

COW CREEK NEWSLETTER
P.O. BOX 837
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May 3, 1989

Dear Tribal Members:

The May meeting will be **MAY 21, 1989**. The Executive Council meeting will start at 9:00 a.m. and the General Council meeting will be at 1:00 p.m. Both of these meetings will be held in the Canyonville Youth Center. There are important issues that will be reviewed. We encourage everyone to attend.

FROM THE TRIBAL OFFICE

ADULT VOCATIONAL TRAINING: The AVT Committee approved three (3) tribal members to be funded in the AVT Program. The areas of training chosen by these individuals are landscaping/greenhouse, computer software, and professional truck driving. If you are interested in these or any other areas of training, please contact the Tribal Office and request an application/

ADULT EDUCATION: Currently there is one tribal member enrolled in preparatory classes to obtain their GED. If you would like more information on this program, please feel free to call the office. Ideas for a community education class are being collected. If you have any input, please call and tell us your interest. Several classes being considered are basketry, beading, leather crafts, and Indian Art. Recently acquired under the Adult Education Program are various cassette tapes that will be of interest to tribal members. Among these tapes, topics include, "Word Builders" Volume 1-3 (60 minutes program for building a more powerful vocabulary), "Siblings without Rivalry" (How to help your children live together so you can live too), "The Complete Guide to Home Loans" (Everything you need to know about financing your first home or re-financing existing loans), "Stop Smoking through Self Hypnosis" (Change your life with powerful information and relaxing guided hypnosis), "Self Hypnosis and Subliminal Reinforcement" (Building self confidence), "The Dance of Anger" (Women's guide that shows women how to turn anger into a constructive force for re-shaping their life), and "Add up to 300 Points to Your Fat Score" (Self help study guide for the F.A.T.

These tapes may be checked out through the office by the week. Depending on the response, we hope to acquire more of these self help tapes.

SOCIAL SERVICE: There is a Headstart Program in Canyonville and Myrtle Creek. This program is a definite pre-school program that teaches the basics such as; numbers, shapes, colors, etc. This program works on the child self esteem and social graces. Headstart provides a snack in the morning and lunch. They will also provide dental and medical exams. There is also a home based program available. This program accepts children three and four years of age. Four year olds are placed on a priority list if their birthday is before September 1. This program is for low income families and there is no cost but you must meet the income guidelines, which is Federal poverty level.

For more information and application you can contact the Tribal Office in Roseburg or Carla Swanson at 839-4556.

May 3, 1989

INDIAN HEALTH LIMITATION NOTICE

Please make sure that you read the letter from Jim Edge dated May 1, 1989. This is very important information that everyone needs to know, because of restrictions presently imposed. Services are presently limited to life and limb. At this time there is not a time frame to when Indian Health Service will resume at their past level.

FROM THE EXECUTIVE COUNCIL'S OFFICE

The May 21st meeting may well be one of the most important meetings this tribe will ever have. There are several important issues to decide on that will determine the future direction of the tribe. The business tribal charter vs. state corporation, land acquisition (whether we will be able to move forward in the purchase of the "river tract"), the prime business for start-up and what that business will mean as a mechanism for later business development plus other tribal matters.

It has been mentioned several time that the tribe is still under the 1978 corporate bylaws. The Tribe's governing document is the Constitution. Attached you will find an explanation from the Tribal Council, Dennis Whittlesey. If you have any questions please contact the tribal office.

The July nominations meeting will be held July 9, 1989 at the Canyonville Youth Center. The elections will be held August 13, 1989 in the Canyonville Youth Center.

We would like to have suggestions from the General Council as to what you would like to see in the newsletter. If you have any suggestions please send them to the, Executive Council Office, P.O. Box 837, Canyonville, OR 97417.

If you would like to help with the Pow Wow this year we will be forming a committee at the May meeting.

This May meeting will be a potluck. Please bring your own table service.