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Volume 1 Issue 2

APRIL 23, 1991

MEETING NOTICE

SUNDAY, MAY 19, 1991

(Note: Due to Mothers Day, the meeting is the third Sunday of the Month).
9:00 a.m. Board of Directors Meeting

1:00 p.m. General Council Meeting

Place: I.W.A. Hall
1523 N.E. Vine St.
Roseburg, Oregon

IMPORTANT NOTICE:

In the near future there will be a Secretarial Election on adoption of the tribal constitution. Secretarial Election means that it will be ordered and conducted by the Bureau of Indian Affairs. The Constitution Committee consisted of Gary Jackson as Chairman, with members; Naomi Gould, Clementine Rice, Tim Rondeau, Wallace (Buster) Rondeau, Sue Shaffer, Carla Swanson and liaisons Mike Rondeau and Sherri Shaffer. All parts of the constitution were carefully considered, reviewed and adopted by unanimous consent of the committee. It was then referred to the Board of Directors who passed a Resolution for passage and forthwith forwarded it on to the Bureau of Indian Affairs. It was referred to the Central Office where it was evaluated to assure that it complied with federal law. Modest technical corrections were made and after Board of Directors consideration the final document was ready for presenting to the Asst. Secretary. It is anticipated that the election process will be underway in the very near future. This is a well thought-out document, parts of which have been deliberated over a period of several years.

IT IS IMPORTANT THAT THE TRIBAL MAILING LIST BE CURRENT. IF YOU HAVE MOVED, OR IF YOU HAVE HAD A NAME CHANGE, PLEASE NOTIFY THE TRIBAL OFFICE. IT IS CRITICAL THAT ALL TRIBAL MEMBERS AND THEIR ADDRESSES BE PROPERLY RECORDED.

POW-WOW, 1991: South Umpqua Falls

Dates are July 19,20,21

Pow-wow Committee Co-chairs: "Tooter" Ansures, Tom Rondeau, Wallace (Buster) Rondeau and Dorothy Yeust. In the words of the co-chairs: This will be the old-time Pow-wow of the past. This pow-wow is a family gathering which will be potluck". For further information you can contact the committee members. In a communication from the Forest Service, dated March 7, 1991, the tribe was advised that: "Commercial vendors will not be allowed under the tribe's Special Use Permit. The presence of vendors will be in violation of 36 CFR 261.10 (c). unauthorized commercial activity". All tribal members are encouraged to attend to join in the activities that are now being planned.

QUINCENTENNIAL, 1992:

Plans are now underway nation-wide for the 500th year anniversary of Columbus "finding" America. October 1992 will be the official observance. Tribes are gearing up to be well prepared to bring an awareness to the public of Indian sovereignty, inherent rights, rights under the U.S. Constitution, lands that were ceded and contributions of tribes to the history and culture that is uniquely their own. It is important that we prepare and tell our story in a positive way. We have many talented people who can contribute to a display that will be meaningful. All types of handcrafts are welcome....drawings, paintings, buckskin work, beading, silver/metal work, carving and modern work such as ceramics, needlework, etc. We should set our goal for this display to be exhibited in Washington D.C. during the national ceremonies, however, it is equally important that a good exhibit be put together for local display. This will be discussed at the May meeting.

CONTRACT HEALTH UPDATE

The computer was ordered for the Contract Health Program several weeks ago. The modem for the computer needed to be back ordered, so delivery was delayed for approximately two weeks. When it arrives, a computer programmer from Indian Health Service will come down to the office and program it. When that is completed we will be ready to begin operating the program. We have received the necessary forms from I.H.S. and have current health applications on most eligible Tribal members. A letter of eligibility will be sent out to all eligible Tribal members before the start-up of the program. Any questions? Contact Bobby Dumont, Health Director, at the office.

HIGHER EDUCATION

Application deadline for fall term is June 1, 1991. Federal Financial Aid forms, as well as Cow Creek Higher Education application packets, may be picked up at the Education Department at the tribal office or requested by phone or letter. Applications are reviewed and accepted on a first come, first served basis.

ADULT EDUCATION CLASSES

We are scheduling a Color Draping class in May and a Handgun Safety class in June. Contact Yvonne Dumont at the office for more information and exact dates.

GOOD NEWS DEPARTMENT

Tribal Member, Misha Looney, daughter of Linda & Steve Looney, was named Roseburg's Young Woman of the Year. It was a highly competitive, four hour program. Misha claimed \$1500.00 in scholarships for her Japanese monologue and its English translation. Congratulations, Misha!!

The Higher Education Department wishes to commend Pamela Wright upon her completion of an accounting degree at Blue Mountain Community College in Pendleton. Pam carried a consistently high G.P.A. throughout her schooling.

Greetings:

As a newly-employed Registered Nurse for the Cow Creek Tribe, it is my pleasure to tell you how excited I am to be able to serve you. My full name is Karen Offutt-Rivera and I have been employed in a similar position for 4 years. I am new to Oregon, having lived all over the United States, Europe and Southeast Asia; however, I did live in Oregon as a child, fell in love with it, and vowed to one day return.

The past few months have been spent revamping the office, assessing old files and making new charts for each one of you. Home visits are now being conducted, on a priority basis. If you are currently experiencing any health problems that we may not be aware of, please call and let us know, so that a home visit might be arranged. During my home visits, I am updating health histories, monitoring blood pressures, etc..

I also plan to provide health education and services to you and your families in several areas, such as cholesterol screening and counseling, nutrition guidance, weight reduction, and dental hygiene.

Because people participate more when they are involved with something of interest to them, I would like to know areas of interest to you. Below are some topics that we could possibly hold classes for, but please feel free to add any other subjects which interest you, that aren't listed.

Please put an (X) by areas of interest.

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|--|----------------------------|
| 1. nutrition _____ | 6. AIDS information _____ |
| 2. weight reduction _____ | 7. stress reduction _____ |
| 3. stopping smoking _____ | 8. breast self-exams _____ |
| 4. reducing alcohol <u>abuse</u> _____ | 9. dental hygiene _____ |
| 5. cholesterol screening _____ | 10. other _____ |

Please return this to me, or call me, as I'm anxious to hear your ideas. I look forward to meeting you and providing the best health care that I possibly can for each and every one of you.

Sincerely,



Karen Offutt-Rivera, R.N.
Field Health Nurse