



# Wik'uuyám Heeta'

"Friend, Away from Here"

The Official Newsletter of  
the Cow Creek Band of Umpqua Tribe of Indians



**Celebrating 40 Years of Tribal Sovereignty**

Volume 32, Issue 1  
January 2022

We will be known forever by the tracks that we leave.

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## Hours of Operation

### **Government Office Hours**

Monday - Friday 8 AM to 5 PM

### **Roseburg Clinic Hours**

Monday - Friday 8 AM to 5 PM

No Walk-Ins. Please Call for Same-Day Appointment

### **Canyonville Clinic Hours** (Closed on Fridays

Monday - Friday 8 AM to 5 PM in January 2022)

No Walk-Ins. Please Call for Same-Day Appointment

## Office Closures

January – New Year's Day

January – Martin Luther King Jr. Day

February – Presidents' Day

May – Memorial Day

June – Juneteenth/Freedom Day

July – Independence Day

September – Labor Day

October – Columbus/Indigenous Peoples Day

November – Thanksgiving Day (and next day)

December – Christmas Day (and Eve)



## Insights into History

### Tribal Elders Interview for 40<sup>th</sup> Anniversary Documentary

Several tribal Elders volunteered to share their experiences for a documentary being produced by tribal-owned graphic design company Anvil Northwest to honor the tribe's 40<sup>th</sup> anniversary of federal recognition.

If you would like to contribute to the documentary, please reach out by email to [documentary@anvilnorthwest.com](mailto:documentary@anvilnorthwest.com)

*Mary Howren sharing her account of tribal history in the recording booth*



*Other tribal Elders and staff present for the interviews (back to front, left to right): Jesse Jackson, Brandi Knutzen, Larry Davis, Margaret Mulholland, Linda McAnelly, Rhonda Richardson*



## Share Your Tribal Family Photos

Do you have historical photographs of our Tribal members or Tribal events? We're looking for new photos to feature in the 40th Anniversary documentary

Scan and email to:

**[documentary@anvilnorthwest.com](mailto:documentary@anvilnorthwest.com)**

Please include as many details as possible: names, descriptions, years, family recollections

# This Month in Tribal History

As we prepare to celebrate 40 years since our Tribe was federally recognized, there are many special projects underway. One of those includes this newly-introduced segment in your monthly newsletter. We're calling it: "This Month in Tribal History." It will be a monthly snapshot of some of the important milestones and changes that our Tribe has undergone as we've developed and grown, but also a fun look back at what was the "hot topic" way-back-when and as the years progressed. Reflecting on our past helps us to move forward with purpose and hold the issues that matter most to us close to our hearts.

We hope you'll follow along as we embark on this year of celebration, reflection and evolution! You can read any of our past newsletters by logging on or registering on our website, then going to [www.cowcreek-nsn.gov/tribal/tribal-services/newsletters/](http://www.cowcreek-nsn.gov/tribal/tribal-services/newsletters/).

Do you think we missed an important occasion or happening? Let us know about it! Email us at [info@cowcreek-nsn.gov](mailto:info@cowcreek-nsn.gov) and we may publish your feedback.

**1984**

Attorney Dennis J. Whittlesey assisted tribal leadership in negotiating a settlement on the Land Claims Case with the U.S. government.

Tribal leadership made plans for land acquisition and development for Canyonville, Oregon.

**2001**

The Tribe announced its own utility company (now known as Umpqua Indian Utility Cooperative) to distribute electricity to Canyonville businesses.

**1979**

The Cow Creek Umpqua Bill was first introduced to Congress.



THE COW CREEK BAND OF  
**UMPQUA INDIANS**  
P. O. Box 456 CANYONVILLE, OREGON

SPECIAL NEWSLETTER

January 29, 1979

Dear Council Members:

The Cow Creek Umpqua Bill has been introduced and is now in the hands of Congress. The money we have received from you has been used to present the legislation and to get it into the hands of Congress for passage. Our funds are very low. Now is the time for the DO or DIE effort. We have to have TOTAL membership involvement. We need your financial support desperately. We need handiwork DONATED to sell. We need letters written to your Congressman requesting TOTAL SUPPORT of the Cow Creek Legislation.

Our people have been trying to reach the point that we are at now for over 100 years. Our efforts are justified. We have the support of others. We can now right the wrongs that have been brought upon our people in the past. But, we can't go any farther without active participation of EACH and EVERY member of the tribe and Council of the Cow Creek Band of the Umpqua Tribe of Indians. This means YOU! Send whatever amount of money you can, send us your handiwork, write letters to your Congressman. DO IT NOW! Help accomplish what our ancestors and our people started 100 years ago. We can do it with YOUR help or we can give up without your help. We have to stick together or give up. NOW IT'S UP TO YOU!

Robert L. Buschmann, Director  
Cow Creek Band of Umpqua Indians

AMARYLLIS J. FREEMAN  
CHAIRPERSON  
NAOMI K. RIEDE  
TRIBAL COUNCILOR  
MARY HOWREN  
SECRETARY

**1993**

The first modern Tribal ID Cards were issued.

**1996**

Tribal Burial Plan approved.

**1994**

The Cow Creek Housing Program worked with the Portland Area Office of the Bureau of Indian Affairs (BIA) to investigate reported mismanagement of the BIA Portland Area Housing Program by the tribe.

BIA Housing Specialist Bill Sullivan said: "After visiting the tribe and reviewing the case files, it was determined that the allegations were erroneous and/or incorrect. I have been and continue to be impressed with the tribe's sincere desire to administer the Housing Improvement Program in strict accordance with regulations".



# This Month in Tribal History

**2002**

The McNeil Property of 8.35 acres (on which the Seven Feathers Casino Resort is built) and the Goodin Property of 2.02 acres were placed into Trust.

The Seven Feathers Truck and Travel Center opened for business. The interior originally featured the Creekside Restaurant, a convenience store, a deli and ice cream parlor, a trucker's lounge, and phone areas.



*Chairwoman Sue Shaffer (pictured here) attended the Creekside Restaurant opening*

**2016**

The tribe created the Emergency Management Department to interface and coordinate with local, state, and federal emergency organizations, and to develop emergency preparedness for the Cow Creek tribe.

**2020**

The tribe implemented the Child Care Assistance Program.

**2006**

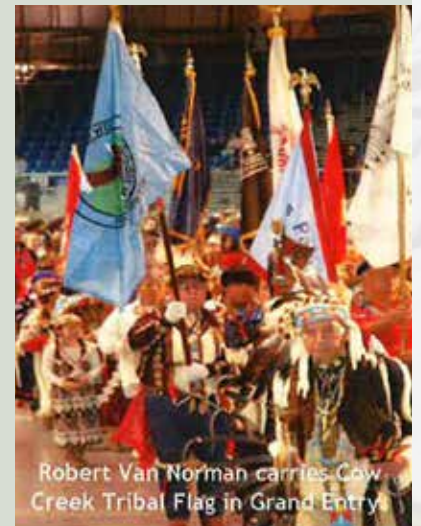
After decades of legislative struggle, the tribe succeeded in designating the Huckleberry Patch (9,461 acres) as a Special Interest Area, officially marking it as a traditional cultural property of the tribe. This protects it from mining, and focuses attentions on projects to maintain and enhance huckleberries and the land.



**2009**

Over 5,000 people attended the Oregon 150 celebration, which Sue Shaffer helped plan since 2007. The event featured arts, crafts, demonstrations, dancing, and drumming from all of Oregon's federally recognized tribes. Cow Creek's own Creative Images (now Anvil Northwest) produced the "First Oregonians: West of the Cascades" video shown.

Robert Van Norman carried the Cow Creek flag in the Grand Entry of the first "Gathering of Oregon's First Nations" pow wow, held in conjunction with the Oregon 150 celebration.



*Robert Van Norman carries Cow Creek Tribal Flag in Grand Entry*

# Tribal News

## SECRETARY HAALAND CALLS FOR NATION TO BE RID OF RACIST TERMS ON FEDERAL LANDS

In an effort to erase harmful stereotypes and racial bias, one U.S. leader has called for an outright ban on the word “squaw” and similar derogatory slurs that can be found in the names of America’s landmarks.

Secretary of the Interior Deb Haaland, the first Native American cabinet secretary in U.S. history, has implemented policy that would remove and rename places on federal lands across the country that utilize the term. Secretarial Orders 3404 and 3405 do just that, by first creating a task force to identify the geographic landmarks with the negative terms. Then, after much discussion and recommendations from Tribal, Indigenous, Hawaiian, government and citizen committee representatives, the land would be retitled.

Haaland called the new practice proactive, rather than waiting for a name to offend or slow-moving legislative changes.

Prior to the orders, the burden of changing a landmark name was a process taken on by individuals (such as Jeremy Johnson in seeking the name change for Dumont Butte on Cow Creek Tribal lands). These orders now place the responsibility on the committees, tasked with seeking out and designating new names for lands. Already there are hundreds of land name changes pending, which could now be fast-tracked for approval.



“Racist terms have no place in our vernacular or on our federal lands. Our nation’s lands and waters should be places to celebrate the outdoors and our shared cultural heritage – not to perpetuate the legacies of oppression. “[These] actions will accelerate an important process to reconcile derogatory place names and mark a significant step in honoring the ancestors who have stewarded our lands since time immemorial.”

**DEBRA HAALAND**  
SECRETARY OF THE INTERIOR

## Change of Date for February General Council Meetings

Going forward, all February General Council meetings will be held on the first Sunday of February.

The first General Council meeting of 2022 is scheduled for Sunday, February 5<sup>th</sup>, at the Tribal Government Offices in Roseburg, Oregon.

The location may be subject to change based on  
⑥ pandemic circumstances.





## TRIBAL HISTORY IN THE MAKING

### Umatilla Tribal Member “Chuck” Sams Becomes First Native Director of National Parks Service

For the first time in history, an enrolled member of a Native American Tribe will be the official director of the National Parks Service.

The U.S. Senate confirmed the nomination of Charles “Chuck” Sams III to head the NPS on November 18. Sams is a member of the Confederated Umatilla Indian Reservation, and has served in leadership positions in the Tribal Government for years, including as Executive Director.

Speaking to the Confederated Umatilla Journal, Sams thanked his fellow Tribal members for their support and confidence.

“I am deeply honored to have been confirmed by the United States Senate and in being President Biden’s appointee as the 19<sup>th</sup> Director of the National Park Service,” he is quoted as saying in the CUJ. “I am also very deeply appreciative of the support, guidance and counsel of my Tribal elders and friends throughout my professional career. I look forward to carrying on the responsibility of being a good steward of our natural resources and in joining the dedicated and dynamic staff of the National Park Service.”

Oregon Senator Ron Wyden (D) expressed his approval for Sams during the Senate Confirmation Hearing.

“I have known Chuck Sams for years – and during our work together, I have seen firsthand his commitment and dedication to people and the outdoors,” said Sen. Wyden. “He has been a real leader and role model for others in the stewardship of America’s land, waters, wildlife and history.”

Sams most recently served on the Northwest Power and Conservation Council, an appointment by Oregon Governor Kate Brown, prior to his nomination to the NPS. Sams is also a U.S. Navy veteran.



*Secretary of the Interior Debra Haaland, a member of the Pueblo of Laguna Tribe of New Mexico, swears in “Chuck” Sams as Director of the National Parks Service on December 16<sup>th</sup>*

“This is a person who represents the very best of my state,” concluded Sen. Wyden at the hearing. “He doesn’t just listen, he hears people, he cares and he follows up. Chuck Sams, we’re sure glad you’re here today and Oregonians are proud that you’re here on behalf of our state and the country.”

As Director of the NPS, Sams will report to the first Native American Secretary of the Interior, Sec. Deb Haaland, a Laguna Pueblo Tribal member and former Congresswoman from New Mexico.

Sams’ nomination was confirmed unanimously by the U.S. Senate. The CTUIR announced the confirmation and their congratulations on Twitter shortly after. 7

# Messages from the Clinic

## We Need Your Help!

### Cow Creek Behavioral Risk Factor Surveillance System (BRFSS) Project

The Cow Creek Health & Wellness Center (CCH&WC) will be conducting the 3<sup>rd</sup> BRFSS health and Tribal programs survey. We are asking each tribal member over the age of 18 to please help us begin planning for our next five years of programmatic development, revisions, and healthcare delivery.

It has been five years since we last asked our Tribal members to complete a survey regarding their health status. This data has been used to develop new programs and services within the Cow Creek Health & Wellness Center. Examples of feedback-inspired services include: adding dental to future services, the new clinic in Canyonville, radiology services, cancer prevention, cooking classes, clinical tobacco cessation programs, and possible future clinical expansion of specialty care, like chiropractic and massage therapy, physical therapy, and pharmacy.

This survey will once again be administered by staff from the Northwest Portland Area Indian Health Board (NPAIHB), and all information will remain confidential: no names or other identifying data will be given. Their staff will first call and set up an appointment to conduct the survey within the following week.



Our plan is to contact everyone by phone to conduct a 45-60 minute survey. Surveying will begin April 1<sup>st</sup>, 2022, with plans to conclude by the end of June 2022. Each Tribal member who participates will receive a \$60 gift card. Results will be highlighted in the September 2022 newsletter, and preliminary highlights will be available at the September 2022 General Council meeting.

Please be watching for a letter from the Tribal Chairman explaining the survey process in detail. Your input and information is VITAL to the planning of future healthcare programs and clinical services.



### Try to Down Shift Daily

According to studies conducted by the Blue Zones Project, there are ways to de-stress and begin to reverse inflammation related to every major disease.

### Try some of these ways to down shift and de-stress each day:

- Call a good friend
- Learn a new hobby
- Watch a funny TV show
- Plan a day off work for you
- Pet a dog
- Do something you love
- Enjoy a ten minute walk at your own pace
- Avoid rushing and arrive 15 minutes early
- Join a club or group activity
- Turn in early tonight
- Play a board game with your family or friends
- Close your eyes and practice deep breathing for five minutes



# Messages from the Clinic

## Changes to Clinic and Public Health Vaccine Schedules

To receive a COVID-19 vaccination with no appointment required, including booster and primary dose series, Cow Creek Public Health offers drive-thru vaccinations on **Mondays, Wednesdays and Fridays from 9:00 AM to 1:00 PM at 2360 NE Stephens Street in Roseburg**, across from the main government office (formerly located in Canyonville at Seven Feathers Casino Resort).

**Mondays and Wednesdays** are for Moderna primary dose series and boosters. **Fridays** are for pediatric (ages 5-11) Pfizer doses.

To speak with the Public Health team, please call (541) 677-5535.

Patients of Cow Creek Health & Wellness Centers may call (541) 672-8533 to schedule a vaccine appointment for Tuesdays and Thursdays at our Roseburg clinic.



## COVID-19 ANSWERS VACCINES & VARIANTS



### VACCINES

Vaccines reduce your risk of severe illness, hospitalization and death from COVID-19, but scientists and health professionals do not yet know how effective they are against new variants that may arise, including Omicron.



### SYMPTOMS

All variants have caused similar symptoms, including trouble breathing, coughing, and fever.

Some variants, such as the Alpha and Delta, may cause more severe illness and death.



### MASKS

Wearing a mask is an effective way to reduce the spread of all known COVID-19 variants.

It is important if you or someone in your household has a weakened immune system, underlying medical condition, or is not fully vaccinated.

COVID-19 HOTLINE **541-464-6550**  
FOR QUESTIONS ON TESTING, VACCINES AND MORE



# CULTURE IS WELLNESS

*Unity-Emotional, Mental, Physical & Spiritual Wellness*

**Walking the Red Road"one day at a time" is all it takes!**

**Open Women's/Men's Recovery Healing Circle**

The medicine wheel and 12-step program was developed to provide a culturally appropriate 12-step program for Native American people. This program was developed by White Bison, based upon teachings of the Medicine Wheel, the Cycle of Life, and the Four Laws of Change.

**Join us: Wednesdays 7:00pm at the Block House in Canyonville**

**Directions: Turn right on Wartahoo Lane behind Seven Feathers Casino and left down the driveway in between the employee parking lot and dry parking lot. Look for the big brown two-story house.**

**For any questions please contact: Roger Buchman - (458) 802-3828**





# Government and Programs

## Exciting Improvements Coming Soon in the Housing Department



Under the guidance of the five-person Housing Review Board and Housing Director Jennifer Bryant, there are many exciting things coming for tribal members in 2022.

“The Tribal Board has been very generous,” says Bryant. “While we will be consistent with the programs we already have, we will be growing the programs in diverse ways to help tribal members in all scenarios, from students to elders.”

While some of these programs need to wait for further planning and approval before details can be released, Bryant will be coordinating with the tribe’s Marketing Department to highlight each of the programs as they become available. While many provide financial assistance, there are others in the works that will focus around helping educate tribal members on home ownership.

“We are here to help, and not just with money,” says Bryant. “I think it’s very important to provide safe, sanitary, consistent housing for our tribal members. Our Housing Review Board has been very involved in getting these programs in place. They do amazing things for our tribe.”

Reach out to our Housing staff at 541-677-5575 or [info-housing@cowcreek-nsn.gov](mailto:info-housing@cowcreek-nsn.gov), where you will most likely interact with Housing Residency Program Manager **Brandi Garner** (left) or Housing Admin Assistant **Maria Bosell** (right).



## CARES Funds Are Still Available

If you have been impacted by the COVID-19 pandemic, the CARES program can help. As a one-time payment, you can receive \$2,000 toward past rent, and \$1,000 toward utilities.

Though these are limited-time funds provided due to the pandemic, there are still funds available for use by tribal members in the seven-county service area. All that is needed is that you attest to have been impacted financially by the pandemic.

Contact our Housing Department to learn more at 541-677-5575 or [info-housing@cowcreek-nsn.gov](mailto:info-housing@cowcreek-nsn.gov).

## A Testimony about the Housing Department from a Tribal Elder

A tribal Elder, who has asked to remain anonymous, recently reached out to our Housing Department for assistance, and has this to say about the experience:

“We have a good job, and are not on any kind of usual assistance; we work hard not to be. But this last year has been insanely difficult for us. We lost an aunt and my mother-in-law to COVID. My daughter went into labor 15 weeks early while she had COVID, and the baby only lived 18 days.”

“These added expenses would have broken us without the tribe’s help. Our good job means we don’t qualify for any kind of state assistance, and every time we were exposed to COVID, we would lose hours or clients.”

“The assistance we received with rent and utilities has been a huge blessing for us. We were often in tears because our hearts were so full. We have been trying to think about how to express our gratitude to the tribe, but can’t even begin to adequately share our feelings for the love and compassion the tribe has shown to us, so we will just say ‘thank you!’ and pay it forward to others.”



# CAREER CORNER

COW CREEK CAREER CENTER

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January 2022

[cowcreekeducation.com](http://cowcreekeducation.com)

contact us at  
[info-education@cowcreek-nsn.gov](mailto:info-education@cowcreek-nsn.gov)

## College Preparation January is "Maintenance Month"

- If you applied early for colleges in the Fall, start looking for emails or letters from prospective colleges/universities whether you've been accepted.
- If you haven't submitted your college/university application or plan to START NOW! A lot of colleges have deadline of early to mid-February.
- Complete the FAFSA (Free Application for Federal Student Aid).
- Continue applying for scholarships.
- Make a summer plan! It's not too early.
- Stay connected to extra-curricular activities.
- Obtain certifications (Food Handlers, 1st Aid/CPR/AED, HIPAA) this way you will be prepared when applying for spring/summer jobs.

### Important Dates

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NEW Spring Term Student  
Applications DUE

February 15, 2022

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Winter Term / Spring  
Semester Book  
Reimbursements DUE

February 15, 2022

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<https://www.surveymonkey.com/r/cowcreekeducationalbenefits>

New beginnings happen  
here in 2022!

Make an appointment with  
the Career Center at  
[www.cowcreekeducation.com](http://www.cowcreekeducation.com)



# SUCCESSFUL EMPLOYMENT WORKSHOP SERIES

- DEVELOP YOUR RESUME AND COVER LETTER
- NETWORKING AND EMPLOYMENT SEARCH RESOURCES
- INTERVIEW PREPARATION AND MOCK INTERVIEWS

REGISTER NOW

**PREP-CONNECT-GET HIRED**



## WORKSHOP #1

FOR HIGH SCHOOL STUDENTS ONLY:  
JANUARY 26TH 4:00 PM TO 7:00 PM

## WORKSHOP #2

FOR TRIBAL ADULTS 19+:  
JANUARY 27TH 4:00 PM TO 7:00 PM

LOCATION: TRIBAL COMMUNITY CENTER  
825 NW LEON ST., MYRTLE CREEK OR 97457

LAPTOPS WILL BE AVAILABLE UPON REQUEST, BUT IT IS  
STRONGLY ENCOURAGED TO BRING YOUR OWN.

PLEASE BRING YOUR CURRENT RESUME OR COVER  
LETTER IF YOU HAVE ONE.

FOOD PROVIDED

**WORKSHOPS LIMITED TO 10 PEOPLE  
TO REGISTER, CALL 541-677-5575 EXT. 5273  
COW CREEK CAREER CENTER**

To our Veterans and Active Military,

Thank you for your service and dedication to keep this country safe. Your commitment and sacrifices do not go unnoticed.

We wish for you and yours to be safe where ever you are and know that we, your Tribe, are thankful for the dedication and sincere service you provide all year through.



# Culture and Education

Cow Creek Education Department  
would like to honor all of the  
Higher Education Tribal Graduates for  
the 2020-2021 academic year!

*Congratulations!*

## Master's Degree:

Susan Galovin  
Alexander Hamrick  
Riley Rice  
Vern Rondeau  
KaitLynn Spain  
Kathleen Steward

## Bachelor's Degree:

Zane Rondeau  
Bobbyjo Balderas  
Peyton Rondeau

## Associates Degree:

Joyce Blair  
Tyler Jasper

## Certificate/License:

Crystal Ansures  
Grayson Dick  
Sara Koyano  
Aria Mathison  
Kari Moyo  
Emilee Prigmore  
Teddy Travis  
Heather Vick  
Naomi Smith  
Brandi Knutzen

We are all so proud of you!

## THE CULTURAL RESOURCES PROGRAM

HAS A NEW WEBPAGE!

### EXPLORE TRADITION AND CULTURE

- Read historic newspaper articles
- Find books on the history of our people and homeland
- Watch video classes on Tribal crafts
- Learn traditional lifeways, stories, and uses for plants and animals.

Visit [www.cowcreek-nsn.gov/tribal/culture](http://www.cowcreek-nsn.gov/tribal/culture)

Login required to view this page.  
For help, see [www.cowcreek-nsn.gov/login-assistance/](http://www.cowcreek-nsn.gov/login-assistance/)



# Culture and Education

## NEW YEAR, NEW CLASSES



Check out the newsletter language lesson! Scan the QR code with your phone to see the Takelma words read aloud, or go to [cowcreekeducation.com](http://cowcreekeducation.com)!

### Pée Túu!

This year, the Takelma Language Team will be holding **new classes!** Each class will be a collaboration with The Culture Department and include language and culture lessons. The new topics this year won't require any previous language knowledge. Don't miss out! R.S.V.P at [info-education@cowcreek-nsn.gov](mailto:info-education@cowcreek-nsn.gov)

## LANGUAGE LESSON

**Pée túu!** Good Day!  
also: Hello!  
[BEH DOO] (*literally, "day good"*)

Replace "pée" ("day") with the words below. What does the phrase mean then?

**kwel'wáak<sup>h</sup>wi'** morning  
[gwehl-WAHK-wih]

**xuù'n** night  
[x-OO-n]

Try out these words, then check out our website or scan the QR code for a video lesson!

<https://www.cowcreekeducation.com/takelma-language/newsletter-lessons/>

SCAN THE QR CODE  
FOR MORE LANGUAGE



We'll cover introductions in January, followed by colors, family members, weather, and sentences for Salmon Ceremony. We'll also be making necklaces and cedar fish! Join us over Zoom every 2nd & 4th Thursday starting January 20th. Some culture classes may require us to mail materials beforehand, so make sure to contact us ASAP. See you there!

## CLASSES

Family Language Class

**Thursday, January 20th**

**9am-10am & 2pm-4pm**

Join us to learn how to introduce yourself in Takelma!

Culture will follow with a presentation. All Dates and Times subject to change.

Get the zoom link by emailing [info-education@cowcreek-nsn.gov](mailto:info-education@cowcreek-nsn.gov)



# Culture and Education

## Oregon NASA Representative Visits Expanding Horizons Youth Center

Hilda Pereyo, the Oregon representative for the National Aeronautics and Space Administration (NASA), paid a visit to the Expanding Horizons Youth Center (EHYC) in November, teaching a class on drones and robotics.

After a lesson on the Ingenuity drone on Mars, Pereyo showed EHYC youth how to pilot the Parrot Mambo Fly drone around the classroom to complete fun challenges.

As a parting gift from NASA's education program, Pereyo left the EHYC with new robotic equipment: the Makeblock Ultimate Ten-in-One kit and the mBot Ranger, which are an upgrade from the previous LEGO EV3 equipment. Pereyo also left Parrot Mambo and A15H drones, and a Galileoscope. The students will learn how to use all of this equipment to be ready for more fun challenges when Pereyo returns for another visit in May. Her visit ended with a video of astronauts singing in zero-gravity on the International Space Station.

The students enjoyed this third visit from NASA, and are eager for the next class.

If your student grade three to twelve is interested in the STEAM activities at the EHYC, call 541-860-7296 or find an application on [www.cowcreekeducation.com](http://www.cowcreekeducation.com).





# Culture and Education

## JOIN THE CULTURAL RESOURCES PROGRAM ONLINE OR IN PERSON FOR **PINE NUT PROCESSING AND NECKLACE WEAVING CLASS**

**February 19, 2022**

**10 AM – 2 PM**

**Tribal Government Offices in Roseburg**

In-person event subject to change based on pandemic circumstances

**Please RSVP by  
February 9th in order  
to receive materials in  
time for class**

**RSVP to [info-culturalresources@cowcreek.com](mailto:info-culturalresources@cowcreek.com)**

Please provide name, number of people in your party, phone number, and if you plan to attend in-person. If attending online, please also include your address.



Necklace pictured here made from supplies for this class and from the Bear Grass Beads from the January class.

In-person class limited to ten people. Food will be provided for live attendees.

## **Cow Creek Artists Wanted for 40<sup>th</sup> Anniversary Celebration**

As Cow Creek tribal leadership prepares this year for the 40<sup>th</sup> Anniversary celebrations of federal recognition, we would like to reach out to our tribal membership to inquire about anyone who may be a skilled artist. The tribe is preparing a number of events that would include artistic tribal elements. Leadership would like to know about those tribal members who are artists for possible contracts and paid work.

If you would like us to know about your artistry, let us know by contacting Ryan Bochart at (541) 677-5551 or emailing [RBochart@cowcreek-nsn.gov](mailto:RBochart@cowcreek-nsn.gov).



The Tribe is looking for people skilled in artforms such as:

- Painting, Drawing, Sculpting
- Weaving, Beading
- Tool Making, Flint Napping
- Singing or Playing Musical Instruments
- Poetry
- Any Other Artistic Skills



# Emergency Preparedness

## Dark Horse Comics Releases Comic Book Exploring How to Prevent and Prepare for Northwest Wildfires

News Release from Oregon Office of Emergency Management

The Oregon Office of Emergency Management and Dark Horse Comics have released a new comic book titled: *Without Warning! Wildfire*. Addressing what to do before and during a Northwest wildfire, the comic is third in a series of educational and entertaining comic books promoting emergency preparedness.

"The *Without Warning!* comic book series began because we found that many public education publications struggled to resonate with younger audiences," said Althea Rizzo, OEM Geologic Hazards Program Coordinator. "The series has been a huge hit, helping us engage with youth while introducing and reinforcing the concept of readiness."

Emergencies and disasters can happen at any time, often without warning. Empowering every Oregonian – including youth – to reduce their risk, be ready, and know what to do when disaster strikes is critical to staying safe. Kids and teens who are prepared often experience less anxiety and feel more confident during actual emergencies and disasters.

"Smokey Bear offers a variety of educational options for young children, but it's been challenging to find engaging and creative resources to talk with teens and young adults about wildfire prevention," said Kristin Babbs, President and CEO of the Keep Oregon Green Association. "This comic book fills that important gap."

*Without Warning! Wildfire* features characters hiking and camping in a Northwest wilderness area who are forced to flee for their lives to escape a quickly moving wildfire. The comic helps teach readers how to protect themselves, their loved ones and wildlands when wildfires occur.

The first two comics in the series, *Without Warning! Earthquake* (published in 2014) and *Without Warning! 18 Tsunami* (published in 2016), have been



distributed throughout the Northwest and adapted for other regions, helping support readiness in communities across the U.S.

The comic book series originated with OEM's Geological Hazards program, which works with partners to create tools and programs to make Oregon more resilient to earthquakes, tsunamis and volcanoes. This latest issue was produced in collaboration with OEM, Dark Horse Comics, Clackamas Community College, Oregon Dept. of Forestry and Keep Oregon Green.

*Without Warning! Wildfire* is available to read for free at Dark Horse Digital, OEM's website, and on iOS and Android apps. It is also available on Kindle, Comixology, Google Play, and Apple Books. Printed copies are available in English and Spanish through county emergency management offices, Clackamas Community College, and Keep Oregon Green.

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5 <b>RSVP Deadline</b> Storytelling/Bear Grass Braiding Culture Is Wellness	6	7 SC Closed Today	8
9	10	11 Food Bank Open 9 - 11 AM	12 Culture Is Wellness	13	14 <b>YAC Skating</b> <b>RSVP Deadline</b> <b>541-672-3861</b> SC Closed Today	15 Storytelling and Bear Grass Braiding 10 AM - 2 PM @GO
16	17 GO Closed for Martin Luther King Jr. Day	18 Online Takelma and Culture Class	19 Culture Is Wellness	20 Online Takelma and Culture Class	21 SC Closed Today	22 YAC Skating Parkview Skating Rink, Roseburg OR 3:30-5:30 PM
23	24	25 Food Bank Open 2 - 4 PM	26 Culture Is Wellness Employment Workshop (High School Students) 4 - 7 PM @TCC	27 Employment Workshop (Tribal Adults 19+) 4 - 7 PM @TCC	28 SC Closed Today	29
30	31					

# February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Culture Is Wellness	3 Online Takelma and Culture Class	4	5 YAC Diamond Lake Tubing
6 General Council 10 AM @GO Food Bank Open after meeting	7	8 Food Bank Open 9 - 11 AM	9 Culture Is Wellness <b>RSVP Deadline for</b> <b>Pine Nut/Necklace</b>	10	11	12
13	14	15	16 Culture Is Wellness	17 Online Takelma and Culture Class	18	19 Pine Nut and Necklace Class 10 AM - 2 PM @GO and online
20	21 GO Closed for Presidents' Day	22 Food Bank Open 2 - 4 PM	23 Culture Is Wellness	24	25	26
27	28					

## Location Abbreviations

**GO:** Government Offices, Roseburg, OR  
**SC:** Cow Creek Health & Wellness Center, Canyonville Clinic  
**7F:** Seven Feathers Casino Resort, Canyonville, OR  
**BH:** Block House, Behind Seven Feathers, Canyonville, OR  
**TCC/EHYC:** Tribal Community Center/Expanding Horizons  
Youth Center, 825 NE Leon Ave, Myrtle Creek, OR

## Regular Events Times/Places

**Online Takelma and Culture Class:** 2 PM - 3 PM each first and third  
Thursday of the month, streamed via Zoom. RSVP for the link at  
[info-education@cowcreek.com](mailto:info-education@cowcreek.com).  
**Culture Is Wellness:** Women's/Men's Healing Circle, 7 PM at  
brown, two-story Block House behind Seven Feathers

For any questions regarding activities, please call the Government Offices at 541-672-9405.

# JOIN OUR TEAM

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OF THE PEOPLE THAT TAKE CARE  
OF OUR BUSINESSES



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SCAN THESE QR CODES WITH A SMARTPHONE TO  
VISIT OUR WEBSITES

## Layer Up Against COVID-19 to Stay in School



Everyone in our school community has been diligently following health and safety measures to keep COVID-19 from disrupting in-person learning.

Think of COVID-19 protection measures like layering up with extra coats, gloves and hats for winter weather. The more you layer up, the more protected you are:

- Everyone five years and older can be vaccinated.
- Wear face coverings indoors and on public transit (such as schoolbuses)
- Whenever possible, maintain at least three feet of distance between students.
- Wash your hands frequently with soap.

We can all agree that we want our kids in school, learning in-person every day; and we all want to protect students, school staff and the families as they return each day.

It's important to know that most COVID-19 transmission happens outside of school, (e.g., carpools, sports, community gatherings, parties, sleepovers, etc.) and then is brought into school. So, the more we can keep safety measures in place in school and at home, the more we can reduce spread of the virus and ensure more kids stay in school.

We want to remind everyone that the best tools to protect ourselves and one another are vaccination for those eligible, wearing face coverings, physical distancing, staying home if you feel sick or you know you've been exposed to someone with COVID-19, ventilation and airflow, and hand hygiene.

Success means that our students are in school consistently, which they need for their health and well-being as well as for their learning. And their families need it for economic stability and their health too.