



# **KIUYUM-ID-**

Volume 8 Issue 2a

March 27, 1998

## **Grand Opening set for Tribal Government Offices**

The Grand Opening Celebration for the new Cow Creek Tribal Government Offices has been scheduled for the May General Council Meeting. The building was completed in November of 1997, however to accommodate more tribal members the opening was delayed.

A buffet prepared by the Seven Feathers Culinary Staff will be served after the General Council Meeting and Tribal Staff will be on hand to provide tours throughout the entire facility.

The following are addresses, telephone and fax numbers for the Tribal Government Offices Complex.

### ***Cow Creek Government Offices***

2371 NE Stephens Street, Suite 100  
Roseburg, OR 97470

Telephone #: (541) 672-9405  
1-800-929-8229

Fax #: (541) 673-0432

### ***Cow Creek Health and Wellness Center***

2371 NE Stephens, Suite 200  
Roseburg, OR 97470

Telephone #: (542) 672-8533  
1-800-935-2649

Fax #: (541) 672-4993

### ***Cow Creek Gaming Commission***

2371 NE Stephens Street, Suite 300  
Roseburg, OR 97470

Telephone #: (541) 672-3861

Fax #: (541) 672-3889

### ***Cow Creek Nesika Health Group***

2371 NE Stephens Street, Suite 400  
Roseburg, OR 97470

Telephone #: (541) 677-5507

Fax #: (541) 677-9066

## **LEGISLATIVE UPDATE AND REVIEW**

### **Gorton Leads Attack on Sovereignty**

On March 11, 1998, Congressman Ernest Istook (R-OK), Congressman Ray LaHood (R-IL) and other anti-Indian advocates gave testimony to the Senate Committee on Indian Affairs regarding tribal sovereign immunity and S. 1691, a bill introduced by Senator Slade Gorton (R-WA) that would waive tribal sovereign rights. Testimony given in this hearing indicated that Indian Tribes were committing tax evasion, driving taxpayers out of business and that tribal sovereignty violates constitutional rights.

Congressman LaHood indicated that he would introduce a bill to prohibit tribes from receiving federal highway funding unless they have a signed tax compact with the state for motor fuel taxes. Most likely, this bill would not affect the Cow Creek Tribe as it relates to highway funding, however, it is an indication of the tactics that will be used to pressure other tribes, as Cow Creek was pressured to enter into tax agreements or compacts with state and local governments.

This hearing confirms the beginning of a process which includes two "field hearings" that will be held in Seattle, Washington and Hinckley, Minnesota in April. Tribal Chairperson, Sue Shaffer has been invited to testify at the Seattle hearing.

## Tribal Leaders Focus on State and National Politics

In the continuing effort to maintain a strong presence in both the state and federal political arena, the tribe took a pro-active approach during this most politically dangerous time. During 1997, some Oregon legislators made attempts to limit tribal sovereignty and to regulate tribal gaming.

In an effort to educate and lobby the Oregon Delegation the Tribe hosted a breakfast for about 25 Oregon legislators at the Seven Feather Resort. Tribal leaders used this opportunity to inform and educate the state leaders on Indian issues including Tribal Gaming operations. Representative Jackie Taylor, of Astoria (a member of the Patawatomí Tribe) and Representative Bill Markham proved to be strong advocates for Oregon Tribes.

The Tribe's lobbying efforts were successful in 1997, however, there is a constant threat that

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anti-Indian and anti-gaming legislation will continue to be brought to the floor for a vote in the Oregon Legislature.

On the national level, the Tribe has taken an aggressive approach, along with other tribe's, to detour unprecedented attacks on Indian sovereign rights. Crippling legislation to tax tribal businesses, prohibit taking land into trust, (which is so critical to the future of our tribe) and attacks on sovereignty were among the many bills that were narrowly defeated by Indian advocates in Congress. Only eight votes in the House of Representatives prevented legislation that would have prohibited tribes from taking land into trust.

Efforts by Congressional representatives such as Congressman Dale Kildee of Michigan, Congressman Patrick Kennedy of Rhode Island, Congressman JD Hayworth of Arizona, as well as Congresswomen Elizabeth Furse and Congressman Peter DeFazio of Oregon were recognized as successful in 1997. The Native American Caucus, created by Congressmen Kildee and Kennedy during 1997, proved to be of significant importance in the fight to protect and preserve Indian rights.

Senator Inouye, a long time aggressive advocate for Indian rights continuously warns that Tribes must be vigilant in protecting their rights.

These attempts by Congress to restrict and diminish tribal rights have reinforced the necessity of the Tribe's position to continue an aggressive lobbying effort to educate congress and protect tribal rights.

## **SEVEN FEATHERS RESORT**

### **Seven Feathers Cuisine Takes The Gold**

Seven Feathers Hotel and Casino Resort participated in the 28<sup>th</sup> annual Greatest of the Grapes Wine and Food Tasting Event on Saturday, February 28<sup>th</sup> at the Douglas County Fairgrounds. Twenty Northwest wineries along with several local area restaurateurs and caterers gathered to compete in this annual event.

Culinary staff from Seven Feathers were awarded the gold and bronze medals for appetizers that were served to an estimated 400 people.

### **Resort Entertainment**

The famous 60's group, the Temptations are scheduled to perform at the Seven Feathers Convention Center on April 27, 1998 at 9 p.m. On March 6, 1998, tickets for the Temptations went on sale for \$25 and \$35 at the Seven Feathers Gift Gallery and FASTIX Ticket Sales. As of Wednesday, March 18<sup>th</sup>, only 250 of the 1,320 tickets were still available.

Recent concerts held at the Seven Feathers Convention Center have proven to be a huge success. Chuck Berry performed in October 1997, and most recently, the Shirelles performed on Valentines Day. Both acts played to a sold out crowd.

Upcoming entertainment will include The Guy Lombardo Orchestra in April and beginning June 19 through Labor Day the resort will present "The Seven Feathers Jubilee", a high energy musical stage production with local historical content.

### **Seven Feathers Foundation Awards First Round of Community Grants**

As required by the Cow Creek Tribal/State of Oregon Compact, the Tribe has created the Cow Creek/Seven Feathers Foundation that will review and award grants for community projects and to charities. The Cow Creek/Seven Feathers Foundation Board consists of 3 Tribal Board members, 3 members appointed by the tribe from the community, and one individuals appointed by the Governor.

Under the compact, the tribe must commit 6% of the net revenues, less Oregon State Police oversight costs, to the foundation. The Tribe entered into this agreement with the state in an effort to expand the scope of games and remain competitive with in the marketplace.

The Foundation Board met March 2, 1998 to award over \$85,000 in grants to Douglas County Organizations. Umpqua Community College received \$50,000.00 for much needed repairs on their campus. Other recipients were local volunteer fire districts, schools, food shelters, a fish restoration project, and museum.

The Foundation Board has hired Martha Young as the director of the foundation.

### **Discounts Available To Tribal Members**

Discounts for enrolled members of the Cow Creek Band of Umpqua Tribe of Indians are available at various outlets at the Seven Feathers Hotel and Casino Resort.

Tribal members must present their **Cow Creek Tribal Identification card** to receive a 10% discount in Scoops, the Cow Creek Restaurant and the Gift Gallery. The discount does not apply to alcoholic beverages. When a Tribal member is dining in the Restaurant and Scoops with other members of their family, the 10% discount applies to their meal as well.

Tribal members will also receive a 10% discount on Convention Center charges for tribal family events that have received pre-approval from the Tribal Board of Directors. Again, this discount does not apply to alcoholic beverages.

The tribal discount does not apply to ticketed events at the resort.

Upon presentation of their Cow Creek Tribal Identification card, tribal members will be eligible for a \$40.00 per night rate at the Seven Feathers Hotel. When making your reservations at the hotel, please notify them at that time that you will be presenting a Cow Creek Tribal Identification card. This card must be presented to receive the \$40.00 room rate.

If you do not have a Cow Creek Tribal Identification card, please refer to the following article:

## **Tribal Identification Cards**

Tribal Identification Cards are available to any tribal member upon request. If you would like one, contact Carol Ferguson at the Cow Creek Government Offices. You will be sent an application with an I.D. card attached for your signature. Just simply fill out the application, sign the ID card, enclose an appropriately sized photo and mail back to the Administrative Offices for processing. PLEASE DO NOT

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FILL IN ANYTHING ON THE CARD EXCEPT YOUR SIGNATURE. In order for cards to be uniform, this procedure must be followed. The card will then be processed with the Chairman's signature, laminated and then mailed back to you.

## **TRIBAL PROGRAMS**

### **Indian Child Welfare Program**

The Indian Child Welfare Act (ICWA) requires that in all judicial custody proceedings involving enrolled members of federally recognized Tribes or children eligible for enrollment, the court must comply with ICWA standards. Custody proceedings are defined as foster care placements, termination of parental rights, pre-adoptive placement, and adoptive placements. ICWA does not apply in any case unless the child has been made a ward of the court through judicial hearings.

In order for us to protect our Tribal children involved in such proceedings and prevent their placement in non-Indian homes, it is necessary that we develop a list of those Tribal members willing and able to provide foster care, both on a temporary and long term placement basis, and identify those willing to adopt these Tribal children.

If you have an interest in becoming approved for either or both of these lists please contact the Tribal ICWA Specialist, Jan Hough, at the Tribal Government Office at 541-672-9405 or 1-800-929-8229.

## Education Programs

The education programs consist of four programs geared to the attainment of quality continuing education, adult basic education, and life enhancing skills for tribal people. The four programs available are as follows:

- **Higher Education Program** - This program is available to all tribal members. Having no service area restrictions, it assists those wishing to obtain a college degree at both the junior college and state college levels. This program funds undergraduate students, as well as masters and doctorate students.
- **Adult Vocational/Employment Assistance Training Program** - This program offers assistance to those seeking a vocational/technical certificate or associate of applied arts and science degrees. This program is intended geared toward achieving job skills necessary for employability in a relatively short period of time. All training must be completed within a 2-year time frame.
- **Adult Education Program** - This program is available to tribal members wishing to obtain a G.E.D., high school equivalency, or other adult basic education needs.

Both the Adult Vocational Training and the Adult Education Program are subjected to the seven county service area requirements.

Students who apply for the Higher Education and Adult Vocational Training programs must complete a federal financial aid form as part of the overall program application process. Funding from the Higher Education and Adult Vocational Training Program may be delayed until the forms are submitted and processed. If you would like to make application to any of the above-mentioned programs, or need information, please contact Tonya Thiess-Skip,

Education Director at the Tribal Government Office.

## Major Changes In BIA Housing Improvement Program

On July 15, 1996 the Bureau of Indian Affairs published in the Federal Register the proposed changes to the HIP regulations. Changes in the new guidelines that will impact the Cow Creek Program are as follows:

- 1) The income level to qualify for the program were lowered to 125% or less of the Health and Human Services Poverty Income Guidelines; and
- 2) The Category C - Down Payment Assistance category has been eliminated. (*This does not effect the Tribal Down Payment Assistance Program*)

Many tribes including the Cow Creek submitted comments regarding these changes. However, on March 2, 1998, the final rule was published revising the HIP regulations, to take affect on April 1, 1998.

The Cow Creek Bureau of Indian Affairs (BIA) Housing Improvement Program (HIP) is currently accepting applications for housing assistance. This program can assist eligible tribal members who are currently living in the seven county service area with housing needs such as rehabilitation (roof, weatherization, windows, doors, structural repairs, etc.). Priority is given to families with the greatest need in relation to income, family size, etc.

If you do not qualify for the BIA Housing Improvement Program you may be eligible for the Tribal Housing Program.

If you would like more information about the Tribal Housing Program or would like to apply for the BIA Housing Improvement Program, please contact Carol Ferguson at the Tribal Government Office 1-800-929-8229.

## Child Care Assistance

The Cow Creek Childcare Assistance Program is provided through the Childcare and Development Fund and can provide full childcare and/or after school care for income eligible families. All applicants must live in the seven county tribal service area and be employed, engaged in an on-the-job training program, or enrolled in school. The children must be enrolled Cow Creek tribal members under the age of 13.

Applicants must be able to verify low-income level. Income eligible families can also receive assistance for classes related to parenting.

For more information regarding this program, please contact Rhonda Malone at the Tribal Government Office.

## Field Health Nurse Program

The Field Health Nurse is always working towards promoting total wellness for the Tribe. The general goals are improving the delivery of preventive health services, promoting health care practices, which lead to overall well being, and to assist tribal members and their families in obtaining adequate health care.

During home visits or office visits, the Field Health Care Nurse screens tribal members and

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their families for existing or potential health problems. She then utilizes the appropriate resource agencies to assist with the problem.

Smoke alarms are available to tribal families as well as bicycle helmets for all tribal children and their parents, as well as infant car seats and booster seats for older children.

If you have any questions regarding the Field Health Nurse Program or would like a home visit or information, please contact Peggy Meharry at the Tribal Government Office.

## Contract Health Program

The Contract Health Program provides medical, dental and vision coverage for eligible tribal members. In order to be eligible you must:

1. Be an enrolled member of the Cow Creek Tribe currently living in the seven county service area.
2. Pre-authorize all services. Emergencies must be called in within 72 hours of service.

Prior to using Contract Health, you must use all other resources to pay for your care, such as: Medicare, Medicaid, Oregon Medical Plan and/or private insurance. If you are a tribal member and a tribal employee, Nesika is an alternate resource. You MUST attend and sign-up for Nesika at the enrollment meeting. If you do not, you will not be covered by Contract Health. Contract Health is payer of last resort.

If you have pharmacy coverage through your private insurance, you must use it when having prescriptions filled. Contract Health will pay the co-pay.





**THE COW CREEK HEALTH & WELLNESS CENTER**

**PRESENTS**

**A WELLNESS DINNER & GUEST SPEAKER**

**MENU**

**CHOOSE ONE**

**BAKED SALMON & WILD RICE**

**OR**

**FOUR CHEESE MANICOTTI**

**GARLIC BREAD , GREEN BEANS**

**HONEY HUCKLEBERRY HAZELNUT ICE CREAM**

**COFFEE, TEA, MILK OR JUICE**

**JOIN US FRIDAY, APRIL 10TH AT 6:30PM FOR DINNER AND AN  
INFORMATIVE DISCUSSION PRESENTED BY MASTER FOOD SERVERS  
FROM THE O.S.U. EXTENSION.**

**TRIBAL FAMILIES ARE INVITED. ACTIVITIES WILL BE  
PROVIDED FOR THE KIDS.**

**ONE GIFT PER FAMILY PROVIDED BY THE WELLNESS CENTER.**

**THE TRIBAL HEALTH STAFF WILL HOST THIS SPECIAL EVENT.**

**PLEASE R.S.V.P. : NO LATER THAN APRIL 6TH TO SUSAN AT  
1-800-935-2649 OR 672-8533  
SEATING IS LIMITED**

You can call 1-800-935-2649 or 672-8533 to pre-authorize your appointments with Linda or Roma.

Contract Health applications will be mailed out soon to members in the service area. Under Federal guidelines, Contract Health must have an updated application annually, on each individual. Please fill them out and return to the Tribal Government Office upon receipt.

## Over-the-Counter Program

The Cow Creek Tribe established the Over-the-Counter Health Program in 1997 for tribal members living in the seven county services area. This program enables each tribal member to \$100.00 of pharmaceutical supplies, such as Advil, Tylenol, cold and flu medicines, cough syrup, thermometers, vitamins etc. The funding for the 1997 program was from federal Indian Health Service funds.

For the 1998 year, the Tribal Board of Directors approved tribal funds for this program that will make this program available to all enrolled tribal members.

To enroll in this program, you must notify Linda Rondeau at 1-800-935-2649 with the name of the pharmacy you normally use. Once the account information is established with your pharmacy, you can call Linda, at least 24 hours in advance, for pre-approval of your pharmaceutical needs.

## CHR Program

The Community Health Representative Program (C.H.R.) offers medical support to tribal members such as: "Special situation transportation" to and from medical appointments, blood pressure checks, general

health information, immunization information, home visits, and on special occasions, assists with setting up medical appointments. There is a wide range of services that can be provided through the CHR program. If you have any questions please contact Rhonda Malone at the Tribal Government Office, 1-800-935-2649.

## L.I.H.E.A.P.

The Low Income Home Energy Assistance Program (LIHEAP) is designed to assist eligible applicants with energy costs (oil, propane, electric, wood or gas). The following are the two services provided:

- **Heating Assistance:** Utilized to pay for eligible tribal member's heating costs such as those mentioned above. Payments are made directly to the energy provider. This is a one time per year payment.
- **Crisis Assistance:** Funds are available to eligible tribal members for emergency energy needs. Payments can be made to assist with home energy shut-off notices only. This is a one time per year payment.

To be eligible for this program applicants must meet the following requirements:

1. Applicant must be a tribal member.
2. Applicant must live within the Cow Creek seven county service area (Lane, Douglas, Josephine, Jackson, Klamath, Coos and Deschutes).
3. Most categorical households already receiving assistance (AFDC, SSI, Food Stamps, BIA General Assistance or certain need-tested veteran's benefits) may be automatically eligible.
4. Applicant must not exceed 150% of the Federal Poverty Income guidelines, if determining eligibility on wages.



5. Submit a completed application with the necessary documentation attached. (Verification of income or categorical status, social security numbers for all members of the household, electric bill and utility bill if other than electric).

For further information and/or an application please contact Rhonda Malone at the Tribal Government Offices.

## Drug and Alcohol Program

The Cow Creek Drug and Alcohol Program provides the following counseling services to tribal families:

- Individual and family drug and alcohol counseling.
- Marriage and family counseling.
- Mental health counseling.

Referrals to other mental health providers are provided through the Contract Mental Health Program.

For more information call Randy Anderson at the Tribal Government Offices.

## Outdoor Recreation Therapy Program

The Outdoor Recreation Therapy Program provides Tribal youth a therapeutic experience in an outdoor setting, which includes river rafting, snow skiing and backpacking. Issues such as self-esteem, drug and alcohol use and communication skills are addressed. For more information, call Randy Anderson at the Tribal Government Offices.

## Violence Against Women Grant

Recently, the Tribe was awarded a grant for \$88,500 from the Department of Justice to fund Violence Against Women Program.

The mission of the Violence Against Women Program is to provide emergency services to victims of domestic violence. Implementation of the primary goal will involve ongoing training of personnel, development of prevention programs, victim education, advocacy, medical services, law enforcement training and counseling services.

In addition, the program will network with other agencies to assist victims of violence to heal as survivors and stop the cycle of violence with their families.

For more specific information about the Domestic Violence Program, please contact Randy Anderson at (541) 672-8533 or 1-800-935-2649.

## Nesika Health Group Insurance Plan

The following is a brief outline of the tribal self-funded insurance plan, the Nesika Health Group.

**Eligibility** -Insurance plan membership will be limited to individual tribal members, and if they choose, their legal spouses, any children in the household for which the tribal member is legally responsible, and tribal employees. Again, the plan has no service area requirements.

**The Plan** -The Nesika Health Group will provide medical, dental, and vision coverage for tribal members and their families who are enrolled and whose premium has been paid.

You may select the health care providers of your choice, provided they meet certain requirements within your particular state. You are not limited to a primary care physician, as with HMO plans. (A summary of benefits booklet will be included with the application for enrollment.) The plan is a basic 80/20 plan with a \$100 deductible per person, or \$300 per family per calendar year.

**The Cost** –The Nesika Health Group will be funded greatly in part by tribal businesses, allowing for such low premiums for you and your family.

The cost to you, as an individual tribal member, will be \$50 per month or \$600 per year. A tribal member who wishes to include a legal spouse and/or any dependent children in the household may enroll in the family plan at a cost of \$60 per month. Therefore, a tribal family will receive coverage for \$60 per month, or \$720 per year, regardless of the number of dependents added to the enrollment. Coverage will begin upon receipt of a completed application including all necessary proof of legal dependents, i.e. copies of marriage certificates, and/or birth certificates, as well as a check for the appropriate premium amount.

Once enrolled in the plan, should a member decide to discontinue coverage, that individual and family would not be eligible to join the plan until the next enrollment period, which is January 1 of each year.

**Pre-Existing Conditions-** As with most plans, the Nesika Health Group does contain a pre-existing condition clause. However, it is not a waiver as with most insurance plans. Any member of the Nesika Health Group with a pre-existing condition will receive coverage up to \$2000 for the first year of coverage on any expenses related to their pre-existing condition. After the first year, the pre-existing condition coverage will not be limited, and the individual

will receive regular coverage. Certain disabilities may be cause for denial of coverage.

Any tribal member wishing to receive further information, an application for enrollment, benefits package, and/or billing information, may contact Joan Atchison at the Tribal Government Office, 1-800-929-8229. The benefits information packet outlines the details on the medical, dental, and vision benefits coverage.

## Tribal Jobs Line

Tribal members interested in employment opportunities at Seven Feathers Casino Resort, the Cow Creek Gaming Commission or the Tribal Government Offices, please call the Tribal Jobs Line at 1-800-676-0854 for a pre-recorded listing of all job openings. The Tribal Jobs Line is updated on a weekly basis and provides instructions as to where and how to apply.

## 1997 Annual Tribal Program Reports

During 1997, the Tribal Government Office administered 20 federally funded programs that provided benefits to the Tribe. The following is an annual overview of the programs of 1997.

### *BIA Housing Improvement Program*

The Bureau of Indian Affairs (BIA) Housing Improvement Program was able to provide grants to six tribal families in 1997, totaling nearly \$42,000.00.

One tribal family received \$2,500.00 for repairs to their homes with Category A Assistance (repairs to a home that cannot be brought to

standard under the program guidelines). One family received Category B service (rehabilitation to an existing home to program standards) in the amount of \$19,662.00. Another four families were assisted in purchasing a home with Category C Assistance (otherwise known as "down payment assistance") totaling \$19,450.80.

The Housing Improvement Program Director, Carol Ferguson, also assisted 5 tribal families through the Indian Health Service Sanitation Program in coordination of septic system and 2-water analysis' for a total of \$3,086.21.

### *Tribal Housing Program*

For 1997, the Cow Creek Tribal Housing Program assisted 25 tribal families with down payment assistance and home repairs totaling \$50,574.96.

The Board of Directors approved down payment assistance for six tribal families, totaling \$15,000.00 and nineteen families received \$35,574.96 for repairs made on their homes.

Of the 25 families that received housing assistance, 10 live within the seven county service area and 15 live in other areas in Oregon, Nevada, California, and Washington.

### *BIA Education Programs*

During 1997, 91 tribal members were assisted with funding from the BIA Education Program to obtain Adult Vocational Training (AVT), Adult Education (AE), Higher Education (HE) and Employment Assistance (EA), General Education Diploma (GED) assistance and tutoring assistance. Over thirty tribal youths received tutoring assistance, parental cost assistance, and/or participated in activities such as skating parties, Wild Life Safari fieldtrip, and

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cultural/nature lectures all sponsored by the Johnson O'Malley Program (JOM).

The AVT Program assisted fifteen (15) tribal members in obtaining certificates of completion, diplomas, or associates degree of applied science/arts through career counseling, tuition, books, necessary materials and subsistence to obtain training in fields such as Medical Assistance, Medical Transcription, Beauticians, and Truck Driving. The Adult Vocational Training Program provided over \$28,000.00 in funding to these 15 tribal Students.

Fifty-five tribal students were assisted with scholarships from the Higher Education Program in a broad area of studies. The Higher Education Program provided over \$124,900 in funding to these 55 Tribal students.

The Adult Education Program provided assistance to 4 tribal members with tutoring, testing fees, and books for obtaining adult basic developmental education, GED's and Adult High School Equivalency Diplomas, as well as life/employment enhancement skills. The Adult Education Program also purchased many educational materials such as, audio and videotapes as well as books for the benefit of tribal Members.

Two tribal members were eligible to be assisted through the Direct Employment Assistance Program for various items and/or materials necessary to acquire employment, i.e. safety equipment.

### *Tribal Education Program*

The Tribal Education Program provided financial assistance to 35 tribal members in and out of the tribal service area with books, tuition, materials, testing fees and other expenses related to their training. The tribal students are being

trained to be beauticians, truck drivers, heavy equipment operators, correction officer and teacher's aids. Grants provided to tribal students by the Tribal Education Program totaled \$39,375.00 during 1997.

### ***Indian Child Welfare Act Program***

During 1997, there were a total of six tribal children in foster care. Five of the children were located in California and one in Washington. All of the children were placed in custody primarily for substance abuse in the family, either alcohol or drugs. Currently, two of the children in California have been returned to their mother and in a separate case, one to his/her father. The child in Washington has been placed in the mother's custody. State Caseworkers continue to monitor these children and work closely with the Tribal ICWA Specialist.

### ***Tribal Community Health Representative***

During 1997, the Tribal Community Health Representative (CHR) Program provided assistance to tribal families consisting of 344 individuals, having made 274 home visits, provided 106 transports families, disseminated medical supplies to multiple tribal families, distributed 27 bicycle helmets, 14 smoke alarms, 15 car seats, 23 fire extinguishers, 5 carbon monoxide detectors and 52 referrals to other programs. The CHR also coordinated CPR classes, certifying several tribal members, as well as coordinating an Elders Luncheon for both Cow Creek and Coos tribal families.

### ***Tribal Community Health Nurse***

The Tribal Community Health Nurse (CHN) during 1997 conducted in excess of 226 home and hospital visits to Tribal members. The

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CHN disseminated 16 car seats, 25 bicycle helmets, 40 smoke alarms, 30 carbon monoxide detectors, 17 first aid kits and 24 fire extinguishers. Also provided to tribal members were multiple medical supplies such as crutches, walkers, braces, diabetic needs, blood pressure monitors, shower seats, wheel chairs oxygen tanks, and thermometers. The CHN program, for the fourth year, provided a flu clinic to both the gaming center employees as well as tribal members.

### ***Contract Health Care Program***

The Contract Health Care Programs service population for the 1997-year was 553 tribal members, up from 517 in 1996. Conservative fiscal management by the Tribe during 1996 of all IHS programs provided sufficient carryover funds to again meet the "deferred services" needs of our tribal service area in 1997. The Contract Health Care Program covered medical expenses for 1,960 medical/dental/emergency visits down from 2,360 visits in 1996. Total services provided to tribal members within the service area during the 1997 program year are in excess of \$428,695.53 up from the 1996 figure of \$423,264.70.

### ***Drug and Alcohol Program***

The Drug and Alcohol Program (D&A) Councilor assisted tribal members and their families in a variety of areas during the 1997-year. Counseling was provided directly by the Tribal D&A Counselor, as well as from various providers within the tribal service area.

Services provided during 1997 by the D&A program are up 15% from 1996. The program provided 16 individuals with family counseling, 15 individuals with drug and alcohol counseling, 21 individuals with mental health counseling and provided outdoor recreation

therapy for 46 children in the Tribe. A total of \$33,000.00 was provided to tribal members through these programs.

### ***Child Care Assistance***

The Child Care Assistance Program has provided safe and quality childcare for low-income families who otherwise could not afford to pay for childcare while working, training, or in school. This program, during 1997, assisted 10 tribal families by providing child care assistance for 14 tribal children. Childcare provider expenses for 1997 totaled \$17,918.96.

### ***Low Income Energy Assistance***

The Low Income Home Energy Assistance Program (LIHEAP) provided Heating and Emergency Assistance to 42 tribal family households during 1997. Of the 42 households served, 39 were provided Heating Assistance and 10 were provided Winter Crisis (or emergency) Assistance.

Funds for the following tribal programs are authorized annually by the Tribal Board of Directors from tribal funds.

### ***Over-the-counter Prevention Program***

The over-the-counter Prevention Program provided various medications and medical supplies such as cold and flu medications, cough syrups, vitamins, Advil, and Tylenol, etc. Seventy-nine (79) tribal members inside the tribal service area utilized the program costing over \$4,800.00.

### ***Tribal Burial Benefit Plan***

In 1997, the Tribal Burial Benefit Plan assisted tribal families with funeral expenses for 9

deceased tribal members in the amount of \$12,109.27.

### ***Holiday Gift Certificates***

For the 1997 Holiday Season, the Tribal Board of Directors once again approved the purchase of Safeway Gift Certificates for tribal members. On December 10, 1997, the Tribal Government Office sent Safeway Gift Certificates worth \$25 to all Cow Creek tribal members 18 years of age and older.

### ***Tribal Distribution Plan***

On December 10, 1997, the Tribal Government Office mailed out \$100 tribal distribution checks to 618 adult Tribal members.

A total of \$38,400 representing the distributions for 384 tribal members under the age of 18 years has been placed into a trust fund that can be accessed once the tribal youth reaches the age of eighteen (18).

During the first quarter of each year, trust account summaries are sent to the parent or guardian of each minor tribal member. The account summary reflects the yearly distribution, plus interest for the period the account has been established.

When a tribal minor (eligible recipient) reaches the age of 18, he or she is eligible to access their trust account funds. To initiate this process, the eligible recipient must send written notification to the Tribal Board of Directors requesting the release of funds as well as providing their name, birthdate and current address. After review and approval by the Tribal Board of Directors, the request is then forwarded to the trustee who oversees the account. Checks are prepared quarterly in January, April, July, and October. It is the

eligible recipients responsibility to submit the request for release of funds in a timely manner, otherwise disbursement of the check will be delayed until the following quarter. In the event a tribal member does not liquidate their trust account, it will continue to earn interest.

For more information about the Tribal Distribution Plan, please contact Carol McKinney at the Tribal Office.

### *Tribal Land Acquisition Program*

During 1997, there were no new property purchased by the tribe. The current land holdings of the tribe equal 566.01 acres. Tribal land acquisition continues to be a top priority for the Board because of the continued threat of prohibitive legislation detrimental to tribes without a land base.

## **Update your Address**

Tribal members are encouraged to maintain a current address at the Tribal Office. Several newsletters have been returned for lack of proper address. Tribal members who have minor children not living in their household should update the child's address for current information on the trust funds. If you know of any tribal members who have not been receiving correspondence from the Tribal Government Office, please recommend that they call the toll free number (1-800-929-8229) or write to: Cow Creek Tribal Government Offices, 2371 NE Stephens Street, Suite 100, Roseburg, OR 97470 to update their address.



Cow Creek Band of  
Umpqua Tribe of Indians  
2371 NE Stephens Suite #100  
Roseburg OR 97470

