bringing Together Old Families and Newcomers" at Stanton Park** (take exit 99 off I-5) in Canyonville. Picnic begins at 10 a.m. and the potluck begins at 1 p.m. Everyone should bring a food dish and their own table service. Chairs are optional. Anyone who wants to should bring their own musical instrument for participation in the old time jam session. There will be a special appearance by the Old Time Fiddlers. Beverages will be provided by Pepsi and fry bread will be provided by Tooter Ansures. For more information, contact: Carolyn Ireland at 1.541.874.3340, Gynn Deaton at 1.541.839.4501, or Clem Dewart at 1.541.832.2196.

## COW CREEK HEALTH & WELLNESS CENTER HOURS

### Hours for the Cow Creek Health & Wellness Center are:

Monday and Tuesday	9 a.m. – noon 2 p.m. – 5 p.m.
Wednesday	9 a.m. – noon 3 p.m. – 5 p.m.
Thursday and Friday	9 a.m. – noon 2 p.m. – 5 p.m.

Call 1.541.672.8533 or 1.800.935.2649 to schedule an appointment.

## INFORMATION & HAPPENINGS

### TELE-HEALTH SCHEDULE

The Tele-Health teleconference call focuses on a different health topic each month. Calls occur on the second Thursday at noon and 7 p.m. Each call lasts one half hour and there is ample time for questions. Any Tribal member with an interest in the Tele-Health topic may call in and become part of the teleconference.

Tele-Health Topics for upcoming months are listed below. For information on how to participate in a Tele-Health call, contact the Cow Creek Health & Wellness Center at 1.541.672.8533 or 1.800.935.2649.

- **September 11, 2003**  
*Topic: Overcoming Depression*  
*Provider: Dr. Cheryl Gifford*
- **October 9, 2003**  
*Topic: Increasing Fiber*  
*Provider: Tricia Hedges*
- **November 13, 2003**  
*Topic: Tobacco Cessation*  
*Provider: Andrea Davis*
- **December 11**  
*Topic: Stress Management*  
*Provider: Dr. Cheryl Gifford*

## Cow Creek Contract Health Guidelines

There have been some misunderstandings regarding the guidelines for Cow Creek Contract Health. To assist those who have questions, the guidelines are listed below:

**ELIGIBILITY** – In order to qualify for contract health care, you must:

1. Be an enrolled member of the Cow Creek Band of Umpqua Tribe of Indians. Newborns have 90 days to become enrolled.
2. Reside in Douglas, Jackson, Josephine, Lane, Deschutes, Coos, or Klamath County.
3. Pre-authorize all non-emergent services. Emergencies **MUST** be called in to the Cow Creek Tribal Health Office (toll free number is 1.800.935.2649) within 72 hours of service.
4. Use all alternate resources, such as OMAP, Medicare, and/or private insurance. CHS pays as a last resort.

**PRE-AUTHORIZATION** – All services provided must be pre-authorized by calling the Tribal health office toll free number at 1.800.935.2649 or the local number, 672.8533. When calling, make sure you can provide the following information:

1. The name and address of the medical provider,
2. The date of the appointment,
3. The medical problem you are being seen for, and
4. Any support services that may be required, such as x-rays, blood work, etc. At the time of approval,

you will be given a number/s for your appointment/s. Please write this number down and refer to it when you're making inquiries about billing. **REMEMBER**, if the date of the appointment changes, you must call the Tribal health office and let them know of the date change or your bill may not be paid.

**IF YOU ARE SEEN AT AN URGENT CARE FACILITY OVER A WEEK-END, PLEASE CALL THE TRIBAL HEALTH OFFICE ON MONDAY MORNING.**

**DENIAL** – Reasons for denial include:

1. Ineligible for Contract Health,
2. Failure to obtain pre-authorization for non-emergency services,
3. Failure to obtain approval for an emergency service within 72 hours of having been seen,
4. Failure to use alternate resources, and
5. The service for which you requested payment by CHS is not within medical priority.

**APPEALS** – If a person is denied payment for care, the Health Director issues a denial letter. The letter of denial states the reasons for the denial and explains the rights of appeal. The person has 30 days from receipt of the certified letter to appeal in writing to the Tribal CEO for reconsideration. The letter must contain additional information not previously submitted. If the CEO upholds the appeal, an additional appeal may be made to the Tribal Board of Directors who will make the final determination.

## Mandatory Health Coverage Guidelines

The Oregon Health Plan is available to persons who have low to moderate income and are uninsured or underinsured. If you live within the seven county service area, Federal guidelines for the Tribal Contract Health Plan require that "...all alternate resources be exhausted prior to payment by Contract Health." Failure to comply with this regulation could mean the loss of the Tribal Contract Health Program. Therefore, it is necessary that Tribal members who reside within the seven county service area and who are eligible for Oregon Health Plan apply for coverage.

Should you receive an application for the Oregon Health Plan, either from the Tribal Health office or the Oregon Medical Assistance Program (OMAP) office in Salem, you are required to fill it out and return it within 30 days of the date stamped on the envelope. If

you would like assistance filling out this form, please call the Tribal Health office at 1.541.672.8533 or 1.800.935.2649 to set up an appointment.

If your application is not received at OMAP within the given time frame, or your application is denied because you failed to respond with the additional information in a timely manner, your Tribal Contract Health benefits will be suspended until you comply. If you think you're ineligible for OMAP because your income is too high and you don't want to have to fill out an application, you may submit your previous three months' pay stubs or proof of income for review. If your income is too high, you won't have to apply. For more information, please contact the Cow Creek Health & Wellness Center at 1.541.672.8533 or 1.800.935.2649.



# Cow Creek Elders Travel to Thirteenth Warm Springs Honor Elders Celebration



*Hundreds gather at the Longhouse for opening ceremonies for the Warm Springs Honor Elders Day.*



*(From l. to r.) Cow Creek Tribal Elders Roxxy Guenther, Shirley Roane, Emily Rose Krantz, May Rondeau, Esther Gatewood, Mickey and Delbert Rainville with Polly Rondeau in background gather in lobby of Kah-Nee-Tah at Warm Springs.*

Thirteen Cow Creek Tribal members participated in the Warm Springs Elders Honor Day earlier this summer. Most of the group stopped in Sisters, Oregon to have lunch at The Gallery, a spot, according to Polly Rondeau, that has unsurpassed homemade applesauce. Friday evening, after checking in, everyone gathered at Kah-Nee-Tah's (means root digger) dining room for dinner. Some retired early, others played the games into the late hours.

Cow Creek Tribal Members met early the next day to travel to the Deschutes Crossing Restaurant prior to going to the Agency

Longhouse for the opening ceremonies for the Warm Springs Elders Honor Day. Hundreds of tribal members from California, Nevada, Idaho, Washington, Montana, Alaska, and Oregon were at the celebration. Lunch and dinner was served to everyone. Games and a children's pow wow were held in the afternoon. After dinner, attendees visited the casino or retired early.

Cow Creek Tribal Elders met at the Deschutes Crossing Restaurant for breakfast again on Sunday. After breakfast, it was time to head home. The Thirteenth Warm Springs Elders Honor Day had been a success.

## For Cow Creek Elders (age 60 and over) — Details to Remember

1. Elders need to let Rhonda Malone at the Cow Creek Government Office know their jacket size by September 30.
2. Final day to confirm a reservation for the jet boat trip down the Rogue River on September 13 is September 5. Call Rhonda Malone with your reservation.

Rhonda Malone can be reached at 1.541.672.9405 or 1.800.929.8229.

## HIGHER EDUCATION NEWS & INFO

### COW CREEK HIGHER EDUCATION PROGRAM GUIDELINES

Students who intend to access Cow Creek grant monies for assistance with their higher education are reminded they must:

1. Be enrolled for twelve or more credits for the current term
2. Maintain a minimum of a 2.0 GPA
3. To access Cow Creek grant monies, each student must send grades from the previous term as well as their schedule for the upcoming term to Cow Creek Education Director Kelly Strickler at the Cow Creek Government Office
4. Inform Cow Creek Education Director Kelly Strickler (1.541.672.9405 or 1.800.929.8229) of any address or phone number changes.

## CLASS INFO

### JOM NEWS

On the first Monday of each month, the Johnson O'Malley (JOM) Parent Committee holds a meeting at the Cow Creek Government Office at 5:30 p.m. Parents, grandparents, and other interested family persons who have a Cow Creek Tribal child from age 3 through the 12th grade and are interested in educational and/or cultural activities, please plan to attend. There's no need to make a reservation. The JOM Parent Committee has some fun-filled activities planned for the rest of the year so look for the JOM flyers on upcoming activities. If you have any questions, please contact Kelly Strickler at 1.541.672.9405 or 1.800.929.8229.

### CULTURE CAMP 2003 A SUCCESS!

Culture Camp 2003 had many participants from all age groups. According to Kelly Strickler, "Culture Camp 2003 was a great success. Thanks are due to the Board of Directors, Seven Feathers' Catering Staff, the instructors and volunteers at Culture Camp, and the Culture Camp Committee. Culture Camp 2004 is scheduled for June 25 — 27. Mark your calendars."

## Keep Your Address Current

Tribal members are encouraged to maintain a current address at the Tribal Government Offices. Tribal members who have minor children who are not living in their household also should make sure their children's updated addresses are on file with the Tribal Government Offices.

If you know of any Tribal members who have not been receiving correspondence from the Tribal Government Offices, please recommend that they call the toll free number (1.800.929.8229) or write to the Cow Creek Tribal Office, 2371 NE Stephens Street, Suite 100, Roseburg, OR 97470.

## UPCOMING EVENTS – Directions

### DIRECTIONS TO BARE RANCH PARK:

From the north, take exit 113 off I-5, the Clarks Branch Road exit. Turn right at the stop sign. At the next stop sign, take a left. You will now be on Dole Road. Follow the road behind the small market/motel until the K-Bar Ranch sign, at 5719 Dole Road, is visible. Turn right. Go over the railroad tracks. This road will lead you right to Bare Ranch Park. The South Umpqua River will be on your left as you drive this dirt road.

From the south, take the Clarks Branch Road, exit 113, off I-5. Turn left at the stop sign and left again at the next stop sign. Those two lefts put a person on Dole Road. Once on Dole Road, follow the directions detailed above.

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## Tribal Jobs Line\*

Tribal members interested in employment opportunities at any of the following Tribal businesses can call the Tribal Jobs Line at 1.800.676.0854 to hear a pre-recorded listing of openings.

**Seven Feathers Hotel & Casino Resort**

**Seven Feathers Truck & Travel Center**

**Umpqua Indian Foods**

**Valley View Motel**

**Riverside Lodge**

**Holiday Motel**

**Canyon Cubbyholes**

**K-Bar Ranches**

**Creative Images (ciMediaGroup • ciPrinting)**

**Cow Creek Gaming Commission**

**Cow Creek Tribal Government Offices**

**Cow Creek Health and Wellness Center**

**Nesika Health Group**

*\*The Tribal Jobs Line is updated on a weekly basis and provides instructions as to where and how to apply.*

www.cowcreek.com



one: 1-800-929-8229  
dx: 1-541-673-0432

**Cow Creek Tribal Government Offices**  
**2371 NE Stephens, Suite 100**  
**Roseburg, OR 97470**