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Volume 6 Issue 1

January 25, 1996

General Council Meeting Notice

Unless notified differently, the following dates are for the General Council Meetings scheduled in 1996:

<u>DATE</u>	<u>DAY</u>	<u>TIME</u>	<u>PLACE</u>
February 11	Sunday	1:00 p.m.	I.W.A. Hall
May 19*	Sunday	1:00 p.m.	I.W.A. Hall
August 11**	Sunday	1:00 p.m.	I.W.A. Hall
November 10	Sunday	1:00 p.m.	I.W.A. Hall

NOTE:

* - *The May meeting is the 3rd Sunday of the Month.*

** *Election Meeting*

The I.W.A. Hall is located at 1523 NE Vine St., Roseburg, Oregon.

Board Meeting in Sacramento, Calif.

The Board of Directors have scheduled a second "out-of-state" meeting to update tribal members that are unable to attend regular meetings of the Board of Directors in Roseburg. The purpose of this meeting is to update tribal

members on current tribal business activities and various programs that are offered.

The first "out-of-state" meeting was a two part meeting held last month in Woodland and Port Angeles, Washington.

The next "out-of-state" meeting will be held Saturday, February 17, 1996 at 1 p.m. at the Holiday Inn Sacramento North East, (Madison Avenue at I-80) 5321 Date Avenue, Sacramento, CA 95841 (916) 333-5800. From I-5, take I-80 East to Madison Avenue Exit.

This will be the regular monthly Board of Directors meeting. All tribal members living in this area are encouraged to attend the meeting.

Home Buyers Workshop

First Interstate Bank will be offering a seminar/workshop for potential first-time home buyers. The seminar will be held specifically for tribal members.

Topics will include an action plan for choosing a home loan, a budget blueprint, obtaining credit, etc. Participants will be walked through the entire process.

If you are interested or have questions, call Carol Ferguson, the project coordinator, at the Administrative Offices. Please be prepared to state your preference for an evening, day, or

Pow-Wow

The first Pow-Wow meeting of the year will be held on January 27, 1996, at 6 p.m. in the non-smoking section of the Gaming Center. All interested parties are urged to attend. For more information, call Roma Jackson at the Tribal Administrative Offices.

Enrollment

It is important that individuals who are eligible for tribal enrollment request an application. For more information, please contact Carol McKinney at the Administrative Office.

TRIBAL PROGRAMS

Tribal Library

The Tribal Library is open to all Tribal members and their families.

Books may be checked out for two (2) weeks with longer check-out times available upon request. Additional time and initial check-out is granted on a first-come first-served basis, meaning that if someone else has reserved the material, they will be allowed to check it out before it is available to the general tribal population.

A wide variety of subject matter is available including: inspirational, medical, cookbooks, gardening, house plants, adolescent novels, juvenile novels, westerns, classic novels, poetry, mental health, physical health, history, Oregon literature, travel, Indian lore, crafts, animals, science, education, short stories, employment and business help, videos, cassettes, and many more. For specific titles or other information, please call Roma Jackson at the Tribal Administrative Offices.

Youth Camp

This years youth camp will be held June 27, 28, & 29, 1996, at Camp Kellogg. Watch your mail for more information. Any parents that want to be involved this year, please call Roma Jackson at the Tribal Administrative Offices.

J.O.M. Program

Services provided through the Johnson O'Malley Program (JOM) include parental cost assistance, which helps with sports activity fees, small equipment purchases, band instrument rental, tutoring, social skills activities, and cultural activities to name a few.

We would like to have more parental involvement. The J.O.M. Committee meetings are open to all tribal parents. If you are interested call Rhonda Malone at the Tribal Administrative Offices for future dates and times.

Housing Assistance

The Housing Improvement Program (HIP) is currently accepting applications for housing assistance. This program can assist eligible tribal members with housing needs such as: rehabilitation (roof, weatherization, windows, doors, structural repairs, etc.) and down payment assistance. Priority is given to families with the greatest need in relation to income, family size, etc.

If you would like to apply for Housing Assistance, please contact Carol Ferguson at the Administrative Office.

Daycare Assistance

The Cow Creek Child Care Assistance Program is provided through the Child Care and Development Block Grant and can provide full day care and/or after school care for eligible families. All applicants must live in the seven

county service area and be employed, engaged in an on-the-job training program, or enrolled in school. The children must be under the age of 13. For more information regarding this program, please contact Carol Ferguson at the Tribal Administrative Office.

L.I.H.E.A.P.

The Low Income Home Energy Assistance Program (LIHEAP) is designed to assist eligible applicants with energy costs (oil, propane, electric, wood or gas). The following are the two services provided:

- **Heating Assistance:** Utilized to pay for eligible tribal member's heating costs such as those mentioned above. Payments are made directly to the energy provider. This is a one time per year payment.
- **Crisis Assistance:** Funds are available to eligible tribal members for emergency energy needs. Payments can be made to assist with home energy shut-off notices only. This is a one time per year payment.

To be eligible for this program applicants must meet the following requirements:

1. Applicant must be a tribal member.
2. Applicant must live within the Cow Creek seven county service area (Lane, Douglas, Josephine, Jackson, Klamath, Coos and Deschutes).
3. Most categorical households that are receiving assistance (AFDC, SSI, Food Stamps, BIA General Assistance or certain need-tested veteran's benefits) **may be automatically eligible.**
4. Applicant must not exceed 150% of the Federal Poverty Income guidelines, if determining eligibility on wages.
5. Submit a completed application with the necessary documentation attached. (Verification of income or categorical status,

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social security numbers for all members of the household, electric bill and utility bill if other than electric).

For further information and/or an application, please contact Rhonda Malone at the Administrative Offices.

Drug and Alcohol Program

The Cow Creek Drug and Alcohol program provides the following counseling services:

- Individual and family drug and alcohol counseling.
- Marriage and family counseling.
- Mental health counseling.

Referrals to other mental health providers are provided through the Contract mental health program.

For more information call Randy Anderson at the Tribal Administrative Offices.

CHR Program

The Community Health Representative program (C.H.R.) offers medical support to tribal members such as: "Special situation transportation" to and from medical appointments, blood pressure checks, general health information, immunization information, home visits and on special occasions assist with setting up medical appointments. There is a wide range of services that can be provided through the CHR program. If you have any questions please contact Rhonda Malone at the Administrative Offices.

First Aid Class

If you are interested in taking a First Aid, CPR, or Child/Infant CPR class, please call Rhonda at the Tribal Administrative Office.

Outdoor Recreation Therapy Program

This program provides tribal youth a therapeutic experience in an outdoor setting which includes river rafting, snow skiing, and backpacking. Issues such as self-esteem, drug and alcohol use and communication skills are addressed.

For more information, call Randy Anderson at the Tribal Administrative Offices.

Contract Health Program

The Contract Health Program provides medical, dental and vision coverage for eligible tribal members. In order to be eligible you must:

1. Be an enrolled member of the Cow Creek Tribe currently living in the seven county service area.
2. **Pre-authorize all services.** Emergencies must be called in within 72 hours of service.

You must use all other resources to pay for your care, such as: Medicare, Medicaid, Oregon Medical Plan and/or private insurance. C.H.S. only pays as a last resort.

You can call 1-800-929-8229 or 672-8533 to pre-authorize your appointments with Linda or Joan.

Contract Health applications have been mailed out to tribal members within the service area. Under Federal guidelines, contract health requires application annually on each tribal member served. Please fill out the applications upon receipt and return them to the Tribal Health Office, currently located in the Administrative Offices.

Field Health Nurse Program

The Field Health Nurse is always working towards promoting total wellness for the tribe. The general goals are improving the delivery of preventive health services, promoting health care practices which lead to overall well-being, and to assist tribal members and their families in obtaining adequate health care.

During home visits or office visits, the Field Health Care Nurse screens tribal members and their families for existing or potential health problems. She then utilizes the appropriate resource agencies to assist with the problem.

Currently, the tribe is offering free lab services for all tribal members and their non-tribal spouses. This lab work will provide a complete chemistry profile. PSA (prostate cancer screening) and HIV testing are available upon request. All HIV testing is done anonymously and/or confidentially. HIV test results are generally available within 24 hours.

Smoke alarms are given to every tribal home, with an annual inspection. Bicycle helmets are available to all tribal children and their parents, as well as infant car seats and booster seats for older children.

If you have any questions regarding the Field Health Nurse Program, please contact Peggy Meharry at the Tribal Health Office.

Education Programs

The education programs consist of four programs geared to the attainment of quality continuing education, adult basic education, and

life enhancing skills for tribal people. The four programs available are as follows:

- **Higher Education Program** - This program is available to all tribal members. Having no service area restrictions, it assists those wishing to obtain a college degree at both the junior college and state college levels. This program funds undergraduate students as well as masters and doctorate students.
- **Adult Vocational/Employment Assistance Training Program** - This program offers assistance to those seeking vocational/technical certificate of applied arts and sciences degrees. Bureau of Indian Affairs regulations mandate that recipients reside within the seven county service area, and that training must be completed within a 2 year time frame. This program is geared toward achieving job skills necessary for employability in a relatively short period of time.
- **Adult Education Program** - This program is available to tribal members wishing to obtain a G.E.D., high school equivalency, and other adult basic educational needs.

If you would like to make application to any of the above-mentioned programs or need information, please contact Yvonne Dumont, Director of Education at the Administrative Offices.

I.C.W.A.

If your child is legally an Indian, you have certain basic rights to the custody of your child that are protected by the **Indian Child Welfare Act**. In any state court child custody - proceeding involving an Indian child who is eligible to be enrolled or is an enrolled member of a federally recognized tribe, the court must comply with the Indian Child Welfare Act. The

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Indian Child Welfare Act defines a child custody proceeding to mean: Foster care placements, termination of parental rights, pre-adoptive placements, and adoptive placements. If you would like more information about I.C.W.A., please contact the Administrative office.

Domestic Violence

Are you or someone you know suffering from DOMESTIC VIOLENCE? Violence in the home is a crime that cuts across all age, racial, class and educational boundaries. Domestic violence is a monster that wears many masks.

If you or someone you know is in need of confidential counseling or assistance, the Tribe is receiving Family Violence Intervention Funds and will be able to provide assistance. Help is available now by calling Rhonda Malone at 1-800-929-8229 or by contacting your local Battered Persons Hot Line. In Roseburg: 1-800-44-6543; Grants Pass: 1-800-750-9278; Ashland 1-503- 779-4357; Coos Bay: 1-800-448-8125; Eugene: 1-800-281-2800; and in Bend: 1-800-356-2369.

Nesika Health Group

The Tribal Self-funded Insurance Plan, The Nesika Health Group, is beginning it's second year of service. There are currently 487 individuals covered under the plan. The most recent enrollment figures indicate an increasing number of tribal members are joining the plan. Currently, 117 tribal members are enrolled with 56 non-tribal family member dependents. The Gaming Center currently has 314 employees and their dependents covered on the Nesika Health Group plan.

Estimated patient claims for 1995 are \$145,228.00.

If you are interested in joining the Nesika Health Group or would just like information

about the plan, please contact Joan Atchison at the Tribal Office, 1-800-929-8229 or (541) 672-9405.

Please be reminded that all tribal members are eligible for this program regardless of where they reside.

Tribal Burial Plan

The Tribal Board of Directors recently approved a plan which will pay up to \$1,500.00 toward burial expenses for Tribal Members. Currently, the plan covers burial expenses for the tribal members only. To access this benefit a certified death certificate must be submitted to the Tribal Office, "Attention: Carol McKinney". The funeral home or mortuary must submit a detailed billing of expenses to the Tribal Office and the designated amount will be sent directly to the funeral home or mortuary.

For more specific details of this plan, contact Carol McKinney at the Tribal Office, 1-800-929- 8229.

Employment Listings

Gaming Center:

- **Payroll clerk** - This position will have a work schedule which consists of a day shift on Saturday and Sunday, and an afternoon shift on Mondays, Tuesdays, and Fridays.
- Must have High School Diploma or G.E.D.
- **Bingo Cashier** - Must have ability to make correct change and have good customer service skills.
- Must have High School Diploma or G.E.D.

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- **Shuttle Bus Driver** - Must have excellent driving record, customer service experience, and an interest in working a variety of shifts. Preference will be given to applicants with a Class B Commercial Drivers License (CDL), a passenger endorsement and a current driver medical card.
- **Hotel Manager** - Must have a minimum of seven years management experience within a large resort hotel, a convention center, and a fine dining restaurant. Experience should include the following : guest relations, hotel computer systems, hotel operations, marketing, financial analysis and employee relations.

Please send a cover letter and résumé to Human Resource Department at the Cow Creek Gaming Center.

For more information about these positions, please contact Cow Creek Gaming Center, Personnel Dept. at 541-839-1111.

Tribal Administrative Offices:

- **Contract Health Service Intake Clerk** - This individual will assist the Contract Health Supervisor in the operation of the Contract Health Services Program, and will be responsible for the duties associated with day-to-day operations of the program including pre-authorization of services, entering data on computer, submitting reports as required by the tribe, and the Indian Health Service, as well as other duties assigned by Health Director and/or Administrator.

Applicant must have a high school diploma or equivalent and at least two years medical office

experience including medical terminology and insurance billing.

- **Social Services Coordinator** - This individual will be responsible for implementing the Tribal Human Services Program in accordance with the mandates of CFR 25, and the Indian Child Welfare Act of 1978 and amendments. The Social Services Coordinator will develop and maintain case files of tribal members as related to their social needs, work with Indian Child Welfare cases as liaison between child and agency.

Applicant must have a high school diploma or equivalent and at least two years of higher education, preferable in sociology or other related fields. Counseling and/or social services background, work with children and juveniles preferred.

Qualified persons interested in applying for the above two positions should send a cover letter and résumé, including references, to the Cow Creek Tribal Office, 2400 Stewart Parkway, #300, Roseburg, OR 97470, "Attention Tribal Administrator". Closing date is Wednesday, February 7, 1996.

Job Application

Tribal members interested in current or future employment at the Gaming Center are encouraged to complete an application to be kept on file at the Gaming Center. Most job openings at the Gaming Center are advertised in this newsletter, however occasionally, some jobs must be filled immediately before a newsletter is sent out, therefore, an application submitted by a Tribal Member, to be kept on file by the Gaming Center, is very beneficial.

Businesses Encouraged to Register

Tribal Members owning businesses who wish to bid on jobs that may come available by the Tribe should contact the Tribal Office and register their name and type of business. This list will be maintained by the Tribal Board of Directors Assistant, Carol McKinney. As jobs become available you will be notified and given the opportunity to bid. To have your business registered, please contact Carol McKinney at 1-800-929-8229 or (541) 672-9405.

Update your Address

It is the responsibility of each tribal member to keep their address current in the Tribal Office. Several newsletters have been returned for lack of proper address. If you know of any tribal members who have not been receiving correspondence from the tribal office, please recommend that they call the toll free number (1-800-929-8229) or write to: Cow Creek Tribal Office, 2400 Stewart Parkway, #300, Roseburg, OR 97470 and update their address.