



General Council Meeting Notice

Unless notified differently, the following dates are for the General Council Meetings scheduled in 1995:

DATE	DAY	TIME
February 19*	Sunday	1:00 pm
May 21	Sunday	1:00 pm
August 12	Sunday	1:00 pm
November 12	Sunday	1:00 pm

*NOTE - The February meeting is the 3rd Sunday of the Month.

All above meetings will be held at the I.W.A. Hall located at 1523 NE Vine St., Roseburg, Oregon.

CPR Class

There will be an Adult, Child and Infant CPR class on Thursday, February 9, 1995, at the Tribal Administrative Office. The class will begin at 8:30 am and will last approximately 6 to 8 hours. If you are interested in attending please call Rhonda at 1-800-929-8229 to register. Space is limited, so please reserve your seat. There will be no charge for tribal members who wish to attend.

Pow-Wow Meeting

There will be a Pow-wow meeting on Saturday, Feb. 4, 1995, at 7 p.m. in the bingo section of the Gaming Center. All interested persons are urged to attend. Please bring your ideas.

Health Insurance

A tribal Insurance plan which will be made available to all tribal members and their families is near completion. An information packet with detailed instructions and an explanation of the plan will be mailed to all tribal members 18 years and older.

L.I.H.E.A.P.

The Low Income Home Energy Assistance Program (LIHEAP) is designed to assist eligible applicants with energy costs (oil, propane, electric, wood or gas). The following are the two services provided:

- Heating Assistance: Utilized to pay for eligible tribal members heating cost such as mentioned above. Payments are made directly to the energy provider. This is a one time per year payment.
- Crisis Assistance: Funds are available to eligible tribal members for emergency energy needs. Payments can be made to assist with home energy shut-off notices only. This is a one time per year payment.

To be eligible for this program applicants must meet the following requirements:

- 1. Applicant must be a tribal member.
- 2. Applicant must live with in the Cow Creek seven county service area (Lane, Douglas, Josephine, Jackson, Klamath, Coos and Deschutes).
- 3. Most categorical households that are receiving assistance (AFDC, SSI, Food Stamps, BIA General Assistance or certain need-tested veteran's benefits may be automatically eligible).
- 4. Applicant must not exceed 150% of the Federal Poverty Income guidelines, if determining eligibility on wages.
- 5. Submit a completed application with the necessary documentation attached. (Verification of income or categorical status, social security numbers for all members of the household, electric bill and utility bill if other than electric).

For further information and/or an application for the above program, please contact Rhonda at the Administrative Office.

Jobs Available

Gaming Center:

The following jobs will be available at the Cow Creek Gaming Center:

- Security Officer
- Admissions/Bingo Caller
- Accounting Data Entry Clerk
- Director of Human Resources
- Surveillance Operator
- Slot Cashier
- Wait Person
- Restaurant Cook
- Host Person
- Dishwasher

For more information about the above positions please contact the Cow Creek Gaming Center Personnel Department at 503-839-1111.

Gaming Commission Office:

The Following Job announcement will be available at the Gaming Commission Office:

Secretary to Gaming Commission -

Minimum Requirements:

- Two years' experience as an executive secretary.
- Typing Speed minimum 75 wpm.

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- Proficiency in the following software programs: Windows, WordPerfect 6.0, Pagemaker, and Paradox.
- Ability to transcribe dictation and minutes of meetings.
- Capability of establishing filing system, computerized and minutes of meetings.standard.
- Work well with public.
- Ability to read and understand rules and regulations.

Benefits: Health care and retirement.

Pay depending on experience.

To apply for the above position please send resume to:

Cow Creek Tribal Office ATTN.: John McCafferty 2400 Stewart Parkway, Suite 300 Roseburg, Oregon 97470

Tribal Adminstrative Office:

The following job announcement will be available at the Tribal Administrative Office:

Administrative Secretary:

High profiled job will need experience in working with public. Be Able to work proficiently in an active high stress environment. Must have excellent typing skills (minimum speed of 75 w.p.m.), excellent grammar, and be proficient in Microsoft Office software. Pay depending on experience.

To apply for above position, please send resume to:

Cow Creek Administrative Office 2400 Stewart Parkway, Suite 300 Roseburg, Oregon 97470

Drug and Alcohol Program

The drug and Alcohol Provides the following services: individual drug and alcohol counseling, family drug and alcohol counseling, marriage and family counseling and Contract Mental Health counseling up to age 25.

The tribe also provides an Outdoor Substances Abuse Education Prevention/Aftercare Program. This program provides Cow Creek vouth a therapeutic experience in an outdoor setting. The objectives of the program are to promote self-esteem and teach youth to deal with interpersonal stress. gain insight into feelings, responsibility to self and others, coping skills to deal problem solving with conflict. and decision making skills. The last scheduled event was a ski outing. January 20 - 22 at Mount Bachelor near Sun River, Oregon.

If you have any questions regarding these programs, please contact Randy Anderson at the Tribal Administrative Offices.

Enrollment

It is important that those eligible for tribal enrollment request an application. For more information, please contact Carol McKinney at the Administrative Office.

Education Programs

The Education Programs consist of four programs geared to the attainment of quality, continuing education and life-enhancing skills for tribal people. The Following are the four programs available:

- The Higher Education Program is available to all tribal members. Having no service area restrictions, it assists those wishing to obtain a college degree.
- The Adult Vocational/Technical Training Program offers assistance to those seeking a vocational/technical certificate or applied arts/sciences degree.
- The Adult Education Program is available to tribal members wishing to obtain a G.E.D. and other adult basic education and life-enhancing skills.
- The Tribal Education Program fills in the gaps for the remainder of the educational needs of the tribe.

If you would like to apply to any of these programs or need more information, please contact Yvonne Dumont at the Administrative Office.

Child Care Assistance

The Child Care Assistance program is designed to provide child care services for low income families and to improve the availability and quality of child care. This program helps low income families that are working or receiving job training or education to enable them to provide child care for their tribally enrolled children.

The Cow Creek Child Care Assistance Program encourages parents to choose the child care provider of their choice. As a special service to tribal parents, the Douglas County Child Care Resource and Referral Agency will do training on choosing quality child care. Current legislation requires that all child care providers be registered with the state of Oregon. In addition, the homes and day care centers will be inspected by tribal staff and must meet tribal safety standards.

To be eligible for this program the applicants must meet the following requirements:

- The child receiving the child care must be an enrolled member of the Cow Creek Tribe.
- 2. The applicant's income must be below the Federal Poverty guidelines limit.

The applicant must live with in the Cow Creek seven county service area.

If you would like to apply for this program or need more information, please contact Fran Crispen at the Administrative Office.

J.O.M. Program

Services provided through the Johnson O'Malley Program (JOM) include parental cost assistance, which helps with sports activity fees, small equipment purchases, band instrument rental, etc.; tutoring; social skills activities; and cultural activities to name a few.

We would like to have more parental involvement. The J.O.M. Committee meetings are open to all tribal parents. The Committee meets at 7 pm at the Cow Creek Gaming Center on the Saturday before the General Council Meetings (unless it falls on a holiday).

If your child has a certain interest, or needs help in a particular area, or wishes to participate in any J.O.M. activities, please call Roma Jackson at the Administrative Office.

Spring Youth Camp

The tribe has been awarded a Juvenile Delinquency Prevention Grant. The program is now in the planning stages. The first activity is a three day workshop which will be held at the Little River Christian Camp in Glide. Activities will include beading, drumming and dancing, and speakers to address subjects such as: gang violence, teen sexuality, peer pressure, self-esteem to name a few.. The age groups will include kids from 8 - 21 years old. Transportation will be provided. For more information about the three day workshop, please contact Roma Jackson at the Administrative Office.

Housing Assistance

The Housing Improvement Program (HIP) is currently accepting applications for the 1995 funding year. This program can assist eligible Native Americans with housing needs such rehabilitation (roof. weatherization windows, doors, etc.) and payment assistance. Priority is given to families with the greatest need in relation to income, family size, etc.

If you feel you might not qualify for the HIP program, other options may be available.

If you would like to apply for Housing Assistance, please contact Carol Ferguson at the Administrative Office.

VIP

The Vender Information Program (VIP) is an electronic information system which allows Oregon business owners access to bid on various purchases or services with the State of Oregon. The Cow Creek Administrative Office is currently one of the State of Oregon Procurement Centers. For more information or if you would like to set up an appointment to use the VIP system, please contact Carol Ferguson at the Administrative Office.

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Contract Health Program

The Contract Health Program provides medical, dental and vision coverage for eligible tribal members. In order to be eligible you must:

- Be an enrolled member of the Cow Creek Tribe currently living in the seven county service area.
- 2. **Pre-authorize all services**. Emergencies must be called in with in 72 hours of service.

You must use all other resources to pay for your care, such as: Medicare, Medicaid, Oregon Medical Plan and/or private insurance. C.H.S. only pays as a last resort.

You can call 1-800-929-8229 or 672-8533 to pre-authorize your appointments with Linda or June.

Field Health Nurse

The Field Health Nurse is always working towards promoting total wellness for the tribe. The general goals are improving the delivery of preventive health services, promoting health care practices which lead to overall wellbeing, and to assist tribal members and their families in obtaining adequate health care.

During home visits or office visits, the Field Health Care Nurse screens tribal members and their families for existing or potential health problems. She then utilizes the appropriate resource agencies to assist with the problem.

Currently, the tribe is offering free lab services for all tribal members and their non-tribal spouses. This lab work will provide a complete chemistry profile. PSA (prostate cancer screening) and HIV testing are available upon request. All HIV testing is done anonymously and/or confidentially. HIV test results are generally given to the person with in 24 hours.

Smoke alarms given to every tribal home, with an annual inspection. Bicycle helmets are available to all tribal children and their parents, as well as infant car seats and booster seats for older children.

If you have any questions regarding the Field Health Nurse Program, please contact Peggy Meharry at the Tribal Health Office.

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CHR Program

The Contract Health Representative is currently working towards setting up First Aid and CPR classes for tribal members. There has been an above average interest shown by our tribal members to learn these important life saving techniques. Future planing is going into possibly providing more classes such as: Diabetes/hypo-glycemia, self-breast examination, nutritional and maybe even starting a walking group.

The C.H.R. program offers medical support to tribal members such as: "Special situation transportation" to and medical appointments, blood from pressure checks. general health information, immunization information. home visits and on special occasions assist with settina medical qp appointments. There is a wide range of services that can be provided through the CHR program. If you have any questions please contact Rhonda Malone at the Administrative Office.

I.C.W.A.

If your child is legally enrolled or eligible for enrollment in a federally recognized tribe, you have certain basic rights to the custody of your child that are protected by the Indian Child Welfare Act. In any state court child custody proceeding involving an Indian child who is eligible to be enrolled or is an enrolled member of a federally recognized tribe, the court must comply with the Indian Child Welfare Act. The Indian Child Welfare Act defines a child custody proceeding to mean: Foster care placements, termination of parental rights pre-adoptive placements, and adoptive placements. If you would like more information about I.C.W.A., please contact Fran Crispen at Administrative Office

Update your Address

It is the responsibility of each tribal member to keep their address current in the Tribal Office. Several newsletters have been returned for lack of proper If you know of any tribal address. members who have not been receiving correspondence from the tribal office. please recommend that they call and update address. This their particularly important for the registered voters who will wish to vote in the upcoming election.