



# KUIYUM-ID-

Volume 8 Issue 8

NOVEMBER 30, 1998

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## A GATHERING OF NATIONS THE FOURTH YEAR I.C.W.A

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### POW WOW

There will be a cultural celebration at  
Seven Feathers Hotel and Casino Resort  
Tuesday, December 15, 1998  
7:00 p.m.

Dancers and drummers of all ages are invited to attend the  
celebration

There will be representatives from all of the Oregon Tribes as well  
as the Blood Tribe of Canada

Please join us in representing the Cow Creek Band of the Umpqua  
Tribe of Indians.

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### LETTER FROM THE EDITOR

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I would like to take this opportunity to introduce myself. My name is Tonya Lenihan (Dumont Family), my position here in the Government offices is the Assistant to the CEO as well as the editor of the **KUIYUM-ID-**.

In accordance with The Board of Directors the primary goal of the **KUIYUM-ID-** is to supply Tribal members with information regarding Tribal Government as well as Tribal families. If you have any information regarding birth announcements, college graduations, special occasions or events please send them to:

**Cow Creek Government  
Offices**

**Att: Tonya Lenihan  
2371 NE. Stephens, Suite 100  
Roseburg, OR. 97470  
1-800-929-8229**

Any information that is sent in for the **KUIYUM-ID-** that contains insulting, derogatory, or questionable content will not be published. The Newsletter is a representation of the Tribe and will be published with the respect and the attention to quality that all of the Cow Creek Tribal members deserve.

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### *Hope*

Hope is the thing with Feathers  
That perches in the Soul,  
And sings the tune without the words,  
And never stops at all,

And the sweetest gale is heard ;  
And sore must be the storm  
That could abash the little bird  
That kept so many warm.

I've heard it in the chilliest land,  
And on the Strangest sea ;  
Yet, never, in extremity,  
It asked a crumb of me.

## **National Indian Child Welfare Association**

in collaboration with the

## **Hollywood Theater**

Presents

## **Naturally NATIVE**

a feature film produced by Red-Horse Native Productions about three Native women adopted out as children who find their way back to their Native heritage

- **December 6, 1998 (Sunday)**
- **Hollywood Theater ( 41st and NE Sandy Boulevard)**
- **Showing at 5:00 p.m. and 7:00 p.m.**
- **Tickets available at the door for \$10 adults, \$5 for children under 12 (PG-13)**  
**This is a Fund Raising Event for National Indian Child Welfare Association.**
- **For more information call (503) 202-4044**

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## **A HERO IN US ALL**

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It is not very often you find someone that is willing to give themselves so willing to help another. But on September 5, 1998, Larry Heckman did just that.

While driving along the Crooked River Tribal member Kit Davis and a friend lost control of the pick-up truck they were driving and landed in the Crooked River. Just down the highway at a campground, Larry Heckman and some friends were sitting around the fire, when they heard a loud crash and saw a dust cloud rise in the air. Larry knew immediately there had been an accident. He ran for his truck along with his friend Jim Massey, and headed towards the dust cloud.

When they arrived at the accident, the truck was in the river and partially submerged. Two young boys had just crawled out of the river. Kit Davis was standing at the river bank screaming for someone to help her baby. Four year old Ryon Davis was still trapped in the truck under water. Realizing there was still a child in the truck, Larry Heckman dove into the water to help retrieve Ryon. Larry found Ryon in the back seat of the truck, and grabbed but he would not budge. Out of air Larry went back up and took another breath and dove back into the water. He tried to pull Ryon out but was unable to get him out the seat. Larry went up for air a third time and Kit yelled that Ryon still had his seat belt on. Realizing he had his hunting knife in his pocket, Larry dove into the water for a third time and was able to cut Ryon out of his seat belt. Ryon had been under water for an estimated time of 15 minutes, and was no longer breathing when Larry retrieved him from the truck. Amazingly enough, two doctors from California drove by the accident and stopped to help. One of the doctors took the baby and began to perform CPR and was able to revive Ryon.

Ryon was air lifted to St Charles Medical Center in Bend where he was held overnight in observation and released the next day. Ryon the son of Byron and Kit Davis and the grandson of Shirley Roan, is in good spirits and has made a complete recovery.

The Cow Creek Band of the Umpqua Tribe of Indians would like to thank Larry Heckman for showing that the hope in us has not been forgotten.





# WELCOME DR. JAMES DASKALOS

The Cow Creek Health & Wellness Center will expand to include Dr. James Daskalos. Dr. Daskalos is a practicing physician with McKenzie Willamette Hospital and currently serves on the State of Oregon Board of Medical Examiners. A long time resident of Douglas County, Dr. Daskalos previously held the position as Medical Director at Harvard Urgent Care and emergency room physician with Douglas Community Hospital and Mercy Medical Group.

On January 25, 1998, The Cow Creek Health and Wellness Center will be open daily with extended hours on Tuesday evenings until 8:00 p.m. (by appointment). Clinic Medical services will include:

### Acute Care

- ◆ General physicals or children's sports physicals
- ◆ Treatment of cold, flu, and pneumonia, or other viral, bacterial infections.
- ◆ Management of blood pressure, blood sugars, and blood chemistry for vitamin and mineral deficiencies.
- ◆ Cardiac Care
- ◆ Respiratory difficulties
- ◆ Digestive and urinary problems
- ◆ Eye and ear infections
- ◆ Pain Management
- ◆ Casting of fractures for arms, fingers, legs, or toes
- ◆ Chronic disease management of arthritis, diabetes, etc.
- ◆ Medication Management
- ◆ Pre-natal care
- ◆ Well child care
- ◆ Immunizations
- ◆ Women's health screen
- ◆ Family Planning

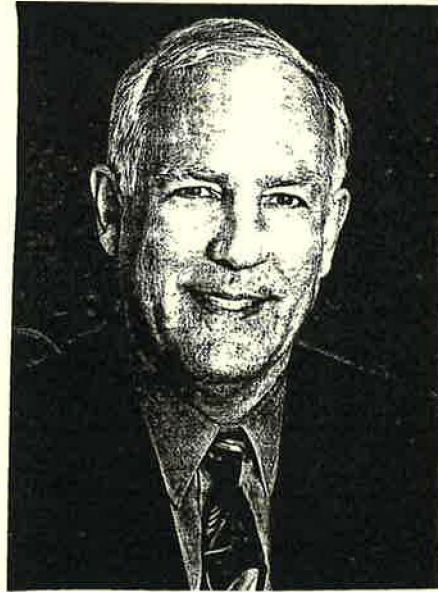
### Mental Health Services

- ◆ Individual counseling to reduce stress
- ◆ Counseling for Drug and Alcohol difficulties
- ◆ Family Counseling
- ◆ Teen programs

The Cow Creek Health and Wellness Center will operate on an appointment basis. Tribal members in an emergency are asked to indicate the severity of condition upon calling in for an appointment. For an appointment please call:

**1-800-935-2649**

**Cow Creek Health and Wellness Center is located at:  
2371, NE Stephens Suite 200, Roseburg, Oregon 97470**



## EXTENDING MEDICAL SERVICES

In October 1998, the Tribal Board of Directors set policy to allow non-Indian family members residing in tribal households to utilize The Cow Creek Health and Wellness Center. The family privilege will only be available to members of the Cow Creek Band of Umpqua Indians. To distinguish the privilege of "free" medical care to Tribal members, a non-Indian "fee for service" of \$10.00 per visit will be charged. This fee will pay for disposable supplies and laboratory costs. Each visit would be a total of \$10.00 with a maximum of ten visits charged per year. After the tenth visit, medical care will be at "no cost". An exemption of the \$10.00 fee will be made for a non-Indian spouse or child of low-income covered by the Oregon Health Plan. Insurance plans will be billed for the amount of the coverage allowed. No Tribal family will be held responsible for any balance of a deductible.

Eligibility for clinic services for non-Indian family members will be as simple as showing a driver's license or bank account record with the same address as the Tribal member. Proof of permanent residency for children will be a school record or birth record matching the the address of the Tribal member. Adopted children will be covered up to the age of 19 years of age.

**For more information please call:  
The Cow Creek Health and Wellness Clinic:  
1-800-935-2649**



# TRIBAL PROGRAM NEWS

## LOAN FORGIVENESS PROGRAMS FOR TEACHERS

The 1998 Higher Education Act reauthorization is almost certain to include new loan forgiveness programs for teachers providing welcome encouragement for talented students to pursue careers in the classroom. These new programs are strongly supported by the Clinton Administration and will supplement existing, lesser known programs offered by most states, as well as a long-standing program offered to Federal Perkins Loan borrowers. This over view describes some of these programs.

### Federal Programs

- ◆ **Federal Perkins Loan Program**  
Offers loan forgiveness for Perkins Loan borrowers teaching in public and nonprofit private secondary schools designated as having a high concentration of students from low -income families. The U.S. Department of Education publishes an annual list of the schools. Participating schools usually inform prospective teachers about the program.
- ◆ **Senate Reauthorization Bill**  
Provides FFLEP loan forgiveness for those employed at least three years in a school that currently qualifies for the Perkins Loan cancellation program. Loan debt of 30 percent will be repaid by the Secretary for borrowers who teach four or five years, and 40 percent for those who teach six years, with the total amount of forgiveness not to exceed \$8,000.
- ◆ **House Reauthorization Bill**  
Discharges student loan debt accrued by students during their third and fourth year of study preparing for teacher certification (with fifth year of study also covered if required for teacher certification). Teachers who serve at least three years in a Title I school with more than 30 percent of students below the poverty level are eligible.

## NESIKA HEALTH GROUP

- **Eligibility**  
Insurance plan membership will be limited to individual Tribal members, and if they choose, their legal spouses, any children in the household for which the tribal member is legally responsible, and Tribal employees. The plan has no service area restriction.
- **The Plan**  
The Nesika Health group will provide medical, dental and vision coverage for tribal members and their families who are enrolled and whose premium has been paid. You may select the health care providers of your choice, provided they meet certain requirements described within the plan guidelines. You are not limited to a primary physician as with HMO plans. This is an 80/20 with a \$100 deductible per person, or \$300 per family calendar year. (A summary of benefits will be included with the application for enrollment)
- **The Cost**  
The Nesika Health Group will be funded greatly in part by Tribal businesses, allowing for such low premiums for you and your family. The cost to you, as an individual tribal member, will be \$50 per month or \$600 per year. A tribal member who wishes to include a legal spouse and/or any dependent children in the household may enroll in the family plan at a cost of \$60 per month or \$720 per year, regardless of the number of dependents added to the enrollment. Once enrolled in the plan, should a member decide to discontinue coverage, that individual and family would not be eligible to join the plan until the next enrollment period, which will be January of each year.
- **Pre-Existing Conditions**  
Nesika has a twelve month pre-existing condition clause. Any tribal Nesika member with a pre-existing condition will receive up to \$2000 for the first year of coverage on any expenses related to their pre-existing condition. After the first year, the pre-existing condition coverage will not be limited, and the individual will receive regular coverage, each application is reviewed for eligibility.
- **Any Tribal members wishing to receive further information, an application for enrollment, benefits package, and/or billing information, may contact Leta Cook at 1-800-284-9917 or 541-677-5508**





## Thank you

In loving memory of Emma Lou LaChance

I would like to thank all of my family and friends that have helped my father and I through this difficult time.

My mother was deeply loved and will always remain in our hearts.

Louis LaChance



## COW CREEK CONTRACT HEALTH

The Cold and Flu season is here. Utilize the Over-the-Counter program to get stocked up on vitamins, pain relievers, cough, cold and flu medicines. If self treatment and rest does not help you get well and you feel you need medical attention. Try to contact your physician or an Urgent Care provider in your area before the weekend.

If you need medical attention on the weekends, you need to utilize the Urgent Care provider in your area. Emergency room visits to the Hospital are for life and limb threatening situations. Hospital emergency rooms should not be used for simple colds, upset stomachs or ear infections. Please use your best judgment when choosing the facility you need to be seen in.

## BIA HOUSING IMPROVEMENT & COW CREEK TRIBAL HOUSING

- BIA Housing Improvement Program (HIP)**  
 The Housing Improvement Program (HIP) is now accepting applications for housing assistance for the FY 1999 Priority list. The HIP program is a Bureau of Indian Affairs federally funded program contracted and administered by the Tribe. This program can assist eligible Tribal Members living in the seven county service area with housing needs such as: repairs, rehabilitation (roof, weatherization, windows, doors, structural repairs, etc.) or replacement housing. Priority is given to families with the greatest needs in relation to income, family size, etc.
- Cow Creek Tribal Housing**  
 The Tribal Housing Program can assist tribal members with down-payment assistance or home repair assistance. This program is not restricted to the seven county service area, however, applicants must be ineligible for the BIA Housing Improvement Program.

**For More Information Regarding the BIA Housing Improvement Program or the Cow Creek Tribal Housing Assistance Program. Please contact Carol Ferguson, Housing Director Tribal Government Offices 1-800-929-8229**





## I.C.W.A.

The Indian Child Welfare Act (ICWA) requires that in all judicial custody proceedings involving enrolled members of federally recognized Tribes or Children eligible for enrollment, the court must comply with ICWA standards. Custody proceedings are defined as: foster care placements, termination of parental rights, pre-adoptive placements, and adoptive placements.

In order for us to protect our Tribal children involved in custody proceedings and prevent their placement in non-Indian homes, it is necessary that we develop a list of those Tribal members willing and able to provide foster care, both on a temporary and a long term placement basis, and identify those willing to adopt these Tribal children.

The procedure for approving a home for foster care is relatively simple. Applicants must be at least 21 years of age (if you are an enrolled member of our Tribe, you may be approved at age 18). You must be willing to cooperate with Services to Children and Families (SCF) requirements regarding certification and care of children. You will be asked to provide personal references and consent to a fingerprint-based criminal record check on all adults living in the home. You will be required to meet certification standards regarding: housing, vehicular safety and the ability to appropriately meet the physical and emotional needs of children in foster care.

The certification study is conducted by a social worker with SCF and is based upon personal interviews, observations of the family and home, and contact with references. Prior to certification, the applicant must complete 12 hours of pre-service training offered by SCF. Foster home certificates are in effect for one year and subject to annual re-certification process. A special foster home certificate may be issued for specific children.

The responsibilities of a foster parent are:

### ***To The Child:***

- Provide a safe and comfortable environment for the child to live in with a separate bed and place for his/her belongings.
- Provide for school attendance, monitor progress, special needs and accomplishments.
- Provide for appropriate clothing
- Attend to medical and dental needs including regular checkups as well as attending to special needs.
- Help children through the grieving and adjustment process that accompanies removal from their home and placement.
- Help children maintain a realistic relationship with their family through cooperation with visitation and active consideration to children's feelings. Assist children in preparing to return home or being moved to an adoptive home.
- Provide recreational and enrichment activities that will promote the healthy development of children
- Maintain and record for children of their time in care, developmental milestones, photographs, report cards, etc.
- Provide consistent and realistic discipline and guidance that is age appropriate and does not involve corporal punishment.

### ***To The Agency***

- Keep the agency informed of problems and progress of foster children including immediate notification if they run away.
  - Keep the agency informed of changes in your home including change of address and phone number, deaths or departures of immediate family members, additions to family, notification before vacations, etc.
  - Be available for meetings with agency workers.
  - Attend foster parent training: 12 hours per year, each parent.
  - Be a part of a case review when asked or make a court appearance when needed.
  - Give 15 days notice when requesting removal of a child.
  - Cooperate with agency workers to implement plan for family reunification or permanent placement.
- Comply with state regulations and agency policies and procedures as outlined in the foster parent's manual.

### ***To The Birth Parents:***

- Cooperate with visitation between the child and birth parents.
- Help the child maintain a realistic perception and attitude towards his/her own parents.
- If requested by workers, to model and discuss appropriate parenting behavior with the parent.
- Provide parent with necessary and appropriate information about child's growth and development, likes, dislikes, etc.
- Prepare the child to return home.

If you have an interest in becoming approved for foster care placement, please contact the Tribal ICWA Specialist, Jan Hough, at the Tribal Government Offices or call her at 541-672-9405, 1-800-929-8229



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## MESSAGE FROM THE CHAIR

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We are now into the holiday season, and with Thanksgiving just behind us, we can all reflect on the things that we as a Tribe have to be thankful for as we progress into the next millennium. We need to remember that the last few years have brought us long way from the nickels and dimes in the coffee can, when we had no place of our own in which to hold our meetings.

With the completion of the administrative offices in Roseburg, the Tribe has established a visible presence within the community that we did not have before, but more importantly, the business and service programs are housed conveniently for tribal members seeking information/services.

Cow Creek's Seven Feathers Hotel and Casino Resort and Convention Center is a statement of the Tribe's determination to build something of quality that would be outstanding, not only in Indian country, but throughout the United States, and we have accomplished that. Seven Feathers is recognized for its elegance, tastefulness and cleanliness, as well as its well trained friendly staff. Fine dining in the Camas Room is an experience unequalled in the entire area.

**Now, any member of the Tribe can feel pride in saying, "I am a Cow Creek". We have proven ourselves.**

During 1998 our tribal members have received assistance and services through the following programs:

- **Aid to Tribal Government**
- **Adult Vocational Training**
- **Housing Improvement**
- **Adult Education**
- **Higher Education**
- **Human Services/Indian Child Welfare**
- **Johnson-O' Malley**
- **Community Health**
- **Drug and Alcohol Program**
- **Contract Health Services**
- **Low Income Energy Assistance Program – 10/01/96 – 9/30/98**
- **Child Care Development Fund – 10/1/96 – 9/30/99**
- **Violence Against Women Grant – 10/1/97 – 9/30/98**
- **Library Services Grant – 10/01/97 – 9/30/98**
- **Social Service Block Grant Funds**
- **Children's Mental Health Program**
- **Breast and Cervical Cancer Grant**
- **Diabetes Grant**
- **Tobacco Prevention Grant**
- **Tribal Education Program**
- **Tribal Housing Program**
- **Tribal Emergency Assistance Program**

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The Indian Gaming Regulatory Act was passed in 1988, with the intent of strengthening tribal government through economic development and providing employment. The Cow Creek Band of the Umpqua Tribe of Indian's Board of Directors early recognized that gaming for the Tribe would likely be a short "window of opportunity", and that it would be prudent to diversify into other businesses that would provide alternative sources of income for the Tribe.

The attacks on Indian gaming continue, evidenced by the bills that were introduced in the last Congress and the anticipation that they will continue in the 106<sup>th</sup> Congress when it convenes, Therefore the Tribe has moved to other business interests for protection. They include the purchase of Fat Harvey's Truck Stop (renamed Seven Feathers Truck and Travel Center), the Riverside & Valley View Motels and the Oregon Gourmet jerky business. Additional business opportunities are also being investigated. Tribal member employment is increasing, and the Board of Directors are pleased that they are being trained to manage tribal businesses.

The Tribe has stepped forward in the political arena, especially so during this last election. We must remember that Indian affairs are among the most bipartisan areas of politics, with some of Indian country's best friends and worst foes sitting on both sides of the aisle in Congress. Indian law is one of the least understood areas of federal law. It is of the utmost importance that our elected representatives understand the fundamentals of Indian law, the gravity of the federal trust responsibility to tribes, the importance of tribal sovereignty, treaty rights and the history of federal Indian policy.

We know that we must maintain our strong presence with congressional members. We have established connections with members of the Native American Caucus, one of the strongest Indian advocacy organizations in Washington D.C. The Tribe's national reputation of honesty, integrity, and responsibility is evidenced by the signing of P.L. 105-256 on October 14, 1998. With all the attacks on the process of taking land into trust for the tribes, as provided for in the Indian Reorganization Act of 1934, P.L. 105-256 mandates that the Cow Creek Tribe will be allowed to place up to 2000 acres into reservation status.

The 20+ year fight to protect the Huckleberry Patch continues. All efforts are being put forth to prohibit mining activities that would affect this most valuable cultural resource, the meeting place of our tribal families from aboriginal time to present day.

It is gratifying to me personally that leadership of the Tribe is finally being appreciated by our own members. I sense, by their actions, that some who had not been in agreement with decisions made in the past are now seeing the long range planning bearing fruit and are pleased with what is being done.

This is a time to count our blessings and look forward to a successful 1999. In closing, I ask you to join me in offering your prayers for our Tribal Elders, children and all those who are ill during this holiday season.

Wishing all of you a wonderful holiday season and a happy, successful year ahead.....

*Sue Shaffer*



