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#### VIDEO MACHINES ARE HERE

At the present time the video terminals have been in operation at the Bingo Center for approximately two weeks. Although the Bingo operation is on a 5 day a week basis, the center is now open 7 days a week, and with longer hours, to accommodate those persons who wish to play the machines. The response to them has been encouraging up to this point and it is anticipated that it will continue to build since we will soon be entering the good weather and the tourist season. The income from gaming has been dedicated to debt retirement and in the future, expansion into other business ventures to generate income into the tribe. The tribe can take pride in the fact that this is the first tribe in the State of Oregon, (and at this date the only tribe), to have successfully completed a Class III Gaming Compact which allows us to operate the video machines.

#### SENATE NEWS

We have been closely monitoring a Senate Bill whose purpose is to encourage investments and tax incentives for business development on Indian Reservations. A like bill passed both Houses last session, but was vetoed by President Bush. There are indications that during this session of Congress it will become a reality. This would provide a real impetus for reservation economic development. The Tribe has also actively worked to garner Senate votes against a proposed amendment that would abolish the Senate Select Committee on Indian Affairs. This is the most vocal advocacy voice for tribes in Washington, D.C., chaired by Senator Inouye and co-chaired by Senator McCain. We have networked with other tribes in an effort to protect the committee that so well represents us.

#### FINALIST FOR ATHLETIC AWARD

Misha Looney attended the Annual Oregonian Banquet of Champions on Feb. 8, 1993. She was one of the twenty finalists for the Johnny Carpenter Award for athlete of the year. award signifies the outstanding athlete for the State of Oregon in 1992. She was awarded a plaque for being a finalist, and appreciated the chance for recognition. Many greats were in attendance.

"CONGRATULATIONS MISHA LOONEY"

#### NEWBORN ITEMS NEEDED

There are two tribal members who are in desperate need of the following newborn items: bassinet. crib. playpen, blankets, stroller, high chair infant clothing. bassinet has already donated. If you can donate any of the items, please contact Peggy Meharry at 672-8533 or 1-800-835-2649. She would be happy to come to your home to pick them up.

# **EDUCATION**

#### G.E.D. COURSE

Are you considering taking a Education General Diploma Course? The Organization of the Forgotten American is a non-profit social agency which provides services to Native Americans in 22 counties in Funded Oregon. bv t he Department o f Labor, OFA administers a Native American Job Training Partnership Act Program (JTPA) that provides experience, work on-the-job training, community service employment, classroom training and supportive services. To be services. eligible for individual must be able to verify Native American ancestry, i.e. hunting/fishing card or Tribal I.D. card. He or she must also meet income

guidelines of the JTPA. For more information and referral, please contact Rhonda Buschmann at 672-9405 or 1-800-929-8229.

## CANYONVILLE G.E.D. PROJECT

The Project Literacy, U.C.C. and Cow Creek joint venture continues to grow, as the class now has 15 enrolled participants. The classes held at Canyonville Junior High on Tuesday and Thursday afternoons provide a good opportunity for tribal members, as well as nontribal members, to study for adult basic education skills, as well as study actively for the G.E.D. test. For more information, contact Project Literacy at 440-4711 or Yvonne Dumont at 672-9405.

# **HEALTH NEWS**

# WANT TO STOP SMOKING?

Stop Smoking Classes are now available to tribal members. are short but verv helpful classes that are from Cancer Society's Fresh Start Program, which has proven to be a very effective program the American Lung Association recommends. This class is also effective for those who use smokeless tobacco. The class Even if you do not is free. think you are ready to quit right now, please call Donna Hardesty at 672-8533 or 1-800-935-2649 for more information.

# TUBERCULOSIS AND PNEUMONIA

Pat Preston, a Microbiologist from Salem, will be the guest speaker at Douglas Community Hospital on April 28, 1993, in the main conference room from 3:00 - 6:00 p.m. Mr. Preston will be talking about pneumonia tuberculosis, and resistant strains of these two diseases. He will address the antibiotics that effective against tuberculosis and pneumonia, and how these diseases effect the general public, as well as our elderly, children and health We are coming into a workers. national epidemic. No should be uninformed as to the dangers and risks that we all face with this tuberculosis coming back. The seminar is free, and there will refreshments served. Due to the possibility of shortage of seating, please call reserve a seat by registering with Peggy Meharry, R.N., 672-8533 or 1-800-935-2649.

# CONTRACT HEALTH SERVICE UPDATE

# C.H.S. APPLICATIONS

We have recently mailed out health applications to every tribal member on the contract health computer system. It is a federal regulation that we have updated health applications every year. We may have to start denying services until your new health application is received.

# PRIMARY INSURANCE FOR PRESCRIPTIONS

If you have a primary insurance, please use it when

getting prescriptions filled. Please get the generic brand when possible. Remember, we cannot pay for products that may be purchased over the counter, such as ibuprofen, benadryl, etc.

#### SAVING PROGRAM DOLLARS

Since Contract Health Service dollars are limited, if we feel there is a chance you are eligible for a medical card, you will be requested to apply for one before we can authorize doctor appointments.

# (CONTRACT HEALTH SERVICE UPDATE CONTINUED)

### PROGRAM GUIDELINES

Please follow program guidelines by pre-authorizing your doctor appointments 24 hours in advance. If you have an emergency, you have 72 hours to call it in.

### RECEIVING MEDICAL BILLS

If you receive bills from your doctor, x-ray facilities, labs. etc., please do not presume that Contract Health Service has received them also. Send your bills in, instead of waiting to be turned over for collection. We cannot pay your bills if we do not know about them.

COW CREEK BAND OF UMPQUA TRIBE OF INDIANS 2400 STEWART PARKWAY #300 ROSEBURG, OR 97470

#### REMINDERS

1) The new toll-free telephone numbers are:

Tribal Health Office 1-800-935-2649

Tribal Administrative Office 1-800-929-8229

- Please continue to keep your address current. Whenever there is a change of address, the office needs to be advised so you will continue to receive important tribal correspondence.
- of those eligible to enroll request an enrollment application so that it may be processed. You may call the Tribal Administrative Office at 672-9405 or 1-800-929-8229.